

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

Start sheets (All Events)

Final Women 20 5000m	11:00	1
WPA 2022: 16:02.55 (Elana van Zyl, Robertson High School, 1984)		

Final Women 25 5000m	11:00	2
WPA 2022: 14:44.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1993)		

1	P2962	CHIDZIVO FORTUNATE	RCL
2	P176	DELPORIT DIANE MARION	VOB
3	P2968	MACKENZIE PAIGE	RCL

Final Men 25 5000m	11:00	3
WPA 2022: 13:30.40 (Ewald Bonzet, BAK, 1978)		

1	P945	HUGHES BRANDON	CELTIC
2	P6205	HEFKIE WARREN	UWC
3	P206	VON BULOW MATTHEW	MATIES
4	P211	SMITH ASHLEY	MATIES
5	P5879	ROSSOUW RUDOLF	WRAC
6	P1454	VAN NIEKERK GEO	WELAC
7		PIKASHE SIYA	IND
8	P1896	LEWIN BRANDON	NEDRC
9	P1893	NGALWANA SIMANGALISO	NEDRC
10	P37	STRUIS THOMAS	UWC
11	P6210	NONJIKO MZIWAMADODA	UWC
12		LUBHELWANA NTSIKELELO	CPUT
13	P6140	LENTSWE MERE	UWC
14	P2961	KAPTEIN WILLIAM	RCL
15	P1892	HIRBO YOHANNES	NEDRC
16	P4575	JURIES CHUBASCO	ITHEKO
17	P6212	THULO KANANELO	UWC
18	P560	CETWAYO LETHU	VOB
19		MAGWAZA SIBUSISO	AAC
20	P3095	MAKOFANE KHUTSO	CPUT
21	P355	BHEBHA BULELANI	VOB
22	P6161	KOOPMAN JASON	UWC
23	P6130	BOOYSEN CURTIS	UWC

Final Men 20 5000m	11:00	4
WPA 2022: 13:59.01 (Zolani Bhitane, Harmony AC, 2004)		

1	J20131	MAKHONXA UZUKHANYE	VOB
2	J20164	ROJI CWENGA	NEDRC

Final Girls 16 TripleJump	11:00	5
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Final Girls 18 TripleJump	11:00	6
WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)		

Final Boys 16 TripleJump	11:00	7
WPA 2022: 13.45 (Zinedene Meiring, SPAAC, 2013)		

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Final Women 20 TripleJump	11:30	8
WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)		

1	NGOBENI SHAMMAR	UCT
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Final Women 25 TripleJump	11:30	11m	9
WPA 2022: 12.58 (Ramona Gabriels, Ridgeville AC, 2000)			

1	NGOMA BRICIA	TAC
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2	P3103 * AMUKELANI	CPUT
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Final Boys 18 TripleJump	11:30	10
WPA 2022: 15.51 (Simeon Mars, SPAAC, 2002)		

1	J20683 CONSTANT JUNAID DARREN	MPT
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2	J20962 OTITOOLA FIKAYO	MPT
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3	NHAMO DELAN	IND
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Final Women 25 3000m SteepleChase	11:30	11
WPA 2022: 10:20.72 (Nolene Conrad, Liberty Nike AC, 2005)		

Final Men 25 3000m SteepleChase	11:45	12
WPA 2022: 08:29.30 (Johan Daffue, University of Stellenbosch, 1981)		

1	P6161 KOOPMAN JASON	UWC
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2	P3070 SOLDAKA SIBONISO	CPUT
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3	P1893 NGALWANA SIMANGALISO	NEDRC
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Final Men 20 TripleJump	12:00	13
WPA 2022: 15.86 (Simeon Mars, SPAAC, 2003)		

1	MAKANA LINDOKUHLE	CPUT
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2	J20306 OLIVIER LIAM	SPAC
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3	NTSHANGASE KWANELE	UCT
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Final Men 25 TripleJump	12:00	13m	14
WPA 2022: 16.24 (Jason Sewenyana, TAK, 2012)			

1	SEWANYANA JASON	TAC
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2	P6217 GREEN KYLE	UWC
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3	P2652 MATHABELA MAURICE	ROBAC
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4	P3105 NKAMBULE LIFA	CPUT
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Final Girls 16 90m Hurdles	12:00	15
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5	HOLTZHAUSEN LEILA	HELHAR
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Final Girls 18 100m Hurdles	12:10	16
WPA 2022: 13.65 (Chantelle Terblanche, BAK, 2000)		

3	J20342 GALLIE SAFIA	SPAC
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4	J20307 PRINCE CHELSEA-LEE	SPAC
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5	J20717 SARDIEN KAUTHAR	MPT
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6	CASWELL AQEELAH	MPT
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7	J20305 GREEN CHLOE	SPAC
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Final Women 20 100m Hurdles	12:15	17
WPA 2022: 13.47 (Arn�ell Jacobs, BAK, 1997)		

5	POOLER ENYA	MATIES
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Final Women 25 100m Hurdles	12:15	18
WPA 2022: 13.47 (Arn�ell Jacobs, BAK, 1997)		

4	P238 JORDAAN MARTELIZE	MATIES
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5	P298 SYLVESTER ELITHA	MATIES
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Final Boys 16 100m Hurdles **12:20** **84cm** **19**

WPA 2022: 12.97 (Dalvon Blood, UCT, 2016)

1	J20689	ABRAHAMS JOSE	MPT
2	J20686	BUTLER RAFEEQ	MPT
3	J20652	ANIBAL CEM	RBHS
4	J20338	BASSON JAYDON	SPAC
5	J20015	MEIRING SIMON	BAC
6		HLOTYWA ESAM	WALSHS
7	J20691	HENDRICKS CADEN	MPT
8		NATHI NATHI	CTHS

Final Boys 18 110m Hurdles **12:30** **20**

WPA 2022: 13.41 (Tiaan Smit, BAK, 2011)

3	J20725	VAN DEN HEERVER JORDAN	MPT
4	P27	SOLOMONS JADEN	ITHEKO
5	J20683	CONSTANT JUNAID DARREN	MPT
6	J20336	DRAMAT SHAKUR	SPAC
7	J20344	MARCUS JAMIEL	SPAC

