

**Meeting :WPA U16, U18 & U20 AGE GROUP CHAMPIONSHIPS
2022/03/10 to 2022/03/12 at PAROW ATHLETICS STADIUM**

Start sheets (All Events)

| | | |
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| Final Girls 16 5km Walk | 07:00 | 85 |
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| 1 | 146 | KEYSER SIMONE | PRLVAL |
| 2 | 150 | STRYDOM NINA | PRLVAL |

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| Final Girls 18 5km Walk | 07:00 | 86 |
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| 1 | 86 | MTWAZI LULUTHO | GUGS |
| 2 | 144 | COCKETT CHRISTINE | PRLVAL |

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| Final Boys 16 5km Walk | 07:00 | 87 |
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| 1 | 161 | STRYDOM HUGO | PRLVAL |
| 2 | 156 | KEYSER ZANDAY | PRLVAL |

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| Final Women 20 10km Walk | 07:40 | 88 |
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| Final Boys 18 10km Walk | 07:40 | 89 |
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| Final Men 20 10km Walk | 07:40 | 90 |
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| 1 | 92 | NDABAMBI SISONKE | GUGS |
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| Semi Final 1 of 2 Boys 18 100m | 09:10 | 94 |
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| Semi Final 2 of 2 Boys 18 100m | 09:10 | 94 |
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| Final Women 20 5000m | 09:35 | 97 |
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| 1 | 143 | CILLIERS MARIETJIE | PRLVAL |
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| Final Men 20 5000m | 10:00 | 98 |
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| 1 | 320 | MAKHONXA UZUKHANYE | VOB |
| 2 | 315 | DERMAN BEN | VOB |

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| Final Girls 16 HighJump | 10:00 | 102 |
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| 1 | 218 | SPOCTER MICHAELA | TAC |
| 2 | 177 | SPOLANDER JORDAN | REDDUR |

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| Final Women 20 LongJump | 10:00 | 103 |
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| 1 | 183 | JIRI ANGELINA | SPAC |
| 2 | 212 | JONATHAN AMY | TAC |
| 3 | 180 | GALLIE SAFIA | SPAC |
| 4 | 214 | NGCOBO ANAM | TAC |
| 5 | 182 | JACOBS HOPE | SPAC |
| 6 | 3 | DU PLESSIS STEFANI | BAC |

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7 245 LINKS DZITKA UWC

Final Boys 16 Discus 10:00 1.5kg 104

1 29 LE ROUX JUAN BAC

2 24 DU TOIT FRANCOIS (ARMAND) BAC

Semi Final 1 of 2 Boys 18 200m 10:35 108

Semi Final 2 of 2 Boys 18 200m 10:35 108

Final Girls 16 800m 11:00 111

4 52 AUCAMP MILA BOXER

5 208 DAVIDS AMMAARAH TAC

6 232 DARRIES MUDJAYIDAH ULTRA

Final Girls 18 HighJump 11:00 112

Final Girls 16 LongJump 11:00 113

1 209 DE KLERK ALICIA TAC

2 248 VAN STADEN MICHE UWC

3 231 CROUS QAADIRAH ULTRA

4 219 UDENZE CHISOM TAC

5 142 BOER JORDAN PRLVAL

Final Boys 18 Discus 11:00 114

1 91 MTEBENI KARABO GUGS

2 101 DAVIDS MUBAARIK ITHEKO

3 22 BURGESS JORDAN BAC

4 160 STEENKAMP RONAN PRLVAL

Final Boys 16 800m 11:05 115

1 227 PRINCE TIYARN TAC

2 288 DAMARA BADRODEEN VELAC

3 77 FIELD KEENE FAIRHS

4 124 SOGA BRANDON MPT

5 164 BENECKE ALEXANDER RBHS

6 195 PETERSEN TRISTAN SPAC

7 69 OPPERMAN JAIDEN EAC

8 310 BHEBHA SIVE VOB

Final Boys 18 800m 11:15 117

Final Women 20 800m 11:20 118

4 85 MABENTSELA SIWAPHIWE GUGS

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5 243 JOOSTE TAMICA UWC

Final Men 20 800m 11:25 119

Final Girls 16 400m 11:35 120

3 208 DAVIDS AMMAARAH TAC
4 129 SCHOLTZ CARLIN MRWAC
5 5 HENDRICKS SHAKIRA BAC
6 248 VAN STADEN MICHE UWC
7 220 UYS EMMA TAC

