

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

Start sheets (All Events)

Final Girls 16 5km Walk	07:00	1
WPA 2022: 28:27.70 (Anandi Coetzee, BAK, 2004)		

1	STRYDOM NINA	PRLVAL
2	KEYSER SIMONE	PRLVAL

Final Girls 18 5km Walk	07:00	2
WPA 2022: 28:27.70 (Anandi Coetzee, BAK, 2004)		

1	JOUBERT AMORETTE	PRLVAL
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Final Boys 16 5km Walk	07:00	3
WPA 2022: 26:50.70 (Armond Nel, BAK, 2005)		

1	J20397 NDABAMBI SISONKE	GUGS
2	STRYDOM HUGO	PRLVAL
3	KEYSER ZUNDAY	PRLVAL

Final Women 20 5000m	08:00	4
WPA 2022: 16:02.55 (Elana van Zyl, Robertson High School, 1984)		

1	SIGRIST AMELIE	PRLVAL
2	J20348 MTHWAZI LULUTHO	GUGS

Final Women 25 5000m	08:00	5
WPA 2022: 14:44.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1993)		

Final Men 20 5000m	08:00	6
WPA 2022: 13:59.01 (Zolani Bhitane, Harmony AC, 2004)		

Final Men 25 5000m	08:00	7
WPA 2022: 13:30.40 (Ewald Bonzet, BAK, 1978)		

1	P125 HENDRICKS DEON LEE	ATHACD
2	P1608 MGUDLWA SIPHESIHLE	CPUT
3	ROSSOUW RUDOLF	WRAC
4	P1931 KIRBY JOSHUA	KUILAC
5	P732 HIRBO YOHANNES	NEDRC
6	P2809 BELILLIE ALANTINO	IND
7	P733 CALOTHI GREG	NEDRC
8	P750 COOPER ANDREW	NEDRC
9	P730 COOPER MIGUEL	NEDRC

Final Boys 16 300m Hurdles	08:30	8
WPA 2022: 38.47 (Naeem Jack, Itheko, 2021)		

1	LEWIS ZUBAIR	TAC
2	MEIRING SIMON	BAC
3	HODSON ZHANDRAY	PORTHS
4	WALTERS KYLE	BAC
5	HENDRICKS CADEN	PORTHS
6	MKONYOVU THANDAZILE	BAC

Final Girls 16 300m Hurdles	08:40	9
WPA 2022: 41.36 (Chantelle Terblanche, BAK, 2000)		

1	HEWITT SHANNON	BAC
2	UYS EMMA	DETYG
3	HAEL RAYEACSA CAYRA	SCOTHS
4	LE ROUX TIHANNA	PRLVAL

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

5	J20201	TEN CATE AMY	BAC
Final Girls 18 400m Hurdles			08:50
			10
WPA 2022: 0:58.77 (Chantelle Terblanche, BAK, 2002)			
1		MOSTERT MEKE	PRLGIM
2	J20206	OBERHOLZER LANA	BAC
3		GROBLER LEANDRA	BAC
Final Women 20 400m Hurdles			08:50
			11
WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)			
Final Women 25 400m Hurdles			08:50
			12
WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)			
Final Boys 18 400m Hurdles			09:00
			13
WPA 2022: 0:51.24 (Tiaan Mouton, BAK, 2011)			
1		WESTRAAT MARAIS	STRAND
2		SALIE CJ	PORTHS
3		CONSTANT JUNAID	PORTHS
4		KATINGA JODY	PORTHS
Final Men 20 400m Hurdles			09:00
			14
WPA 2022: 0:50.44 (Eugene van der Westhuizen, Paul Roos Gimnasium, 1993)			
1		FIPAZA MVELO	TAC
Final Men 25 400m Hurdles			09:00
			15
WPA 2022: 0:49.95 (Kobus Burger, University of Stellenbosch, 1985)			
1	P1855	SOLOMONS TAARIQ	BAC
2		PIETERSEN LIAM	MATIES
Final Women 20 HighJump			09:00
			16
WPA 2022: 1.85 (Heidi de Kock, Pinelands AC, 1977)			
1	J20170	ESTERHUYSEN ANJA	BAC
Final Women 25 HighJump			09:00
			17
WPA 2022: 1.87 (Desireé du Plessis, BAK, 1993)			
Final Boys 18 TripleJump			09:00
			18
WPA 2022: 15.51 (Simeon Mars, SPAAC, 2002)			
1		CONSTANT JUNAID	PORTHS
2		CILLIERS DANIEL	PRLVAL
Final Men 25 Shotput			09:00
			19
WPA 2022: 19.81 (John van Reenen, University of Stellenbosch, 1970)			
1		VAN DER WESTHUIZEN EDWILL	BAC
2	P232	WIENER SHUKRI	PINEAC
3	P4193	FIELD JAMIE	ULTRA
Final Women 20 Discus			09:00
			20
WPA 2022: 49.78 (Theresa Janse van Vuuren, Wellington Onderwys Kollege, 1980)			
1	J20351	SOPHILE SIBONGILE	GUGS
Final Women 25 Discus			09:00
			21
WPA 2022: 51.72 (Lize-Marie Coetzer, University of Stellenbosch, 1984)			
1	P1870	DU TOIT ALETTA	BAC
2		DE JAGER ESTÉ	IND
3	J20195	JORDAAN ZOë	BAC