Final Men 20 110m Hurdles **12:40** **21**

4	J20300	YON DIONDRE	SPAC
5	P14	JACOBS DENMAR	BAC
6	J20309	ANYANWUAGWU LUCIANO	PLUMHS

Final Men 25 110m Hurdles **12:45** **22**

WPA 2022: 13.11 (Antonio Alkana, BAK, 2017)

4	P217	OCTOBER JASON	MATIES
5	P5596	FRANCIS ANDREW	SPAC

Final Men 20 HighJump **13:00** **23**

WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)

1	J20306	OLIVIER LIAM	SPAC
2	J20309	PETERSEN STORM	SPAC
3	J20300	YON DIONDRE	SPAC
4	J20658	MOHAMED-FAKIER MAHMOOD	RBHS
5	J20341	MUANZA KABUYA	SPAC
6		BURGER ADAM	MATIES
7	J20309	ANYANWUAGWU LUCIANO	PLUMHS

Final Men 25 HighJump **13:00** **24**

WPA 2022: 2.27 (Gavin Lendis, SPAAC, 1997)

1	P257	POOLE BREYTON	MATIES
2	P3113	MASUKU SIYANDA	CPUT
3	P175	FOURIE KEAGAN	ATHAC

Final Boys 16 Polevault **13:00** **25**

WPA 2022: 4.00 (Heinrich Lategan, Paarl Gimnasium, 1991)

Final Boys 18 Polevault **13:00** **26**

WPA 2022: 4.70 (Brent Howell, BAK, 2003)

1	J20764	DAVIDS MUBAARIK	ITHEKO
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Final Men 20 Polevault **13:00** **27**

WPA 2022: 5.21 (Pieter Brits, University of Stellenbosch, 1994)

1 P4184 CASSIEM JAWAAD ULTRA

Final Men 25 Polevault **13:00** **28**

WPA 2022: 5.90 (Okkert Brits, University of Stellenbosch, 1994)

1 P7338 FIELD JAIME ULTRA

2 P5596 FRANCIS ANDREW SPAC

Final Girls 16 LongJump **13:00** **29**

WPA 2022: 5.83 (Carla Johnson, SPAAC, 2012)

1 J20626 VAN STADEN MICHE TYGHS

Final Girls 18 LongJump **13:00** **30**

WPA 2022: 6.20 (Luzaan du Preez, TAK, 1988)

1 J20305 GREEN CHLOE SPAC

2 J20427 MAGGOTT SHANA UWC

3 CASWELL AQEELAH MPT

4 J20307 PRINCE CHELSEA-LEE SPAC

Final Women 20 LongJump **13:00** **31**

WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)

1 NGOBENI SHAMMAR UCT

2 J20301 JIRI ANGELINA SPAC

Final Women 25 LongJump **13:00** **32**

WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)

1 NGOMA BRICIA TAC

2 P3103 * AMUKELANI CPUT

3 P5738 DUNCAN LENé TAC

4 BASSON MIEKE MATIES

5 YAZE ZANDILE UCT

Final Girls 16 Shotput **13:00** **3kg** **33**

WPA 2022: 13.85 (Minki-Brink, TAK, 2022)

1 J20707 FOCI KHANYA MPT

Final Girls 18 Shotput **13:00** **34**

WPA 2022: 13.47 (Cloe-Serrotti, TAC, 2022)

Final Girls 16 800m **13:00** **35**

WPA 2022: 2:14.97 (Elsire Strauss, Calvinia High School, 1994)

4 J20721 QUMBA AKHILE MPT

5 J20556 DARIES MUDJAYIDAH ULTRA

Final Women 20 Shotput **13:00** **36**

WPA 2022: 16.47 (Maranelle du Toit, BAK, 1997)

1 KAMBIKAMBI KARABO UCT

Final Women 25 Shotput **13:00** **37**

WPA 2022: 17.08 (Maranelle du Toit, BAK, 2002)

1 LE ROUX KURSHIA IND

2 P2410 SMIT KAYLA BAC

3 JORDAAN GILLIAN IND

4 P2418 JORDAAN ZOë BAC

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Final Boys 16 Hammer	13:00	5kg	38
WPA 2022: 61.04 (Heinrich Gonzales, BAK, 2003)			

Final Boys 18 Hammer	13:00		39
WPA 2022: 79.79 (Werner Smit, TAK, 2000)			

Final Men 20 Hammer	13:00		40
WPA 2022: 81.04 (Werner Smit, TAK, 2003)			

1	J20038	DIRK SOEKOE PIETER	BAC
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Final Men 25 Hammer	13:00		41
WPA 2022: 71.04 (Werner Smit, TAK, 2003)			

1	P2409	OLIVIER JAUNU	BAC
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Final Boys 16 800m	13:05		42
WPA 2022: 1:57.10 (Paul Eksteen, Paarl Gimnasium, 1980)			

4		TAYLOR MATTHEW	ZWAHS
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5		BARNES ZAAKIR	MPT
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6		HASSEN NIYAZ	TAC
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Final Girls 18 800m	13:10		43
WPA 2022: 2:04.63 (Marjorie van der Merwe, Paarl Gimnasium, 1985)			

4		TERBLANCHE CHLOE	MILHS
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5	J20701	VERMAAK CHANE LEE	MPT
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6	J20690	BOOYSEN ZONDREA	MPT
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Final Boys 18 800m	13:15		44
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3	J20702	ROBSON KAYLEM	MPT
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4	J20634	BRITZ DAMIAN	UWC
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5	J20699	HENDRICKS CHANNING	MPT
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6	J20703	WALTERS TIAAN	STELAC
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Final Women 20 800m	13:20		45
WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)			

4		REINEKE JAIXAI	BAC
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5	J20301	JIRI ANGELINA	SPAC
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6	J20352	VILJOEN MIENKE	MATIES
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Final Women 25 800m	13:25		46
WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)			

3		JULIES SAMANTHA	IND
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4	P776	VAN DER WESTHUIZEN CIMON	STELAC
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5		LYONS MIA	ATHAC
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6	P6207	ROBINSON ASSNIQUE	UWC
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7	P235	COETZEE KARLI	MATIES
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8	P7170	GRIFFITHS KOBIE	NEDRC
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Final Men 20 800m	13:30		47
WPA 2022: 1:46.38 (Marius van Heerden, TAK, 1993)			

4		MAKANA LINDOKUHLE	CPUT
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5	J50240	MULDER DIAN	GERCAL
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Final 1 of 3 Men 25 800m	13:35		48
WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)			

