



WPA Combined Events and Open Meet
24 October 2025 Greenpoint (Day 1)
25 October 2025 Greenpoint (Day 2)

No entries will be accepted of athletes born in 2012 or later

Friday, 24 October 2025 (Greenpoint)

1	16:00	Hammer Throw	Masters Women			Throws Pentathlon
2	16:00	Javelin Throw (500g)	Women U18	Born 2008/2009	Open meet	
3	16:00	Javelin Throw (500g)	Girls U16	Born 2010/2011	Open meet	
4	16:45	Hammer Throw	Masters Men			Throws Pentathlon
5	16:45	Shot Put	Masters Women			Throws Pentathlon
6	16:45	Javelin Throw (600g)	Senior Women/U23	Born 2006/2007	Open meet	
7	16:45	Javelin Throw (600g)	U20 Women	Born 2002 and earlier	Open meet	
8	17:30	Shot Put	Masters Men			Throws Pentathlon
9	17:30	Discus Throw	Masters Women			Throws Pentathlon
10	17:30	Javelin Throw (700g)	Men U18	Born 2008/2009	Open meet	
11	17:30	Javelin Throw (600g)	Boys U16	Born 2010/2011	Open meet	
12	18:00	100m	Men U18	Born 2008/2009		Decathlon
13	18:05	100m	Men U20	Born 2006/2007		Decathlon
14	18:10	100m	Senior Men/23	Born 2005 and earlier		Decathlon
15	18:15	Discus Throw	Masters Men			Throws Pentathlon
16	18:20	100m Hurdles (76cm)	Women U18	Born 2008/2009		Heptathlon
17	18:20	100m Hurdles (76cm)	Women U18	Born 2008/2009	Open meet	
18	18:30	100m Hurdles (84cm)	Women U20	Born 2006/2007		Heptathlon
19	18:30	100m Hurdles (84cm)	Senior Women/U23	Born 2005 and earlier		Heptathlon
20	18:30	100m Hurdles (84cm)	Women U20	Born 2006/2007	Open meet	
21	18:30	100m Hurdles (84cm)	Senior Women/U23	Born 2002 and earlier	Open meet	
22	18:30	Hammer Throw (5kg)	Men U18	Born 2008/2009	Open meet	
23	18:30	Hammer Throw (4kg)	Boys U16	Born 2010/2011	Open meet	
24	18:40	90m Hurdles (76cm)	Girls U16	Born 2010/2011	Open meet	
25	18:45	Long Jump	Men U18	Born 2008/2009		Decathlon
26	18:45	Long Jump	Men U20	Born 2006/2007		Decathlon
27	18:45	Long Jump	Senior Men/U23	Born 2002 and earlier		Decathlon
28	18:55	5000m	Senior Men/U23	Born 2002 and earlier	Open meet	
29	18:55	5000m	Men U20	Born 2006/2007	Open meet	
30	18:55	5000m	Senior Women/U23	Born 2002 and earlier	Open meet	
31	18:55	5000m	Women U20	Born 2006/2007	Open meet	