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

4		VAN DER WESTHUIZEN CLAUDIA	IND
5	J20358	SOPHILE SIBULELE	GUGS
6		GELDERBLOEM ELZANI	UWC
7	J20093	LANGENHOVEN BIANCA	MPT
8	P1875	GROBBELAAR ELIZE	BAC
9		SANDER CHARMAINE	IND
10	J20355	SIMANGA SIPHOKAZI	GUGS

Final Girls 16 1500m	09:15	22
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WPA 2022: 04:36.58 (Daniel Victor, University of Stellenbosch, 1994)

1		KRUGER TABITA	PRLVAL
2		ABRAHAMS TREZITA	PORTHS
3		MALONGA-MUNGENGA YASMIN	WITHS
4		LAWSON JOLE	SPESP

Final Girls 18 1500m	09:23	23
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WPA 2022: 04:18.10 (Elana van Zyl, Robertson High School, 1982)

1		TULIS LEONA	PRLVAL
2		ROOTHMAN ZANNE	BLOEMH
3		SMITH ALICIA	PORTHS
4		VISSER ANIKA	BAC
5		ANDREWS CHLOE	PORTHS
6		VERMAAK CHANE LEE	PORTHS

Final Women 20 Polevault	09:30	24
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WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)

Final Women 25 Polevault	09:30	25
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WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)

Final Women 20 1500m	09:31	26
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WPA 2022: 04:10.60 (Tanya Peckham, University of Stellenbosch, 1985)

1	J20248	JOOSTE TAMICA	UWC
2	J410	BRUGMAN KARLA	STELHS

Final Women 25 1500m	09:31	27
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WPA 2022: 04:02.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1992)

1	P135	MGQOBOKA NOBUNTU	GUGS
2	P736	GRIFFITHS KOBIE	NEDRC
3		ROBINSON ASSNIQUE	UWC

Final Boys 16 1500m	09:39	28
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WPA 2022: 04:00.50 (Conrad Tesnar, Paul Roos Gimnasium, 1990)

1	J20008	MBATSA ASAKHE	VOB
2		VISAGIE DIEGO	EKAC
3	J20252	CHIROMBE ANESU	UWC
4		MARKGRAAF DARIUS	PRLVAL
5		OPPERMAN JAIDON	EAC
6	J3125	RICHTER JOHANN	PRLBH
7		ARENDS MATTHEW	PORTHS
8	J20366	PENDU KUBOBONKE	GUGS
9	J20379	DAMARA BUDROEDIEN	VELAC
10		MALHERBE STEPHANUS	DURHS

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

11	J20538	HACKING GRANT	VOB
12		JOHNSON JAMIAL	PRLVAL
13		HODSON ZHANDRAY	PORTHS
14		SMITH KIERIN	PORTHS

Final Girls 16 LongJump	09:45	29
WPA 2022: 5.83 (Carla Johnson, SPAAC, 2012)		