1	P1857	BESTENBIER AUSTIN	NEDRC
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2	P726	MKETO EMIHLE	STELAC
3	P8	FARO DURAN	NEDRC
4		VORSTE MORGAN	UWC
5		CHEME SIMAMKELE	CENTRL
6	P211	SMITH ASHLEY	MATIES
7		MCITWA MUSA	IND
8		MARAIS ROWAN	DSQUAD

Final 2 of 3 Men 25 800m **13:35** **48**

WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)

1		BEUKES HENK	NEDRC
2	P754	VAN HUYSSTEEN STIAAN	STELAC
3		KOTZE AUBREY	EAC
4	P1078	HAMMOND CALVIN	NEDRC
5	P3095	MAKOFANE KHUTSO	CPUT
6		DEE NICHOLAS	IND
7	P6216	FARO DUVAN	UWC
8	P266	COBERN SHALTON	MATIES

Final 3 of 3 Men 25 800m **13:35** **48**

WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)

1		VAN JANTJIES GAWAIN	UWC
2	P226	FAYINDLALA WANDISILE	MATIES
3		NKWEBA SIYANDA	PNA
4	P4575	JURIES CHUBASCO	ITHEKO
5	P1620	DU PLESSIS MATTHEW	HELHAR
6	P6213	RYK HEINRICH	UWC
7	P1825	BESTENBIER OSCAR	NEDRC
8	P3090	MAKAMBA ZIPHO	CPUT

Final Girls 16 100m **13:45** **49**

2	J20581	VAN SCHALKWYK SHAKIRA	VELAC
3	J20597	MAARTENS LUCRETIA	VELAC
4	J20442	DAVIDS LEIGH	UWC
5	J20626	VAN STADEN MICHE	TYGHS
6	J20560	KEET IMAN	ULTRA
7		HOLTZHAUSEN LEILA	HELHAR
8		MALONGA-MUNGENG YASMIN ALEXANDRA	WITHS

Final 1 of 3 Boys 16 100m **13:50** **50**

WPA 2022: 10.88 (Kyle Appel, BAK, 2013)

3	J20337	PETERSEN TRISTIAN	SPAC
4		NATHI NATHI	CTHS
5	J20706	MANDISHONA SILAS	PORTHS
6	J20698	SMIDT REZARIO	MPT
7	J20669	JOSEPH ANDREW	VELAC
8	J20715	GEORGE BLAKE	PORTHS

Final 2 of 3 Boys 16 100m **13:50** **50**

WPA 2022: 10.88 (Kyle Appel, BAK, 2013)

3	J20302	SAMUELS MATTHEW	SPAC
4	J20235	PETERSEN RIYAAZ	ITHEKO

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5	J20557	MALLUM SAEED	ULTRA
6	J20694	PELSTON WAYDEN	MPT
7		HLOTYWA ESAM	WALSHS
8	J20335	GEORGE THURSTON	SPAC

Final 3 of 3 Boys 16 100m	13:50	50
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WPA 2022: 10.88 (Kyle Appel, BAK, 2013)

3	J20588	TANGO NIEUWEN	VELAC
4		* MATTHEW	MPT
5	J20338	BASSON JAYDON	SPAC
6	J20015	MEIRING SIMON	BAC
7	J20693	ANDREWS JUNAID	MPT

Final Girls 18 100m	13:55	51
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2	J20305	GREEN CHLOE	SPAC
3	J20594	PHERCARDY CHELSEA	VELAC
4	J20342	GALLIE SAFIA	SPAC
5	J20582	GEORGE TERESKE	VELAC
6	J20730	* CHELSEA	MPT
7	J20307	PRINCE CHELSEA-LEE	SPAC
8	J20596	SAAL LANNICE	VELAC

Final 1 of 3 Boys 18 100m	14:00	52
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WPA 2022: 10.31 (Luke Davids, UWC, 2018)

2	J20344	MARCUS JAMIEL	SPAC
3	J20688	TSHANGANA YANDA	MPT
4	J20633	PERRANG CALEB	UWC
5	J20080	MUZOKOMBA PAVASHE	BAC
6	J20436	EBRAHIM ISHRAAQ	UWC
7	J20347	RYAN KIRON	TAC
8	J20558	KAMRODIEN ZAMAAN	ULTRA

Final 2 of 3 Boys 18 100m	14:00	52
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WPA 2022: 10.31 (Luke Davids, UWC, 2018)

2		BRUINERS RHIWAIDIN ETHAN	BAC
3		JACOBS FURQAAN	ULTRA
4	J20764	DAVIDS MUBAARIK	ITHEKO
5	J20625	DAVIDS DIEGO	UWC
6	J20304	CONSTANT BREYTON	SPAC
7	J20603	LIEBENBERG MATHEW	VELAC
8	J20962	OTITOOLA FIKAYO	MPT

Final 3 of 3 Boys 18 100m	14:00	52
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WPA 2022: 10.31 (Luke Davids, UWC, 2018)

2	J20336	DRAMAT SHAKUR	SPAC
3		NHAMO DELAN	IND
4	J20331	GEORGE SHEYLIN	SPAC
5	J20439	WAKEFIELD JUNAUDE	UWC
6	J20553	ISAACS ZAYD	ULTRA
7	J20720	LAMONT REECE	MPT
8	J20665	DAVIDS EMRE	VELAC

**Meeting :WPA OPEN MEETING
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Final Boys 16 Javelin **14:00** **700g** **53**

WPA 2022: 70.41 (Morné Moolman, BAK, 2009)

1	J20337	PETERSEN TRISTIAN	SPAC
2	J20335	GEORGE THURSTON	SPAC
3	J20190	VAN DEVENTER R.W.	BOLAS
4	J20302	SAMUELS MATTHEW	SPAC
5		NIKLAUS ESA	PRLBH
6	J20039	HEUSER JOHAN	BAC

Final Boys 18 Javelin **14:00** **54**

WPA 2022: 83.16 (Morné Moolman, BAK, 2011)

1	J20310	ADONIS ZIYAAD	SPAC
2	J20764	DAVIDS MUBAARIK	ITHEKO
3	J20336	DRAMAT SHAKUR	SPAC

Final Men 20 Javelin **14:00** **55**

WPA 2022: 75.72 (Rocco van Rooyen, TAK, 2011)