32	19:00	High Jump	Women U18	Born 2008/2009		Heptathlon
33	19:00	High Jump	Women U20	Born 2006/2007		Heptathlon
34	19:00	High Jump	Senior Women/U23	Born 2002 and earlier		Heptathlon
35	19:00	Javelin Throw	Masters Women			Throws Pentathlon
36	19:25	400m	Senior Men/U23	Born 2002 and earlier	Open meet	
37	19:37	400m	Men U20	Born 2006/2007	Open meet	
38	19:45	Shot Put (5kg)	Men U18	Born 2008/2009		Decathlon
39	19:45	Shot Put (6kg)	Men U20	Born 2006/2007		Decathlon
40	19:45	Shot Put (7.26kg)	Senior Men/U23	Born 2002 and earlier		Decathlon
41	19:45	Javelin Throw	Masters Men			Throws Pentathlon
42	19:45	Hammer Throw (7.26kg)	Senior Men/U23	Born 2002 and earlier	Open meet	
43	19:45	Hammer Throw (6kg)	Men U20	Born 2006/2007	Open meet	
44	19:49	400m	Men U18	Born 2008/2009	Open meet	
45	20:00	Triple Jump	Senior Women/U23	Born 2002 and earlier	Open meet	
46	20:00	Triple Jump	Women U20	Born 2006/2007	Open meet	
47	20:00	Triple Jump	Women U18	Born 2008/2009	Open meet	
48	20:00	Triple Jump	Girls U16	Born 2010/2011	Open meet	
49	20:01	400m	Boys U16	Born 2010/2011	Open meet	
50	20:05	400m	Senior Women/U23	Born 2002 and earlier	Open meet	
51	20:05	400m	Women U20	Born 2006/2007	Open meet	
52	20:09	400m	Women U18	Born 2008/2009	Open meet	
53	20:09	400m	Girls U16	Born 2010/2011	Open meet	
54	20:20	1500m	Senior Men/U23	Born 2002 and earlier	Open meet	
55	20:20	1500m	Men U20	Born 2006/2007	Open meet	
56	20:30	Weight Throw	Masters Women			Throws Pentathlon
57	20:30	Shot Put (3kg)	Women U18	Born 2008/2009		Heptathlon
58	20:30	Shot Put (4kg)	Women U20	Born 2006/2007		Heptathlon
59	20:30	Shot Put (4kg)	Senior Women/U23	Born 2002 and earlier		Heptathlon
60	20:34	1500m	Men U18	Born 2008/2009	Open meet	
61	20:34	1500m	Boys U16	Born 2010/2011	Open meet	
62	20:45	High Jump	Men U18	Born 2008/2009		Decathlon
63	20:45	High Jump	Men U20	Born 2006/2007		Decathlon
64	20:45	High Jump	Senior Men/U23	Born 2002 and earlier		Decathlon
65	20:48	1500m	Senior Women/U23	Born 2002 and earlier	Open meet	
66	20:48	1500m	Women U20	Born 2006/2007	Open meet	
67	20:48	1500m	Women U18	Born 2008/2009	Open meet	
68	20:48	1500m	Girls U16	Born 2010/2011	Open meet	
69	21:00	3000m Steeple Chase (91cm)	Senior Men	Born 2002 and earlier	Open meet	
70	21:00	3000m Steeple Chase (91cm)	Men U20	Born 2006/2007	Open meet	
71	21:15	3000m Steeple Chase (76cm)	Senior Women/U23	Born 2002 and earlier	Open meet	
72	21:15	3000m Steeple Chase (76cm)	Women U20	Born 2006/2007	Open meet	
73	21:15	Long Jump	Men U18	Born 2008/2009	Open meet	
74	21:15	Long Jump	Boys U16	Born 2010/2011	Open meet	
75	21:15	Weight Throw	Masters Men			Throws Pentathlon
76	21:30	2000m Steeple Chase (76cm)	Women U18	Born 2008/2009	Open meet	
77	21:45	2000m Steeple Chase (83cm)	Men U18	Born 2008/2009	Open meet	
78	22:00	1500m Steeple Chase (76cm)	Boys U16	Born 2010/2011	Open meet	
79	22:15	1500m Steeple Chase (76cm)	Girls U16	Born 2010/2011	Open meet	

80	22:30	200m	Women U18	Born 2008/2009		Heptathlon
81	22:30	200m	Women U20	Born 2006/2007		Heptathlon
82	22:30	200m	Senior Women/U23	Born 2002 and earlier		Heptathlon
83	22:35	400m	Men U18	Born 2008/2009		Decathlon
84	22:40	400m	Men U20	Born 2006/2007		Decathlon
85	22:45	400m	Senior Men/U23	Born 2002 and earlier		Decathlon

Saturday, 25 October 2025 (Greenpoint)