1	J20208	CHALMERS ALISON	BAC
2	J20517	CROUS QAADIRAH	ULTRA
3		UDENZE CHISOM	TAC
4		ISAACS MADISON	IND

Final Girls 18 LongJump	09:45	30
WPA 2022: 6.20 (Luzaan du Preez, TAK, 1988)		

1		KORDOM EMILY	TAC
2		CORBITT SAADIQA	PORTHS
3	J20433	LOUW CELEST	EKAC

Final Boys 18 1500m	09:47	31
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1	J20779	HACKING GARRETT	VOB
2		LOUW GIANI	EAC
3		GIBSON ANGUS	FHAC
4	J20076	MOOLLA MIKAEEL	ISCT
5		ROBSON KAYLEM	PORTHS
6		AFRIKA ZANDRÉ	UWC
7	J20258	TITUS CHARLTON	VOB
8		LOUW GIANO	EAC
9		SNAYERS SERGIO	PORTHS
10	J20247	JOOSTE WAYLON	UWC
11	J20009	MBATSA INAM	VOB

Final Men 20 1500m	09:55	32
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1		SMITH CHAD	PORTHS
2	J20868	JALI LUBABALO	GUGS
3	J20212	BOOYSEN OWEN	KUILAC
4		MILES ETHAN	EAC
5		DU PLESSIS TJAARD	NEDRC
6		BLANKENBERG JUNNIOHIO	PORTHS
7	J20027	MBALI ERIC	NEDRC

Final Men 20 Shotput	10:00	33
WPA 2022: 18.30 (Zane Weir, UCT, 2014)		

1	J20141	SOEKOE PIETER DIRK	BAC
2	J20950	GELDENHUYS NICO	BAC
3	J20153	JOUBERT WESSEL	BAC
4	J3091	KLYNSMITH JOHN-OLIVER	MATIES
5	P4184	CASSIEM JAWAAD	ULTRA

Final Men 20 Javelin	10:00	34
WPA 2022: 75.72 (Rocco van Rooyen, TAK, 2011)		

1		SASSMAN CAMERON	PORTHS
2		SOLOMON JAMIE	PORTHS

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

3 J20141 SOEKOE PIETER DIRK BAC

Final Girls 18 Discus 10:00 35

WPA 2022: 47.16 (Theresa Janse van Vuuren, Paarl AC, 1978)

1		SOLOMON JESSÉ	BAC
2		LÖTTER JANNEKE	BAC
3	J20171	PIETERSE KANYA	BAC
4		WILMOT CHLOE	DFM
5	J20144	CRONJE CHARLOTTE	BAC
6		SCHOLTZ XANTÉ	DFM
7		VAN NIEKERK KAMISHA	PORTHS
8	J20147	GOUWS ANJA	BAC
9		SERROTTI CHLOE	TAC

Final Men 25 1500m 10:03 36

WPA 2022: 03:33.56 (Johan Landsman, University of Stellenbosch, 1993)

1		NKWEBA SIYANDA	PNA
2	J20061	GORDON TYRONE	EAC
3		RATZ ROWHALDO	ATHACD
4		NGALWANA SIMANGALISO	NEDRC
5	P2044	KOOPMAN JASON	UWC
6	P2914	BOOYSEN CURTIS	ITHEKO
7	P236	DA SILVA AZEVEDO ALEXANDRO	MATIES
8		BYMAN TYRON	EAC
9	P123	VON MOLENDIRFF MELT	ATHACD
10	P730	COOPER MIGUEL	NEDRC
11	P2916	LOTT KEATON	ITHEKO
12	P1663	KOTZE AUBREY	EAC
13	P125	HENDRICKS DEON LEE	ATHACD
14	P717	BESTENBIER AUSTIN	NEDRC
15	P716	BESTENBIER OSCAR	NEDRC

Final 1 of 2 Girls 16 200m 10:15 37

WPA 2022: 24.40 (Chantelle Terblanche, BAK, 2000)

1		CANFIELD AAMAAL	BCAC
2		VEROTINE SASKIA	ANTON
3		EDROSS JALEELA	UWC
4	J21254	LANGEVELDT LISA	BAC
5	J20201	TEN CATE AMY	BAC

