



WESTERN PROVINCE ATHLETICS

WPA Little Athletics

Kraaifontein (Bernadino Heights High School)

11-Oct-25

#	Time	Event	Gender	Age		Year Born	
1	09:00	1500m Race Walking	Girls	U	13	Born	2012/13
2	09:15	1500m Race Walking	Boys	U	13	Born	2012/13
3	09:15	High Jump	Boys	U	13	Born	2012/13
4	09:15	Shot Put (4kg)	Boys	U	13	Born	2012/13
5	09:15	Discuss Throw (750g)	Girls	U	13	Born	2012/13
6	09:25	600m	Girls	U	9	Born	2016/17
7	09:30	600m	Boys	U	9	Born	2016/17
8	09:35	High Jump G	Girls	U	13	Born	2012/13
9	09:35	Shot Put (3kg)	Girls	U	13	Born	2012/13
10	09:35	Discuss Throw (1kg)	Boys	U	13	Born	2012/13
11	09:40	70m Hurdles (68cm)	Girls	U	11	Born	2014/15
12	09:45	70m Hurdles (68cm)	Boys	U	11	Born	2014/15
13	09:50	75m Hurdles (76.2cm)	Girls	U	13	Born	2012/13
14	10:00	80m Hurdles (76.2cm)	Boys	U	13	Born	2012/13
15	10:00	Shot Put (2kg)	Boys	U	11	Born	2014/15
16	10:00	High Jump	Girls	U	11	Born	2014/15
17	10:05	60m	Girls	U	7	Born	2018
18	10:10	60m	Boys	U	7	Born	2018
19	10:15	60m	Girls	U	9	Born	2016/17
20	10:20	60m	Boys	U	9	Born	2016/17
21	10:20	Shot Put (2kg)	Girls	U	11	Born	2014/15
22	10:20	High Jump	Boys	U	11	Born	2014/15
23	10:25	80m	Girls	U	11	Born	2014/15
24	10:30	80m	Boys	U	11	Born	2014/15
25	10:35	100m	Girls	U	13	Born	2012/13
26	10:40	100m	Boys	U	13	Born	2012/13
27	10:50	800m	Girls	U	13	Born	2012/13
28	10:55	800m	Boys	U	13	Born	2012/13
29	11:00	1200m	Girls	U	11	Born	2014/15
30	11:05	1200m	Boys	U	11	Born	2014/15
31	11:15	200m Hurdles (68cm)	Girls	U	13	Born	2012/13
32	11:20	200m Hurdles (68cm)	Boys	U	13	Born	2012/13
33	11:30	80m	Girls	U	7	Born	2018
34	11:35	80m	Boys	U	7	Born	2018
35	11:40	80m	Girls	U	9	Born	2016/17
36	11:45	80m	Boys	U	9	Born	2016/17

37	11:50	100m	Girls	U	11	Born	2014/15
38	11:55	100m	Boys	U	11	Born	2014/15
39	12:05	200m	Girls	U	13	Born	2012/13
40	12:10	200m	Boys	U	13	Born	2012/13
41	12:15	1500m	Girls	U	13	Born	2012/13
42	12:22	1500m	Boys	U	13	Born	2012/13

Gate Fee	
Athletes	R50
Adults	R40
Children under 7	R10

Contact Details	
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