76	09:00	90m Hurdles (76.2cm)	Girls U16	Born 2010/2011		Pentathlon
77	09:10	10 000m	Senior Women/U23	Born 2002 and earlier	Open meet	
78	09:10	10 000m	Senior Men/U23	Born 2002 and earlier	Open meet	
79	10:00	High Jump	Girls U16	Born 2010/2011		Pentathlon
80	10:15	Pole Vault	Girls U16	Born 2010/2011	Open meet	
81	10:15	Pole Vault	Women U18	Born 2008/2009	Open meet	
82	10:15	Pole Vault	Women U20	Born 2006/2007	Open meet	
83	10:15	Pole Vault	Senior Women/U23	Born 2002 and earlier	Open meet	
84	10:15	Triple Jump	Men U18	Born 2008/2009	Open meet	
85	10:15	Triple Jump	Boys U16	Born 2010/2011	Open meet	
86	10:15	Hammer Throw (4kg)	Senior Women/U23	Born 2002 and earlier	Open meet	
87	10:15	Hammer Throw (4kg)	Women U20	Born 2006/2007	Open meet	
88	10:15	Hammer Throw (3kg)	Women U18	Born 2008/2009	Open meet	
89	10:15	Hammer Throw (3kg)	Girls U16	Born 2010/2011	Open meet	
86	10:15	100m Hurdles (84cm)	Boys U16	Born 2008/2009	Open meet	
87	10:30	110m Hurdles (91cm)	Men U18	Born 2008/2009		Decathlon
92	10:40	110m Hurdles (98cm)	Men U20	Born 2006/2007	Open meet	
93	10:50	110m Hurdles (106cm)	Senior Men/U23	Born 2002 and earlier		Decathlon
94	10:50	110m Hurdles (106cm)	Senior Men/U23	Born 2002 and earlier	Open meet	
95	11:00	800m	Senior Men/U23	Born 2002 and earlier	Open meet	
96	11:00	800m	Men U20	Born 2006/2007	Open meet	
97	11:15	800m	Men U18	Born 2008/2009	Open meet	
98	11:15	800m	Boys U16	Born 2010/2011	Open meet	
99	11:30	Shot Put (3kg)	Girls U16	Born 2010/2011		Pentathlon
100	11:30	Triple Jump	Senior Men/u23	Born 2002 and earlier	Open meet	
101	11:30	Triple Jump	Men U20	Born 2006/2007	Open meet	
102	11:40	800m	Senior Women/U23	Born 2002 and earlier	Open meet	
103	11:40	800m	Women U20	Born 2006/2007	Open meet	
104	11:45	High Jump	Girls U16	Born 2010/2011	Open meet	
105	11:45	High Jump	Women U18	Born 2008/2009	Open meet	
106	11:45	Discus Throw (1,5kg)	Men U18	Born 2008/2009		Decathlon
107	11:45	Discus Throw (2kg)	Men U20	Born 2006/2007		Decathlon
108	11:45	Discus Throw (2kg)	Senior Men/U23	Born 2002 and earlier		Decathlon
109	11:50	800m	Women U18	Born 2008/2009	Open meet	
110	11:50	800m	Girls U16	Born 2010/2011	Open meet	
111	11:55	100m Hurdles (84cm)	Boys U16	Born 2010/2011		Pentathlon
112	12:00	100m	Senior Men/U23	Born 2002 and earlier	Open meet	
113	12:15	Shot Put (5kg)	Men U18	Born 2008/2009	Open meet	
114	12:15	Shot Put (4kg)	Boys U16	Born 2010/2011	Open meet	
115	12:15	Long Jump	Girls U16	Born 2010/2011		Pentathlon

