

# FINAL TIMETABLE



## WPA Senior & Combined Events Championships

**Friday, 25 March & Saturday, 26 March (GREEN POINT)**

### Friday, 25 March 2022

1	18:00	100m	Boys U16	Event 1	Octathlon
2	18:04	100m	Men U18	Event 1	Decathlon
3	18:08	100m	Men U20	Event 1	Decathlon
4	18:12	100m	Men	Event 1	Decathlon
5	18:20	800m	Women	2 x Heats	WPA Seniors
6	18:25	800m	Men	4 x Heats	WPA Seniors
7	18:35	100m Hurdles (76cm)	Women U18	Event 1	Heptathlon
8	18:40	100m Hurdles (84cm)	Women U20	Event 1	Heptathlon
9	18:40	100m Hurdles (84cm)	Women	Event 1	Heptathlon
10		100m Hurdles (84cm)	Women	No Entries	WPA Seniors
11		110m Hurdles (106cm)	Men	No Heats	WPA Seniors
12	18:45	Long Jump	Boys U16	Event 2	Octathlon
13	18:45	Long Jump	Men U18	Event 2	Decathlon
14	18:45	Long Jump	Men U20	Event 2	Decathlon
15	18:45	Long Jump	Men	Event 2	Decathlon
16	18:50	100m	Women	3 x Heats	WPA Seniors
17	19:00	Hammer Throw (4kg)	Women	Final	WPA Seniors
18	19:05	100m	Men	7 x Heats	WPA Seniors
19	19:20	High Jump	Women U18	Event 2	Heptathlon
20	19:20	High Jump	Women U20	Event 2	Heptathlon
21	19:20	High Jump	Women	Event 2	Heptathlon
22	19:25	3000m Steeple Chase (76cm)	Women	Final	WPA Seniors
23	19:30	Triple Jump	Women	Final	WPA Seniors
24	19:40	3000m Steeple Chase (91cm)	Men	Final	WPA Seniors
25	20:00	Shot Put (4kg)	Boys U16	Event 3	Octathlon
26	20:00	Shot Put (5kg)	Men U18	Event 3	Decathlon
27	20:00	Shot Put (6kg)	Men U20	Event 3	Decathlon
28	20:00	Shot Put (7.26kg)	Men	Event 3	Decathlon
29	20:00	200m	Women	3 x Heats	WPA Seniors
30	20:15	200m	Men	6 x Heats	WPA Seniors
31	20:30	Hammer Throw (7.26kg)	Men	Final	WPA Seniors
32	20:45	Triple Jump	Men	Final	WPA Seniors
33	20:35	10000m	Women	Final	WPA Seniors
34	20:35	10000m	Men	Final	WPA Seniors
35	20:45	High Jump	Men U18	Event 4	Decathlon
36	20:45	High Jump	Men U20	Event 4	Decathlon
37	20:45	High Jump	Men	Event 4	Decathlon
38	21:00	Shot Put (3kg)	Women U18	Event 3	Heptathlon
39	21:00	Shot Put (4kg)	Women U20	Event 3	Heptathlon
40	21:00	Shot Put (4kg)	Women	Event 3	Heptathlon
41	21:25	400m	Boys U16	Event 4	Octathlon
42		1500m	Women	No Heats	WPA Seniors
43	21:45	1500m	Men	2 x Heats	WPA Seniors
44	22:00	200m	Women U18	Event 4	Heptathlon
45	22:05	200m	Women U20	Event 4	Heptathlon

46	22:05	200m	Women	Event 4	Heptathlon
47	22:15	400m	Women	2 x Heats	WPA Seniors
48	22:20	400m	Men	5 x Heats	WPA Seniors
49	22:35	400m	Men U18	Event 5	Decathlon
50	22:40	400m	Men U20	Event 5	Decathlon
51	22:45	400m	Men	Event 5	Decathlon