1	J20687	SOLOMON JAME	MPT
2		NIKLAUS ADAM	PRLBH
3	J20103	VILJOEN ERIK	PRLAC
4	J20038	DIRK SOEKOE PIETER	BAC
5	J20340	DU TOIT CORION	SPAC

Final Men 25 Javelin **14:00** **56**

WPA 2022: 87.62 (Rocco van Rooyen, BAK, 2020)

1	P6208	VAN LILL GERT RUTGER	UWC
2	P220	PIETERSEN CHRIS	MATIES

Final Women 20 100m **14:05** **57**

WPA 2022: 11.55 (Esmari le Roux, BAK, 1995)

3		KINANA LIHLE	CPUT
4	J20025	DU PLESSIS STEFANI	BAC
5	J20664	LÖTTER TIANÈ	MATIES
6		SWILE LEAH	ATHAC

Final 1 of 2 Men 20 100m **14:10** **58**

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

3	J20340	DU TOIT CORION	SPAC
4	J20330	MWAPE GEDEON	PLUMHS
5	J20619	CUMMINGS WASHINGTON	UWC
6	J20591	JOSEPHS LANEY	VELAC
7		NTSHANGASE KWANELE	UCT

Final 2 of 2 Men 20 100m **14:10** **58**

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

3	J20602	BOOIS WAYDEN	VELAC
4	J20060	WALTERS ZANE	BAC
5	J20623	SAMUELS AADAM	UWC
6	J20711	ISAACS EVIN	MPT
7	J20300	YON DIONDRE	SPAC
8	J20444	PAGE EUGENE	UWC

Final Women 25 100m **14:15** **59**

WPA 2022: 11.38 (Janice Josephs, Liberty Nike AC, 2003)

1	P3103	* AMUKELANI	CPUT
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2		VAN DER HEEVER DESMORENE	PNA
3	P11	KING GERALDINE	UWC
4	P299	JOHNSON LARA	MATIES
5	P250	CORNELISSEN ANDREA	MATIES
6	J20579	JOSHAU MELANIE	VELAC
7	P2480	ARENDSE SHANNON	BAC
8		MAKHALIMA SISANDA	CPUT

Final 1 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2		MOODIE KEANU	MATIES
3	P6224	PEDDY GIANNO	UWC
4	P243	HOFFMAN SVEN	MATIES
5	P5743	EWERS JOSHUA	TAC
6	P282	HENDRICKS NORENZO	MATIES
7	P3094	VAN WYK IMRAAN CASSIEM	CPUT
8	P7338	FIELD JAIME	ULTRA

Final 2 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2	P6141	ISMAIL TAURIQ	UWC
3	P3108	BANGANI SIBABALWE	CPUT
4	P6146	BUGAN NATHAN	UWC
5		VAN DER MERWE KEEGAN	ITHEKO
6	P7339	MANASSE MIKHAIL	ULTRA
7	P3109	SALEMANE THATO	CPUT
8	P279	ANDREW CHARLTON	MATIES

Final 3 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2		ABRAHAM JODY	MATIES
3	P3091	SEKOME LUCKY	CPUT
4		FADZI LUCKY	TAC
5		SULLEMAN ASIF	MATIES
6	P5744	CAMERON KURT	TAC
7		KHANZI LUVO	CPUT
8	P2008	NYASHANU NIGEL	UWC

Final 4 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2	P3099	NYAKENI NCEO	CPUT
3		MGOMALALA THOMAS KUDZAI	CPUT
4	P202	ISAACS JERMAINE	MATIES
5		MOMOH KING-DAVID	MATIES
6		DREYER JONATHAN	ITHEKO
7	P5596	FRANCIS ANDREW	SPAC
8		MADINI AZILE	UWC

Final 5 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2	P212	PEREZ JESSE	MATIES
3		BERGSTEDT ASHWYN	UWC
4	P5745	ANDREWS GRANT	TAC

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5		MAKOLO MUKENDI	SPA HAR
6	P6217	GREEN KYLE	UWC
7	P3071	JAMES EMMANUAL	CPUT
8		LEKABE ATLEGANG	UWC

Final 6 of 6 Men 25 100m **14:20** **60**

WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)

2		NONGAWUZA WANDILE BENJAMIN	CPUT
3	P6228	SHABODIEN ZUBAIR	UWC
4	P4362	PRETORIUS MATT	ITHEKO
5	P6142	ABRAHAMS UZAIR	UWC
6	P5753	CAESAR JUREAUX	TAC
7		NGQOLA METHEMBE	UCT
8	P256	SIBANDA DILLON	MATIES

Final Boys 18 HighJump **14:30** **61**

WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)

1	J20725	VAN DEN HEERVER JORDAN	MPT
2	J20310	ADONIS ZIYAAD	SPAC
3	J20682	GALANT SUHAIL	MPT

Final Boys 16 HighJump **14:30** **62**

WPA 2022: 2.05 (Breyton Poole, Helderberg Harriers AC, 2015)

1	J20706	MANDISHONA SILAS	PORTHS
2	J20302	SAMUELS MATTHEW	SPAC

Final Boys 16 LongJump **14:30** **63**

WPA 2022: 6.64 (Le Roux van Aarde, Swartland High School, 1992)

1	J20693	ANDREWS JUNAID	MPT
2	J20686	BUTLER RAFEEQ	MPT
3	J20335	GEORGE THURSTON	SPAC
4	J20710	NOKOYO KHANYO	MPT
5	J20302	SAMUELS MATTHEW	SPAC
6	J20689	ABRAHAMS JOSE	MPT
7	J20557	MALLUM SAEED	ULTRA
8	J20338	BASSON JAYDON	SPAC
9		NICHOLL ALEXANDER	TAC
10	J20698	SMIDT REZARIO	MPT
11		NATHI NATHI	CTHS
12		HLOTYWA ESAM	WALSHS

Final Boys 18 LongJump **14:30** **64**

WPA 2022: 7.57 (Julian Karolus, TAK, 2005)

1	J20336	DRAMAT SHAKUR	SPAC
2	J20310	ADONIS ZIYAAD	SPAC
3	J20344	MARCUS JAMIEL	SPAC
4	J20347	RYAN KIRON	TAC
5	J20720	LAMONT REECE	MPT
6	J20304	CONSTANT BREYTON	SPAC
7	J20764	DAVIDS MUBAARIK	ITHEKO
8	J20080	MUZOKOMBA PAVASHE	BAC