117	12:16	100m	Men U20	Born 2006/2007	Open meet	
118	12:32	100m	Men U18	Born 2008/2009	Open meet	
119	12:44	100m	Boys U16	Born 2010/2011	Open meet	
120	12:56	100m	Senior Women/U23	Born 2002 and earlier	Open meet	
121	12:56	100m	Women U20	Born 2006/2007	Open meet	
122	13:00	Long Jump	Women U18	Born 2008/2009		Heptathlon
123	13:00	Long Jump	Women U20	Born 2006/2007		Heptathlon
124	13:00	Long Jump	Senior Women/U23	Born 2002 and earlier		Heptathlon
125	13:00	Javelin Throw (800g)	Senior Men/U23	Born 2002 and earlier	Open meet	
126	13:00	Javelin Throw (800g)	Men U20	Born 2006/2007	Open meet	
127	13:00	Discus Throw (1.5kg)	Men U18	Born 2008/2009	Open meet	
128	13:00	Discus Throw (1kg)	Boys U16	Born 2010/2011	Open meet	
129	13:05	100m	Women U18	Born 2008/2009	Open meet	
130	13:05	100m	Girls U16	Born 2010/2011	Open meet	
131	13:15	10km Race Walk	Men U18	Born 2008/2009	Open meet	
132	13:15	10km Race Walk	Men U20	Born 2006/2007	Open meet	
133	13:15	10km Race Walk	Women U20	Born 2006/2007	Open meet	
134	13:15	10km Race Walk	Senior Men/U23	Born 2002 and earlier	Open meet	
135	13:15	10km Race Walk	Senior Women/U23	Born 2002 and earlier	Open meet	
136	13:15	High Jump	Men U20	Born 2006/2007	Open meet	
137	13:15	High Jump	Senior Men/U23	Born 2002 and earlier	Open meet	
138	13:30	Pole Vault	Men U18	Born 2008/2009		Decathlon
139	13:30	Pole Vault	Men U20	Born 2006/2007		Decathlon
140	13:30	Pole Vault	Senior Men/U23	Born 2002 and earlier		Decathlon
141	13:30	Shot Put (4kg)	Senior Women/U23	Born 2002 and earlier	Open meet	
142	13:30	Shot Put (4kg)	Women U20	Born 2006/2007	Open meet	
143	14:15	High Jump	Boys U16	Born 2010/2011		Pentathlon
144	14:15	Long Jump	Senior Women/U23	Born 2002 and earlier	Open meet	
145	14:15	Long Jump	Women U20	Born 2006/2007	Open meet	
146	14:15	Long Jump	Women U18	Born 2008/2009	Open meet	
147	14:15	Long Jump	Girls U16	Born 2010/2011	Open meet	
148	14:15	Shot Put (3kg)	Women U18	Born 2008/2009	Open meet	
149	14:15	Shot Put (3kg)	Girls U16	Born 2010/2011	Open meet	
150	14:25	800m	Girls U16	Born 2010/2011		Pentathlon
151	14:30	3000m	Senior Men/U23	Born 2002 and earlier	Open meet	
152	14:30	3000m	Men U20	Born 2006/2007	Open meet	
153	14:30	3000m	Men U18	Born 2008/2009	Open meet	
154	14:30	3000m	Boys U16	Born 2010/2011	Open meet	
155	14:30	Javelin Throw (500g)	Women U18	Born 2008/2009		Heptathlon
156	14:30	Javelin Throw (600g)	Women U20	Born 2006/2007		Heptathlon
157	14:30	Javelin Throw (600g)	Senior Women/U23	Born 2002 and earlier		Heptathlon
158	14:30	Discus Throw (2kg)	Senior Men/U23	Born 2002 and earlier	Open meet	
159	14:30	Discus Throw (1.75kg)	Men U20	Born 2006/2007	Open meet	
160	14:45	3000m	Senior Women/U23	Born 2002 and earlier	Open meet	
161	14:45	3000m	Women U20	Born 2006/2007	Open meet	
162	14:45	3000m	Women U18	Born 2008/2009	Open meet	
163	14:45	3000m	Girls U16	Born 2010/2011	Open meet	
164	15:00	High Jump	Women U20	Born 2006/2007	Open meet	
165	15:00	High Jump	Senior Women/U23	Born 2002 and earlier	Open meet	
166	15:05	200m	Senior Men/U23	Born 2002 and earlier	Open meet	