Final Boys 16 400m 11:40 121

3 195 PETERSEN TRISTAN SPAC
4 38 SALIE ANEEQ BAC
5 111 CLAUDE JOSHUA KALEMBA MELKAC
6 47 DE KLERK LUKE BERGHS
7 227 PRINCE TIYARN TAC

Final Girls 18 400m 11:45 122

3 304 DUMEZWENI SINESIPHO VOB
4 54 NEL MARNE DFM
5 328 ZGERSKI AVA IVANOVNA WCAC
6 126 JANSEN GRAYNICIA MRWAC
7 275 JURIES ZOE VELAC

Final Boys 18 400m 11:50 123

Final Women 20 400m 11:55 124

4 210 GARCIA MIAH TAC
5 183 JIRI ANGELINA SPAC
6 116 APRIL TYLOR MILH

Final Men 20 400m 12:00 125

Final Women 20 HighJump 12:00 129

1 201 HORN MICHAELA STRAND
2 3 DU PLESSIS STEFANI BAC

Final Girls 18 LongJump 12:00 130

1 70 LOUW CELEST EKAC
2 246 MAGGOTT SHANA UWC
3 53 HULLEY LIVIA DFM
4 328 ZGERSKI AVA IVANOVNA WCAC

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| Final Men 20 Discus | 12:00 | 131 |
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| 1 | 203 | SMIT CHRISTOPHER | STRAND |
| 2 | 202 | HARRIS VIAAN | STRAND |
| 3 | 40 | SOEKOE PIETER DIRK | BAC |
| 4 | 234 | ARENDSE JARRED | ULTRA |

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| Final Girls 16 90m Hurdles | 12:15 | 132 |
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| 4 | 98 | HARTZENBERG HAIDEE | ITHEKO |
| 5 | 17 | TEN CATE AMY | BAC |
| 6 | 95 | HOLTZHAUSEN LEILA | HELHAR |

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| Final Girls 18 100m Hurdles | 12:25 | 133 |
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| 4 | 181 | GREEN CLEO | SPAC |
| 5 | 10 | OBERHOLZER LANA | BAC |

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| Final Women 20 100m Hurdles | 12:35 | 134 |
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| 5 | 215 | OTTO ABIGAIL | TAC |
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| Final Boys 16 100m Hurdles | 12:40 | 84cm | 135 |
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| 3 | 105 | JACK NAEEM | ITHEKO |
| 4 | 196 | PETERSEN JAYDON | SPAC |
| 5 | 163 | ANIBAL CEM | RBHS |
| 6 | 124 | SOGA BRANDON | MPT |
| 7 | 33 | MEIRING SIMON | BAC |
| 8 | 39 | SMIT EBEN | BAC |

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| Final Boys 18 110m Hurdles | 12:50 | 136 |
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| 1 | 108 | SOLOMONS JADEN | ITHEKO |
| 2 | 103 | FRITZ JAYDEN | ITHEKO |
| 3 | 72 | EIMAN LATHAM | EKAC |
| 4 | 221 | KOTZEE ETHAN | TAC |
| 5 | 97 | MITCHELL ASHWIN | IND |
| 6 | 99 | CONSTANT JUNAID | ITHEKO |
| 7 | 48 | KLEINSCHMIDT AARON | BONAC |
| 8 | 30 | LEHMENSICH CHRISTIAAN | BAC |

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| Final Men 20 110m Hurdles | 13:00 | 137 |
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| 3 | 104 | ISMAIL MUJAAHID | ITHEKO |
| 4 | 256 | ELIAS SHERWIN | UWC |
| 5 | 136 | ANYANWUAGWU CHUKUEMEKA | PLUMHS |
| 6 | 81 | SIBOZO ZAM | FAIRHS |
| 7 | 27 | JACOBS DENMAR | BAC |
| 8 | 199 | YON DIONDRE | SPAC |

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| Final Men 20 HighJump | 13:00 | 138 |
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| 1 | 194 | OLIVER LIAM | SPAC |
| 2 | 172 | MOHAMED-FAKIER MAHMOOD | RBHS |

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3 197 PETERSEN STORM SPAC

Final Boys 16 LongJump 13:00 139

1 196 PETERSEN JAYDON SPAC
2 189 HILL KIERAN SPAC
3 225 NICHOLL ALEXANDER TAC
4 238 MALLUM SAEED ULTRA
5 332 VON DER HEYDEN DANIEL BISHOPS RUNNING CLUB
6 333 ABRAHAMS JOSE ADEN MPT