Final 2 of 2 Girls 16 200m 10:15 37

WPA 2022: 24.40 (Chantelle Terblanche, BAK, 2000)

1		ROUX JACQUELINE	UWC
2		HENDRICKS SHAKIRA	BAC
3		ISAACS MADISON	IND
4		UDENZE CHISOM	TAC
5	J20143	VORSTER SOPHIA	BAC

Final Men 20 HighJump 10:15 38

WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Boys 16 200m **10:21** **39**

WPA 2022: 21.34 (Kyle Appel, BAK, 2013)

1		PETERSEN RIYAAZ	ITHEKO
2		BUTLER RAFEEQ	PORTHS
3	P26	JACK NAEEM	ITHEKO
4		GEORGE BLAKE	PORTHS
5		HENDRICKS CADEN	PORTHS
6		PELSTON WAYDEN	PORTHS

Final Girls 18 200m **10:30** **40**

WPA 2022: 24.25 (Janice Josephs, Ridgeville AC, 1999)

1		BRENNER ZAINUP	TAC
2		CORBITT SAADIQA	PORTHS
3		KARRIEM NABOEWEYAH	UWC
4		BESTER YUSRAH	BCAC
5		BOSMAN ANKIA	DURHS
6	J20762	WALKER TAYLIAH	ITHEKO
7		MUTANGIRI ALICIA	ATHACD

Final 1 of 3 Boys 18 200m **10:36** **41**

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

1	J20512	ISAACS ZAYD	ULTRA
2		SCHROEDER CHAD	TAC
3	J20767	FLUKS COLE	ITHEKO
4	J20448	MULLER ANDRÉ	EKAC
5		GERTSE ZAC	PORTHS
6	J20389	PETERSEN KEERACO	VELAC
7		DAVIDS DIEGO	UWC
8		LAMONT REECE	PORTHS

Final 2 of 3 Boys 18 200m **10:36** **41**

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

1		TSHANGANA YANDA	PORTHS
2	J20172	TOLMIE DEJEAN	BAC
3		MAURICE RIO	STELHS
4	J20449	AFRIKA EURIQUIN	EKAC
5	J20521	KAMRODIEN ZAMAAN	ULTRA
6		PERRANG CALEB JONATHAN	UWC
7	J20384	CEASAR DUWAYNE	VELAC
8		KOTZEE ETHAN	TAC

Final 3 of 3 Boys 18 200m **10:36** **41**

WPA 2022: 20.57 (Kyle Appel, BAK, 2015)

1		LIEBENBERG MATHEW	VELAC
2	J20513	JACOBS FURQAAN	ULTRA
3	J202207	LEHMENSICH CHRISTIAAN	BAC
4		FISHER GERSHOM	WYNSSS
5		RYAN KIRON	TAC
6		STEYN ZINEDINE	PORTHS
7	J20436	EIMAN LATHAM	EKAC
8		THOMAS ZONG	PORTHS

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

Final Women 20 LongJump	10:45	42
WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)		

1	JONATHAN AMY	TAC
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Final Women 25 LongJump	10:45	43
WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)		

1	NZIHOU-NGOMA BRICIA	TAC
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Final Women 20 200m	10:48	44
WPA 2022: 23.19 (Esmari le Roux, BAK, 1994)		

1	JONATHAN AMY	TAC
2	J259 CLOETE REIGN-ANTOINETTE	PNA
3	J21253 LANGEVELDT JADE	BAC
4	ELIAS DENICHA	UWC
5	APPEL KELSEY	PRLVAL
6	DU PLESSIS STEFANI	BAC
7	VAN DER MERWE ISOBELLA	BAC
8	JOHNSON EMMA	BAC

Final 1 of 2 Women 25 200m	10:52	45
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1	J20231 KEYS ALECIA	UWC
2	CORBETT MELISSA	TAC
3	MENTOOR MICAELA	PRLVAL
4	ARENDSE SHANNON	BAC
5	J20230 RHODE CHELSEA-ANN	UWC