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

Final Boys 16 Shotput	14:30	5kg	65
WPA 2022: 17.85 (JP van der Spuy, BAK, 2001)			

1	J20710	NOKOYO KHANYO	MPT
2	J20058	VAN DEVENTER JANU	BAC
3	J20335	GEORGE THURSTON	SPAC

Final Boys 18 Shotput	14:30		66
WPA 2022: 17.63 (JP van der Spuy, BAK, 2003)			

1		ANDRIES NATHAN	PORTHS
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Final Girls 16 Hammer	14:30	3kg	67
WPA 2022: 49.72 (Kayla Smit, BAK, 2016)			

Final Girls 18 Hammer	14:30		68
WPA 2022: 58.30 (Kayla Smit, BAK, 2018)			

Final Women 20 Hammer	14:30		69
WPA 2022: 51.57 (Kayla Smit, BAK, 2019)			

Final Women 25 Hammer	14:30		70
WPA 2022: 59.37 (Elmarie Knoetzen, BAK, 2002)			

1	P2406	PRINS ANJA	BAC
2	P2410	SMIT KAYLA	BAC

Final Girls 16 3000m	14:30		71
WPA 2022: 09:37.81 (Zintle Xiniwe, Atlantic AC, 2001)			

1	J20722	RUDOLPH ZOE	PORTHS
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Final Girls 18 3000m	14:30		72
WPA 2022: 09:09.30 (Elana van Zyl, Robertson High School, 1983)			

1	J20690	BOOYSEN ZONDREA	MPT
2		TERBLANCHE CHLOE	MILHS

Final Women 20 3000m	14:30		73
WPA 2022: 08:58.73 (Elana van Zyl, University of Stellenbosch, 1985)			

Final Women 25 3000m	14:30		73

1	P570	CHARALAMBOUS THALIA	R4C
2		VAN GRAAN AYNSLEE	RUNCR
3	P3147	JACOBS KYLA	M&R

Final Boys 16 3000m	14:50		74
WPA 2022: 08:34.80 (Conrad Tesnar, Paul Roos Gimnasium, 1990)			

1	J20647	MCWILLIAM TROY	RBHS
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Final Boys 18 3000m	14:50		75
WPA 2022: 08:14.86 (Sonqibido Nkosinoxolo, Celtic Harriers AC, 2003)			

1	J20702	ROBSON KAYLEM	MPT
2	J20699	HENDRICKS CHANNING	MPT

Final Men 20 3000m	14:50		76
WPA 2022: 08:11.25 (Naudé Jordaan, Paarl Boys' High School, 1986)			

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

Final Men 25 3000m	14:50	76
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1	LUBHELWANA NTSIKELELO	CPUT
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Final Men 20 Shotput	15:00	77
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WPA 2022: 18.30 (Zane Weir, UCT, 2014)

1	J20038 DIRK SOEKOE PIETER	BAC
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2	P4184 CASSIEM JAWAAD	ULTRA
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Final Men 25 Shotput	15:00	78
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WPA 2022: 19.81 (John van Reenen, University of Stellenbosch, 1970)

1	P5746 MEYER BRIAN	TAC
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2	P7338 FIELD JAIME	ULTRA
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3	P5747 MEYER DIVAN	TAC
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Final Boys 16 300m Hurdles	15:10	79
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WPA 2022: 38.47 (Naeem Jack, Itheke, 2021)

2	J20686 BUTLER RAFEEQ	MPT
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3	J20691 HENDRICKS CADEN	MPT
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4	J20037 MKONYOVU THANAZILE	BAC
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5	J20015 MEIRING SIMON	BAC
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6	J20061 WALTERS KYLE	BAC
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7	J20338 BASSON JAYDON	SPAC
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8	J20689 ABRAHAMS JOSE	MPT
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Final Girls 16 300m Hurdles	15:15	80
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WPA 2022: 41.36 (Chantelle Terblanche, BAK, 2000)

4	J20063 PARKER RINA	BAC
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5	J20063 PARKER CAYLIN	BAC
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6	HOLTZHAUSEN LEILA	HELHAR
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Final Girls 18 400m Hurdles	15:25	81
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WPA 2022: 0:58.77 (Chantelle Terblanche, BAK, 2002)

Final Women 20 400m Hurdles	15:25	82
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WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)

5	HEERINK-VAN BREDA ALEXANDRA	MATIES
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Final Women 25 400m Hurdles	15:25	83
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WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)

5	P298 SYLVESTER ELITHA	MATIES
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Final Women 20 HighJump	15:30	84
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WPA 2022: 1.85 (Heidi de Kock, Pinelands AC, 1977)

1	HORN MICHAELA	STRAND
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2	NGOBENI SHAMMAR	UCT
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3	J20419 RICHARDSON ARWEN	MATIES
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4	COETZEE CAELIN	STELAC
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Final Women 25 HighJump	15:30	85
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WPA 2022: 1.87 (Desiree du Plessis, BAK, 1993)

1	STANDER JADE	MATIES
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Final Boys 16 Discus	15:30	1.5kg	86
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WPA 2022: 56.00 (Willie Coetzee, Paarl Boys' High School, 1984)

1	J20337 PETERSEN TRISTIAN	SPAC
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2	J20710 NOKOYO KHANYO	MPT
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**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

3 J20058 VAN DEVENTER JANU BAC

Final Boys 18 Discus 15:30 87

WPA 2022: 54.86 (Dirk Hanekom, Strand AC, 1983)

1 J20700 SMITH THEORRY MPT

2 J20962 OTITOOLA FIKAYO MPT

Final Men 20 Discus 15:30 88

WPA 2022: 55.08 (Karl Ueckermann, BAK, 1993)

1 P4184 CASSIEM JAWAAD ULTRA

2 J20038 DIRK SOEKOE PIETER BAC

3 ENGELBRECHT LEE BEAHS

Final Men 25 Discus 15:30 89

WPA 2022: 68.48 (John van Reenen, University of Stellenbosch, 1975)

1 P5747 MEYER DIVAN TAC

2 P7338 FIELD JAIME ULTRA

3 P212 PEREZ JESSE MATIES

4 P5746 MEYER BRIAN TAC

Final Boys 18 400m Hurdles 15:30 90

WPA 2022: 0:51.24 (Tiaan Mouton, BAK, 2011)