Final Girls 16 Discus 13:00 1kg 140

1 6 JOHNSON AIMEE BAC
2 1 CHALMERS ALISON BAC
3 16 SWART MAREIJKA BAC
4 118 FOCI KHANYA MPT

Final Girls 16 100m 14:00 141

Final Boys 16 100m 14:05 142

Final Girls 18 100m 14:10 143

Final Boys 18 100m 14:15 144

Final Women 20 100m 14:20 145

Final Men 20 100m 14:25 146

Final Boys 18 HighJump 14:30 147

1 43 VON WIELLIGH LOGAN BAC
2 42 VAN DEN HEEVER JORDAN BAC
3 193 MARCUS JAMIEL SPAC
4 154 GOUWS CHRISTOPHER PRLVAL
5 101 DAVIDS MUBAARIK ITHEKO

Final Men 20 LongJump 14:30 148

1 185 BILOMBA GRADI SPAC
2 188 DU TOIT CORION SPAC
3 194 OLIVER LIAM SPAC
4 191 KABUYA MUANZA SPAC
5 197 PETERSEN STORM SPAC
6 267 TITO ISMA-EEL UWC

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| 7 | 114 | KITWANGA EPHRAIM | MELKAC |
| 8 | 45 | WALTERS ZANE | BAC |
| 9 | 139 | MWAPE GEDEON | PLUMHS |
| 10 | 199 | YON DIONDRE | SPAC |

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| Final Girls 18 Discus | 14:30 | 149 |
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| 1 | 4 | GOUWS ANJA | BAC |
| 2 | 2 | CRONJE CHARLOTTE | BAC |
| 3 | 15 | SOLOMON JESSE | BAC |
| 4 | 217 | SERROTTI CHLOE | TAC |

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| Final Boys 16 300m Hurdles | 14:40 | 150 |
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| 1 | 333 | ABRAHAMS JOSE ADEN | MPT |
| 2 | 227 | PRINCE TIYARN | TAC |
| 3 | 39 | SMIT EBEN | BAC |
| 4 | 196 | PETERSEN JAYDON | SPAC |
| 5 | 124 | SOGA BRANDON | MPT |
| 6 | 33 | MEIRING SIMON | BAC |
| 7 | 34 | MKONYOVU THANDAZILE | BAC |
| 8 | 44 | WALTERS KYLE | BAC |

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| Final Girls 16 300m Hurdles | 14:50 | 151 |
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| 4 | 12 | PARKER CAYLIN | BAC |
| 5 | 95 | HOLTZHAUSEN LEILA | HELHAR |
| 6 | 17 | TEN CATE AMY | BAC |

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| Final Girls 18 400m Hurdles | 15:00 | 152 |
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| Final Women 20 400m Hurdles | 15:05 | 153 |
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| Final Boys 18 400m Hurdles | 15:15 | 154 |
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| 3 | 99 | CONSTANT JUNAID | ITHEKO |
| 4 | 123 | ROBSON KAYLEM | MPT |
| 5 | 193 | MARCUS JAMIEL | SPAC |
| 6 | 221 | KOTZEE ETHAN | TAC |

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| Final Men 20 400m Hurdles | 15:25 | 155 |
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| 4 | 197 | PETERSEN STORM | SPAC |
| 5 | 81 | SIBOZO ZAM | FAIRHS |
| 6 | 329 | AFRICA RUSHDEAN | WESHS |

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| Final Boys 16 HighJump | 15:30 | 156 |
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| 1 | 198 | SAMUELS MATTHEW | SPAC |
| 2 | 141 | MANDISHONA SILAS CRISTIAN | PORTHS |

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| Final Boys 18 LongJump | 15:30 | 157 |
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| 1 | 193 | MARCUS JAMIEL | SPAC |
| 2 | 221 | KOTZEE ETHAN | TAC |
| 3 | 122 | LAMONT REECE | MPT |
| 4 | 35 | MUZOKOMBA PAVASHE | BAC |
| 5 | 97 | MITCHELL ASHWIN | IND |
| 6 | 186 | CONSTANT BREYTON | SPAC |
| 7 | 228 | RYAN KIRON | TAC |
| 8 | 123 | ROBSON KAYLEM | MPT |
| 9 | 42 | VAN DEN HEEVER JORDAN | BAC |