167	15:21	200m	Men U20	Born 2006/2007	Open meet	
168	15:30	Shot Put (4kg)	Boys U16	Born 2010/2011		Pentathlon
169	15:37	200m	Men U18	Born 2008/2009	Open meet	
170	15:53	200m	Boys U16	Born 2010/2011	Open meet	
171	16:00	Long Jump	Senior Men/U23	Born 2002 and earlier	Open meet	
172	16:00	Long Jump	Men U20	Born 2006/2007	Open meet	
173	16:00	Javelin Throw (700g)	Men U18	Born 2008/2009		Decathlon
174	16:00	Javelin Throw (800g)	Men U20	Born 2006/2007		Decathlon
175	16:00	Javelin Throw (800g)	Senior Men/U23	Born 2002 and earlier		Decathlon
176	16:00	Discus Throw (1kg)	Senior Women/U23	Born 2002 and earlier	Open meet	
177	16:00	Discus Throw (1kg)	Women U20	Born 2006/2007	Open meet	
178	16:00	Discus Throw (1kg)	Women U18	Born 2008/2009	Open meet	
179	16:00	Discus Throw (1kg)	Girls U16	Born 2010/2011	Open meet	
180	16:00	High Jump	Men U18	Born 2008/2009	Open meet	
181	16:00	High Jump	Boys U16	Born 2010/2011	Open meet	
182	16:00	Pole Vault	Boys U16	Born 2010/2011	Open meet	
183	16:00	Pole Vault	Men U18	Born 2008/2009	Open meet	
184	16:00	Pole Vault	Men U20	Born 2006/2007	Open meet	
185	16:00	Pole Vault	Senior Men/U23	Born 2002 and earlier	Open meet	
186	16:05	200m	Senior Women/U23	Born 2002 and earlier	Open meet	
187	16:05	200m	Women U20	Born 2006/2007	Open meet	
188	16:05	200m	Women U18	Born 2008/2009	Open meet	
189	16:05	200m	Girls U16	Born 2010/2011	Open meet	
190	16:20	800m	Women U18	Born 2008/2009		Heptathlon
191	16:20	800m	Women U20	Born 2006/2007		Heptathlon
192	16:20	800m	Senior Women/U23	Born 2002 and earlier		Heptathlon
193	16:45	Long Jump	Boys U16	Born 2010/2011		Pentathlon
194	17:20	400m Hurdles (91cm)	Senior Men/U23	Born 2002 and earlier	Open meet	
195	17:20	400m Hurdles (91cm)	Men U20	Born 2006/2007	Open meet	
196	17:30	400m Hurdles (84cm)	Men U18	Born 2008/2009	Open meet	
197	17:40	400m Hurdles (76cm)	Senior Women/U23	Born 2002 and earlier	Open meet	
198	17:40	400m Hurdles (76cm)	Women U20	Born 2006/2007	Open meet	
199	17:40	400m Hurdles (76cm)	Women U18	Born 2008/2009	Open meet	
200	17:50	300m Hurdles (76cm)	Girls U16	Born 2010/2011	Open meet	
201	18:00	300m Hurdles (84cm)	Boys U16	Born 2010/2011	Open meet	
202	18:10	1000m	Boys U16	Born 2010/2011		Pentathlon
203	18:20	1500m	Men U18	Born 2008/2009		Decathlon
204	18:20	1500m	Men U20	Born 2006/2007		Decathlon
205	18:20	1500m	Senior Men/U23	Born 2002 and earlier		Decathlon

No entries will be accepted of athletes born in 2012 or later

Entry fees (payable at the gate):

WPA Open Meeting events - R50 per athlete per day

Combined events athletes - R50 per athlete for both days

Spectators - R50 per day

Spectators younger than 7 years - R10 per day