3 J20683 CONSTANT JUNAID DARREN MPT

4 J20725 VAN DEN HEERVER JORDAN MPT

5 BRUINERS RHUWAILIN NESTA BAC

6 J20702 ROBSON KAYLEM MPT

Final Men 20 400m Hurdles 15:35 91

WPA 2022: 0:50.44 (Eugene van der Westhuizen, Paul Roos Gimnasium, 1993)

Final Men 25 400m Hurdles 15:35 92

WPA 2022: 0:49.95 (Kobus Burger, University of Stellenbosch, 1985)

3 P217 OCTOBER JASON MATIES

4 P248 LABUSCHAGNE RUAN MATIES

5 P2412 SOLOMONS TAARIQ BAC

6 P3107 MANUEL DANLIN CPUT

Final Girls 16 200m 15:50 93

WPA 2022: 24.40 (Chantelle Terblanche, BAK, 2000)

4 J20626 VAN STADEN MICHE TYGHS

5 J20560 KEET IMAN ULTRA

Final 1 of 2 Boys 16 200m 15:55 94

WPA 2022: 21.34 (Kyle Appel, BAK, 2013)

3 J20715 GEORGE BLAKE PORTHS

4 NATHI NATHI CTHS

5 J20061 WALTERS KYLE BAC

6 J20588 TANGO NIEUWEN VELAC

7 J20761 KALEMBA JOSHUA MELKAC

8 J20693 ANDREWS JUNAID MPT

Final 2 of 2 Boys 16 200m 15:55 94

WPA 2022: 21.34 (Kyle Appel, BAK, 2013)

3 J20698 SMIDT REZARIO MPT

4 J20235 PETERSEN RIYAAZ ITHEKO

5 J20706 MANDISHONA SILAS PORTHS

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

6	J20335	GEORGE THURSTON	SPAC
7		HLOTYWA ESAM	WALSHS
8	J20694	PELSTON WAYDEN	MPT

Final Men 20 LongJump	16:00	95
WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)		

1	J20340	DU TOIT CORION	SPAC
2	J20341	MUANZA KABUYA	SPAC
3	J20309	PETERSEN STORM	SPAC
4	J20711	ISAACS EVIN	MPT
5	J20060	WALTERS ZANE	BAC
6	J20306	OLIVIER LIAM	SPAC
7	P4184	CASSIEM JAWAAD	ULTRA
8		MAKANA LINDOKUHLE	CPUT
9	J20330	MWAPE GEDEON	PLUMHS
10		NTSHANGASE KWANELE	UCT

Final Men 25 LongJump	16:00	96
WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)		

1	P6217	GREEN KYLE	UWC
2	P6209	SASMAN BEVAN	UWC
3	P212	PEREZ JESSE	MATIES
4		MGOMALALA THOMAS KUDZAI	CPUT
5		LEKABE ATLEGANG	UWC
6		NGQOLA METHEMBE	UCT
7	P7339	MANASSE MIKHAIL	ULTRA
8		MOODIE KEANU	MATIES
9		MIGGEL LUCHEN	IND
10	P5596	FRANCIS ANDREW	SPAC
11	P3105	NKAMBULE LIFA	CPUT

Final Women 20 Javelin	16:00	97
WPA 2022: 51.47 (Tarryn Bright, BAK, 2002)		

Final Women 25 Javelin	16:00	98
WPA 2022: 51.74 (Michelle Bradbury, BAK, 1993)		

1	P216	VAN SCHALKWYK JANA	MATIES
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Final Girls 16 Javelin	16:00	500g	99
WPA 2022: 43.86 (Kayla Reyneke, BAK, 2020)			

1	J20707	FOCI KHANYA	MPT
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Final Girls 18 Javelin	16:00	100
WPA 2022: 53.10 (Anneke Germishuys, TAK, 2015)		

1	J20342	GALLIE SAFIA	SPAC
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Final Girls 16 HighJump	16:00	101
WPA 2022: 1.81 (Elmarie Gerryts, TAK, 1988)		

Final Girls 18 200m	16:00	102
WPA 2022: 24.25 (Janice Josephs, Ridgeville AC, 1999)		

3	J20582	GEORGE TERESKE	VELAC
4	J20717	SARDIEN KAUTHAR	MPT
5	J20663	DE WAAL LILEA	MATIES

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

6 J20598 SOLOMONS JAIME VELAC

Final Girls 16 Polevault 16:00 103

WPA 2022: 3.75 (Sylma Jordaan, TAK, 2000)

Final Girls 18 Polevault 16:00 104

WPA 2022: 3.95 (Annelie van Wyk, TAK, 1999)

Final Women 20 Polevault 16:00 105

WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)

Final Women 25 Polevault 16:00 106

WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)

Final 1 of 3 Boys 18 200m 16:05 107

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

3 J20558 KAMRODIEN ZAMAAN ULTRA
4 P27 SOLOMONS JADEN ITHEKO
5 J20080 MUZOKOMBA PAVASHE BAC
6 J20727 ADAMS LEON MPT
7 J20347 RYAN KIRON TAC

Final 2 of 3 Boys 18 200m 16:05 107

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

3 J20688 TSHANGANA YANDA MPT
4 J20603 LIEBENBERG MATHEW VELAC
5 J20331 GEORGE SHEYLIN SPAC
6 J20553 ISAACS ZAYD ULTRA
7 NHAMO DELAN IND
8 J20336 DRAMAT SHAKUR SPAC

Final 3 of 3 Boys 18 200m 16:05 107

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

3 J20304 CONSTANT BREYTON SPAC
4 J20436 EBRAHIM ISHRAAQ UWC
5 J20633 PERRANG CALEB UWC
6 KADER ZURBAIR MELKAC
7 JACOBS FURQAAN ULTRA
8 J20431 LOMBAART DUWAYNE UWC

Final Women 20 200m 16:10 108

WPA 2022: 23.19 (Esmari le Roux, BAK, 1994)

2 HEERINK-VAN BREDA ALEXANDRA MATIES
3 J20301 JIRI ANGELINA SPAC
4 J20664 LÖTTER TIANÈ MATIES
5 POOLER ENYA MATIES
6 J20025 DU PLESSIS STEFANI BAC
7 CLOETE REIGN-ANTOINETTE PNA
8 SWILE LEAH ATHAC

Final 1 of 2 Men 20 200m 16:15 109

WPA 2022: 20.55 (Marcus la Grange, BAK, 1986)