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| Final Women 20 Discus | 15:30 | 158 |
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| 1 | 87 | SOPHILE SIBONGILE | GUGS |
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| Final Girls 16 200m | 15:40 | 159 |
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| Final Boys 16 200m | 15:45 | 160 |
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| Final Girls 18 200m | 15:50 | 161 |
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| 1 | 205 | BRENNER ZAINAB | TAC |
| 2 | 278 | SAAL LANNICE | VELAC |
| 3 | 272 | GEORGE TERESKE | VELAC |
| 4 | 246 | MAGGOTT SHANA | UWC |
| 5 | 151 | SWARTZ LOUWEN | PRLVAL |
| 6 | 70 | LOUW CELEST | EKAC |
| 7 | 58 | BOSMAN ANKIA | DURHS |
| 8 | 280 | SOLOMONS JAIME | VELAC |

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| Final Boys 18 200m | 15:55 | 162 |
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| Final Women 20 200m | 16:00 | 163 |
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| Final Men 20 200m | 16:05 | 164 |
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| Final Girls 16 1500m | 16:20 | 165 |
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| 1 | 18 | VENTER ALICE | BAC |
| 2 | 60 | JANSEN DAMICA | EAC |
| 3 | 178 | CHARLES RACHEL | SOUSTR |
| 4 | 56 | THYS CHANTE | DURBAC |

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| Final Boys 16 1500m | 16:28 | 166 |
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| 1 | 316 | HACKING GRANT | VOB |
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| 2 | 170 | MCWILLIAM TROY | RBHS |
| 3 | 80 | SCHMIDT SD | FAIRHS |
| 4 | 174 | SCOTT ROBERT | RBHS |
| 5 | 159 | MARKGRAAFF DARIUS | PRLVAL |
| 6 | 155 | JOHNSON JAMIAL | PRLVAL |
| 7 | 69 | OPPERMAN JAIDEN | EAC |
| 8 | 288 | DAMARA BADRODEEN | VELAC |
| 9 | 66 | HENDRICKS VENTINO | EAC |
| 10 | 254 | CHIROMBE ANESU | UWC |
| 11 | 310 | BHEBHA SIVE | VOB |
| 12 | 323 | MBATSA ASAKHE | VOB |

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| Final Girls 18 1500m | 16:36 | 167 |
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| 1 | 152 | TULIS LEONA | PRLVAL |
| 2 | 309 | PETERSEN KEIRA | VOB |
| 3 | 117 | BOOYSEN ZONDREA | MPT |
| 4 | 84 | KROKRANI SINOTHANDO | GUGS |
| 5 | 128 | MBASA MICHEALA | MRWAC |
| 6 | 303 | BESTER ABIGAIL | VOB |
| 7 | 20 | VISSER ANIKA | BAC |
| 8 | 130 | SMITH RICKECIA | MRWAC |
| 9 | 61 | LINDERS J | EAC |
| 10 | 125 | APRIL LEE-ANN | MRWAC |
| 11 | 62 | WILLIAMS SHARNEY | EAC |

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| Final Boys 18 1500m | 16:44 | 168 |
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| Final Women 20 1500m | 16:52 | 169 |
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| 1 | 243 | JOOSTE TAMICA | UWC |
| 2 | 308 | OCUINNEAGAIN CAITLIN | VOB |
| 3 | 85 | MABENTSELA SIWAPHIWE | GUGS |
| 4 | 183 | JIRI ANGELINA | SPAC |
| 5 | 239 | ADAMS LEONTE | UWC |

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| Final Men 20 1500m | 17:00 | 170 |
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| 1 | 68 | MILES ETHAN | EAC |
| 2 | 259 | JANTJIES GAWAIN | UWC |
| 3 | 261 | JOSHUA JAYDEN | UWC |
| 4 | 135 | DU PLESSIS TJAARD | NEDRC |
| 5 | 63 | ABRAHAMS RETHON | EAC |
| 6 | 88 | JALI LUBABALO | GUGS |
| 7 | 324 | SWARTZ JORDI | VOB |
| 8 | 50 | JAFTA CHARLTON | BOTTAC |
| 9 | 314 | DAVIDSON ROBERT | VOB |

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| Final Girls 16 4X100m Relay | 17:15 | 171 |
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| Final Boys 16 4X100m Relay | 17:20 | 172 |
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| Final Girls 18 4X100m Relay | 17:25 | 173 |
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| Final Boys 18 4X100m Relay | 17:30 | 174 |
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| Final Women 20 4X100m Relay | 17:35 | 175 |
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| Final Men 20 4X100m Relay | 17:40 | 176 |
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