



WESTERN PROVINCE ATHLETICS

WPA U16, U18 & U20 Age Group Championships – 10 to 12 March 2022 – Parow Athletics Track

Competition rules

1. Athletes are required to wear both license numbers. The competition bib will be worn in line with rules set out by ASA



2. Only athletes competing in their respective club colours will count for any team competition. (eg relays)
3. Athletes are required to report to the call room and will be escorted from there to the competition arena.
4. Athletes entering for an event and failing to report, without prior warning or a medical certificate will not be eligible to compete in any other subsequent event.
5. Unless otherwise stated, where the program for the meeting provides for heats and finals, if there are no heats the final will take place at the time and date set aside for the final.
6. Progression from heats to semis or finals will be determined by the number of athletes entered for that event. Rules for progression will be communicated at the championships.
7. For endurance events 3000m and up, there will be cut off times and athletes will be removed from competition as well as when being lapped to ensure that the competition can remain on time for as far as possible.
8. Starting distances and heights will be implemented for field events in line with rules set out as per the national championships. (To be confirmed)
9. The 800m events starting methods will be determined by the number of entries.

Between 20-29 athletes it will be bunch started.

30 or more will be split into groups of 15

10. Appeals process:

There will be a 30minute window after the official announcement of the race to lodge an appeal. There will be an independent panel to adjudicate the process and a fee of R500 will be payable before any appeal will be accepted. You will be refunded in the event that the appeal is ruled in the athlete's favour. Documents pertaining to the appeal can be collected at the TIC.

11. Athletes entered for events happening simultaneously needs to adhere to the following:

When entered as an example for the 100m as well as long jump, the athlete needs to report to the officials at both events. The athlete will then be allowed to compete in the 100m and be allowed to enter the long jump competition at the completion of the race. The athlete however will enter the event at the current competition round that is happening. If for example the competition is in round 4, the athlete will enter at that round and only have 2 jumps in his/her turn.

12. Relay teams will be entered on the day at least 2 hours prior to the start of the event.

13. WPA is NOT responsible for providing safety pins.

14. In the event of a medal ceremony athletes will be require wearing their club tracksuits or their running attire in the event they do not have a tracksuit

Medal Ceremony Schedule:

| Time | Events | Date |
|-------|---|---------------|
| 19h30 | 2,3,4,5 | 10 March 2022 |
| 21h50 | 11,12,13,14,15,16,17,18,19,20,21,22,23,24 | 10 March 2022 |
| | | |
| 19h30 | 46,47,48,49 | 11 March 2022 |
| 21h10 | 53,54,55,56,57,58,59,60,61,62 | 11 March 2022 |
| 21h50 | 65,66,67,68 | 11 March 2022 |
| | | |
| 10h00 | 87,88,89,90 | 12 March 2022 |
| 11h00 | 97,98,99,100,101,102,103,104 | 12 March 2022 |
| 12h00 | 111,112,113,114,115,116,117,118,119 | 12 March 2022 |
| 13h00 | 120,121,122,123,124,125,126,127,128,129,130,131 | 12 March 2022 |
| 13h30 | 132,133,134,135,136,137 | 12 March 2022 |
| 14h40 | 138,139,140,141,142,143,144,145,146 | 12 March 2022 |
| 15h40 | 147,148,149,150,151,152,153,154,155 | 12 March 2022 |
| 16h20 | 156,157,158,159,160,161,162,163,164 | 12 March 2022 |
| 17h25 | 165,166,167,168,169,170 | 12 March 2022 |
| 17h55 | 171,172,173,174,175,176 | 12 March 2022 |