3 J20602 BOOIS WAYDEN VELAC

Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM

4	JACOBS KAIDEN	MATIES
5	J20643 PLAATJIES DEBRAHANO	UWC
6	J20623 SAMUELS AADAM	UWC
7	J20341 MUANZA KABUYA	SPAC
8	MBOMBO ALIYAH	ITHEKO

Final 2 of 2 Men 20 200m **16:15** **109**

WPA 2022: 20.55 (Marcus la Grange, BAK, 1986)

3	J20591 JOSEPHS LANEY	VELAC
4	J20619 CUMMINGS WASHINGTON	UWC
5	J20069 PAULSE MIKHAEL	BAC
6	J20060 WALTERS ZANE	BAC
7	J20764 NZEMBA NKWELE	MELKAC

Final Women 25 200m **16:20** **110**

1	P299 JOHNSON LARA	MATIES
2	MAKHALIMA SISANDA	CPUT
3	VAN DER HEEVER DESMORENE	PNA
4	P6136 KLERK KAYLIN	UWC
5	P250 CORNELISSEN ANDREA	MATIES
6	P6135 BYMAN LAURE	UWC
7	P2480 ARENDSE SHANNON	BAC
8	ADONIS EMILIA	UWC

Final 1 of 4 Men 25 200m **16:25** **111**

WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)

1	BERGSTEDT ASHWYN	UWC
2	P3071 JAMES EMMANUAL	CPUT
3	P1620 DU PLESSIS MATTHEW	HELHAR
4	P243 HOFFMAN SVEN	MATIES
5	VAN DER MERWE KEEGAN	ITHEKO
6	P5745 ANDREWS GRANT	TAC
7	P3109 SALEMANE THATO	CPUT
8	P2008 NYASHANU NIGEL	UWC

Final 2 of 4 Men 25 200m **16:25** **111**

WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)

2	KHANZI LUVU	CPUT
3	P3091 SEKOME LUCKY	CPUT
4	MAKOLO MUKENDI	SPA HAR
5	P5743 EWERS JOSHUA	TAC
6	NONGAWUZA WANDILE BENJAMIN	CPUT
7	P6137 DEVOS MCDONALD	UWC
8	NGQOLA METHEMBE	UCT

Final 3 of 4 Men 25 200m **16:25** **111**

WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)

2	VAN ROOYEN MITCHELL	UWC
3	P5753 CAESAR JUREAUX	TAC
4	P6142 ABRAHAMS UZAIR	UWC
5	P5751 ENGEL ROSCOE	TAC
6	P5744 CAMERON KURT	TAC

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

7	P3110	MOLETSANE RORISANG	CPUT
8		MADINI AZILE	UWC

Final 4 of 4 Men 25 200m	16:25	111
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

2		LEKABE ATLEGANG	UWC
3	P6228	SHABODIEN ZUBAIR	UWC
4	P6146	BUGAN NATHAN	UWC
5	P4362	PRETORIUS MATT	ITHEKO
6	P3094	VAN WYK IMRAAN CASSIEM	CPUT
7	P6141	ISMAIL TAURIQ	UWC
8	P239	TITUS ELRICH	MATIES

Final Girls 16 1500m	16:35	112
WPA 2022: 04:36.58 (Daniel Victor, University of Stellenbosch, 1994)		

1	J20709	MNGXEKEZA LILITHA	MPT
2	J20722	RUDOLPH ZOE	PORTHS

Final Girls 18 1500m	16:35	113
WPA 2022: 04:18.10 (Elana van Zyl, Robertson High School, 1982)		

1		TERBLANCHE CHLOE	MILHS
2	J20690	BOOYSEN ZONDREA	MPT
3	J20701	VERMAAK CHANE LEE	MPT

Final Women 20 1500m	16:45	114
WPA 2022: 04:10.60 (Tanya Peckham, University of Stellenbosch, 1985)		

1		VEITCH EMMA	RHENHS
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Final Women 25 1500m	16:45	115
WPA 2022: 04:02.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1992)		

1	P1901	TERBLANCHE ANÉL	NEDRC
2	P2968	MACKENZIE PAIGE	RCL
3	P570	CHARALAMBOUS THALIA	R4C
4	P3147	JACOBS KYLA	M&R
5		VAN GRAAN AYNSLEE	RUNCR
6	P224	ROSSOUW LARA	MATIES
7		YANDISWA SHANGE	RCL
8		LYONS MIA	ATHAC
9	P7170	GRIFFITHS KOBIE	NEDRC

Final Boys 16 1500m	16:55	116
WPA 2022: 04:00.50 (Conrad Tesnar, Paul Roos Gimnasium, 1990)		

1	J20135	TAFANA KHANYA	VOB
2		ARENDSE WARRICK	IND
3	J20147	TAFENI HLUMELO	VOB
4		BARNES ZAAKIR	MPT
5	J20150	PENDU KUBONONKE	VOB
6	J20133	BHEBHA SIVE	VOB
7	J20130	MBATSA ASAKHE	VOB

Final Girls 18 HighJump	17:00	117
WPA 2022: 1.82 (Heidi de Kock, Pinelands AC, 1976)		

1	J20307	PRINCE CHELSEA-LEE	SPAC
2	J20305	GREEN CHLOE	SPAC
3	J20342	GALLIE SAFIA	SPAC

**Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM**

Final Girls 16 Discus 17:00 1kg 118

WPA 2022: 40.20 (Maranelle du Toit, BAK, 1993)

1 J20707 FOCI KHANYA MPT

Final Girls 18 Discus 17:00 119

WPA 2022: 47.16 (Theresa Janse van Vuuren, Paarl AC, 1978)

Final Women 20 Discus 17:00 120

WPA 2022: 49.78 (Theresa Janse van Vuuren, Wellington Onderwys Kollege, 1980)

Final Women 25 Discus 17:00 121

WPA 2022: 51.72 (Lize-Marie Coetzer, University of Stellenbosch, 1984)

1 P234 OOSTHUIZEN JANKE MATIES

2 P2418 JORDAAN ZOë BAC

Final Boys 18 1500m 17:00 122

1 J20129 MBATSA INAM VOB

2 J20132 TITUS CHARLTON VOB

3 P28 CIMANI MSINDISI VOB

Final Men 20 1500m 17:05 123

1 J20131 MAKHONXA UZUKHANYE VOB

2 J20164 ROJI CWENGA NEDRC

3 P3096 CHOMA THAKGATSO CPUT

4 J20127 CHEPAPE TUMELO VOB

5 J20762 KALEMBA ESPOIR MELKAC

6 MAKANA LINDOKUHLE CPUT

Final Men 25 1500m 17:10 124

WPA 2022: 03:33.56 (Johan Landsman, University of Stellenbosch, 1993)