### **Saturday, 26 March 2022**

52	10:00	90m Hurdles (76cm)	Girls U16	Event 1	Pentathlon
53		Pole Vault	Men	No Entries	WPA Seniors
54	10:00	High Jump	Women	Final	WPA Seniors
55	10:00	Shot Put (4kg)	Women	Final	WPA Seniors
56	10:00	Javelin Throw (800g)	Men	Final	WPA Seniors
57	10:10	110m Hurdles (91cm)	Men U18	Event 6	Decathlon
58	10:15	110m Hurdles (98cm)	Men U20	Event 6	Decathlon
59	10:20	110m Hurdles (106cm)	Men	Event 6	Decathlon
60	10:30	110m Hurdles (106cm)	Men	Final	WPA Seniors
61		100m Hurdles (84cm)	Women	No Entries	WPA Seniors
62	10:45	100m Hurdles (84cm)	Boys U16	Event 5	Octathlon
63	10:55	100m	Men	3 x Semi-Final	WPA Seniors
64	11:00	Long Jump	Men	Final	WPA Seniors
65	11:05	800m	Women	Final	WPA Seniors
66	11:15	800m	Men	Final	WPA Seniors
67	11:15	High Jump	Girls U16	Event 2	Pentathlon
68		Pole Vault	Women	No Entries	WPA Seniors
69	11:30	Javelin Throw (600g)	Women	Final	WPA Seniors
70	11:30	Discus Throw (1,5kg)	Men U18	Event 7	Decathlon
71	11:30	Discus Throw (2kg)	Men U20	Event 7	Decathlon
72	11:30	Discus Throw (2kg)	Men	Event 7	Decathlon
73	11:30	Shot Put (7.26kg)	Men	Final	WPA Seniors
74	12:00	200m	Men	3 x Semi-Final	WPA Seniors
75	12:00	High Jump	Boys U16	Event 6	Octathlon
76		400m Hurdles (76cm)	Women	No Entries	WPA Seniors
77	12:15	Shot Put (3kg)	Girls U16	Event 3	Pentathlon
78		400m Hurdles (91cm)	Men	No Heats	WPA Seniors
79	13:00	Pole Vault	Men U18	Event 8	Decathlon
80	13:00	Pole Vault	Men U20	Event 8	Decathlon
81	13:00	Pole Vault	Men	Event 8	Decathlon
82	13:00	Long Jump	Girls U16	Event 4	Pentathlon
83	13:00	Long Jump	Women U18	Event 5	Heptathlon
84	13:00	Long Jump	Women U20	Event 5	Heptathlon
85	13:00	Long Jump	Women	Event 5	Heptathlon
121	13:30	400m	Men	2 x Semi-Final	WPA Seniors
86	14:00	100m	Women	Final	WPA Seniors
87	14:00	Discus Throw (1kg)	Women	Final	WPA Seniors
88	14:00	High Jump	Men	Final	WPA Seniors
89	14:00	Javelin Throw (600g)	Boys U16	Event 7	Octathlon
90	14:05	100m	Men	Final	WPA Seniors
91	14:20	800m	Girls U16	Event 5	Pentathlon
92	14:30	1500m	Women	Final	WPA Seniors
93	14:40	1500m	Men	Final	WPA Seniors
94	15:00	Javelin Throw (500g)	Women U18	Event 6	Heptathlon
95	15:00	Javelin Throw (600g)	Women U20	Event 6	Heptathlon
96	15:00	Javelin Throw (600g)	Women	Event 6	Heptathlon
97		400m Hurdles (76cm)	Women	No Entries	WPA Seniors
98	15:00	Long Jump	Women	Final	WPA Seniors

99	15:10	400m Hurdles (91cm)	Men	Final	WPA Seniors
100	15:30	200m	Women	Final	WPA Seniors
101	15:30	200m	Men	Final	WPA Seniors
102	15:30	Discus Throw (2kg)	Men	Final	WPA Seniors
103	15:45	1000m	Boys U16	Event 8	Octathlon
104	16:00	Javelin Throw (700g)	Men U18	Event 9	Decathlon
105	16:00	Javelin Throw (800g)	Men U20	Event 9	Decathlon
106	16:00	Javelin Throw (800g)	Men	Event 9	Decathlon
107	16:50	800m	Women U18	Event 7	Heptathlon
108	16:50	800m	Women U20	Event 7	Heptathlon
109	16:50	800m	Women	Event 7	Heptathlon
110	17:00	400m	Women	Final	WPA Seniors
111	17:05	400m	Men	Final	WPA Seniors
112	17:15	5000m	Women	Final	WPA Seniors
113	17:45	1500m	Men U18	Event 10	Decathlon
114	17:45	1500m	Men U20	Event 10	Decathlon
115	17:45	1500m	Men	Event 10	Decathlon
116	18:00	4 x 100m Relay	Women	Final	WPA Seniors
117	18:05	4 x 100m Relay	Men	Final	WPA Seniors
118	18:15	5000m	Men	Final	WPA Seniors
119	18:45	4 x 400m Relay	Women	Final	WPA Seniors
120	18:50	4 x 400m Relay	Men	Final	WPA Seniors

**Age groups:**

Under 16	Born in 2007 and 2008
Under 18	Born in 2005 and 2006
Under 20	Born in 2003 and 2004
Senior Men/Women	Born in 2002, 2001, 2000 and earlier

**Athletes born in 2009 and later will not be allowed to compete at this meeting.**

**Entry fees (payable at the gate):**

WPA Open events - R30 per athlete per day  
Spectators - R30 per day  
Spectators younger than 10 years - R10 per day

**ENTRIES FOR THE WPA SENIOR & COMBINED EVENTS CHAMPIONSHIPS CLOSE on 20 MARCH 2022**