1 P1896 LEWIN BRANDON NEDRC

2 P1857 BESTENBIER AUSTIN NEDRC

3 P1454 VAN NIEKERK GEO WELAC

4 P6140 LENTSWE MERE UWC

5 P6161 KOOPMAN JASON UWC

6 P1078 HAMMOND CALVIN NEDRC

7 MCITWA MUSA IND

8 P560 CETWAYO LETHU VOB

9 LUBHELWANA NTSIKELELO CPUT

10 COOKSON MARCEL ULTRA

11 DEE NICHOLAS IND

12 P4575 JURIES CHUBASCO ITHEKO

13 P6130 BOOYSEN CURTIS UWC

14 P166 SOLOMONS DULLAN ATHAC

15 P290 DU PLESSIS ALBERT MATIES

16 P6213 RYK HEINRICH UWC

Final Girls 16 400m 17:20 125

WPA 2022: 0:56.13 (Sonja van der Merwe, TAK, 2007)

4 J20626 VAN STADEN MICHE TYGHS

5 J20706 VAN WYK ELISMA STELAC

Meeting :WPA OPEN MEETING

2022/03/19 at GREEN POINT ATHLETICS STADIUM

Final 1 of 2 Boys 16 400m **17:25** **126****WPA 2022: 0:48.64 (Jayson Weber, BAK, 2016)**

3	J20708	ENSLIN JOHAN	STELAC
4	J20706	MANDISHONA SILAS	PORTHS
5	J20061	WALTERS KYLE	BAC
6	J20694	PELSTON WAYDEN	MPT
7	J20151	DE KLERK LUKE	VOB

Final 2 of 2 Boys 16 400m **17:25** **126****WPA 2022: 0:48.64 (Jayson Weber, BAK, 2016)**

3		HASSEN NIYAZ	TAC
4		* MATTHEW	MPT
5	J20761	KALEMBA JOSHUA	MELKAC
6		TAYLOR MATTHEW	ZWAHS
7	J20337	PETERSEN TRISTIAN	SPAC

Final Girls 18 400m **17:30** **127****WPA 2022: 0:54.90 (Sonja van der Merwe, TAK, 2009)**

4		TERBLANCHE CHLOE	MILHS
5	J20748	STRYDOM DEANÉ	STELAC

Final 1 of 2 Boys 18 400m **17:35** **128****WPA 2022: 0:46.66 (Mark van Soest, TAK, 1999)**

3	J20727	ADAMS LEON	MPT
4	J20431	LOMBAART DUWAYNE	UWC
5	J20633	PERRANG CALEB	UWC
6	J20310	ADONIS ZIYAAD	SPAC
7	J20962	OTITOOLA FIKAYO	MPT

Final 2 of 2 Boys 18 400m **17:35** **128****WPA 2022: 0:46.66 (Mark van Soest, TAK, 1999)**

3		KADER ZURBAIR	MELKAC
4	J20439	WAKEFIELD JUNAUDE	UWC
5	J20344	MARCUS JAMIEL	SPAC
6	J20644	HANSEN RYLE	VELAC
7	J20720	LAMONT REECE	MPT

Final Women 20 400m **17:40** **129****WPA 2022: 0:54.06 (Sonja van der Merwe, TAK, 2010)**

4	J20301	JIRI ANGELINA	SPAC
5		REINEKE JAIXAI	BAC
6		CLOETE REIGN-ANTOINETTE	PNA

Final Men 20 400m **17:45** **130****WPA 2022: 0:46.65 (Kyle Appel, BAK, 2017)**

1	J20300	YON DIONDRE	SPAC
2	P4184	CASSIEM JAWAAD	ULTRA
3	J20764	NZEMBA NKWELE	MELKAC
4	J20643	PLAATJIES DEBRAHANO	UWC
5	J20069	PAULSE MIKHAEL	BAC
6	J20623	SAMUELS AADAM	UWC
7		NTSHANGASE KWANELE	UCT
8	J20341	MUANZA KABUYA	SPAC

Meeting :WPA OPEN MEETING
2022/03/19 at GREEN POINT ATHLETICS STADIUM

Final Women 25 400m	17:50	131
WPA 2022: 0:52.75 (Sonja van der Merwe, TAK, 2012)		

3	ADONIS EMILIA	UWC
4	P6136 KLERK KAYLIN	UWC
5	P242 LEE BRONWIN	MATIES
6	P244 FOGLE JOS	MATIES

Final 1 of 4 Men 25 400m	17:55	132
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

2	CHEME SIMAMKELE	CENTRL
3	P2428 KOTSEDI KHUMO MOTHEO	UCT
4	P7541 HENDRICKS MANEDO	VELAC
5	P3072 THOBIGUNYA SIPHOSETHU	CPUT
6	P1857 BESTENBIER AUSTIN	NEDRC
7	P285 MAREE LINFORD	MATIES
8	MCITWA MUSA	IND

Final 2 of 4 Men 25 400m	17:55	132
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

3	P3095 MAKOFANE KHUTSO	CPUT
4	BEUKES HENK	NEDRC
5	ERASMUS SHANE	MATIES
6	LEKABE ATLEGANG	UWC
7	P251 FLAGG JADEN	MATIES
8	P212 PEREZ JESSE	MATIES

Final 3 of 4 Men 25 400m	17:55	132
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

3	P3090 MAKAMBA ZIPHO	CPUT
4	P6141 ISMAIL TAURIQ	UWC
5	MGOMALALA THOMAS KUDZAI	CPUT
6	P202 ISAACS JERMAINE	MATIES
7	P731 VON DURCKHEIM CHRISTIAN	STELAC
8	P245 KAPANK WAYLON	MATIES

Final 4 of 4 Men 25 400m	17:55	132
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

3	MUKUNA MARCO	UCT
4	P3110 MOLETSANE RORISANG	CPUT
5	P227 ISAACS GARDEO	MATIES
6	P6137 DEVOS MCDONALD	UWC
7	NONGAWUZA WANDILE BENJAMIN	CPUT
8	P239 TITUS ELRICH	MATIES