Final 2 of 2 Women 25 200m	10:52	45
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1	ADONIS EMILIA	UWC
2	P1844 KOTZE RETHA	BAC
3	JONATHAN LAUREN	IND
4	JONATHAN LAUREN	TAC
5	J20140 VAN HEERDEN COURTNEY	UWC

Final 1 of 2 Men 20 200m	11:00	46
WPA 2022: 20.55 (Marcus la Grange, BAK, 1986)		

1	MAY KURWIN	PORTHS
2	PAULSE MIKHAEL	BAC
3	J20126 ABRAHAMS NICHOLAS	UWC
4	P3361 MARTIN WIAAN	STELHS
5	WAKEFIELD JUNAUDE	UWC

Final 2 of 2 Men 20 200m	11:00	46
WPA 2022: 20.55 (Marcus la Grange, BAK, 1986)		

1	SASSMAN CAMERON	PORTHS
2	PAGE EUGENE	UWC
3	J20428 REUTER DANIEL	BONAC
4	J20142 SOCHOP KEANAN	BAC
5	PAULSE MIKHAIL	PORTHS

Final Girls 16 Polevault	11:00	47
WPA 2022: 3.75 (Sylma Jordaan, TAK, 2000)		

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Girls 18 Polevault	11:00	48
WPA 2022: 3.95 (Annelie van Wyk, TAK, 1999)		

Final Women 20 Shotput	11:00	49
WPA 2022: 16.47 (Maranelle du Toit, BAK, 1997)		

1	J20351	SOPHILE SIBONGILE	GUGS
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Final Women 25 Shotput	11:00	50
WPA 2022: 17.08 (Maranelle du Toit, BAK, 2002)		

1	J20195	JORDAAN ZOë	BAC
2	P1870	DU TOIT ALETTA	BAC
3	J20358	SOPHILE SIBULELE	GUGS
4		GELDERBLOEM ELZANI	UWC
5	J20093	LANGENHOVEN BIANCA	MPT
6	P1875	GROBBELAAR ELIZE	BAC
7	J20355	SIMANGA SIPHOKAZI	GUGS
8		SANDER CHARMAINE	IND

Final Men 25 Javelin	11:00	51
WPA 2022: 87.62 (Rocco van Rooyen, BAK, 2020)		

1	P3545	SEPTEMBER KEANIN	EKAC
2	P232	WIENER SHUKRI	PINEAC
3	P4193	FIELD JAMIE	ULTRA

Final Boys 18 Discus	11:00	52
WPA 2022: 54.86 (Dirk Hanekom, Strand AC, 1983)		

1		MOHR CARL-HEINZ	DFM
2		WYNGAARD MATTHEW	PORTHS
3		SCHOEMAN MARCUS	DFM
4	J20200	BURGESS JORDAN	BAC
5		SANDER NATHAN	PRGIM
6		STEENKAMP RONAN	PRLVAL
7		SMITH THEORY	PORTHS
8	J20350	SOPHILE MBULELO	GUGS

Final 1 of 3 Men 25 200m	11:15	53
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

1	P1604	TUIS NATHI	CPUT
2	P1084	NTUTU JONATHAN	TAC
3		PIETERSEN LIAM	MATIES
4		SAMANGA ANGELO SMANGALISO	UWC
5		WELCOME TAHRIQ	ITHEKO
6		BUGAN NATHAN	UWC
7		CAESAR JUREAUX	TAC

Final 2 of 3 Men 25 200m	11:15	53
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

1		CHEME SIMAMKELE	PORTHS
2		EWERS JOSHUA	TAC
3		OERSON BENEDICT	PNA
4		JOSIAS JESSE	UWC
5		DREYER JONATHAN	ITHEKO
6	J20589	JAHWI BLESSED	STRAND

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

7 J20030 JOHNSON KIAN NEDRC

Final 3 of 3 Men 25 200m 11:15 53

WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)

1	P3539	ONTONGH MIKYLE	EKAC
2		CAMERON KURT	TAC
3		ISAACS JERMAINE	MATIES
4	P906	NORMAN KYLE	MADAC
5	P2008	NYASHANU NIGEL	UWC
6		PRETORIUS MATT	ITHEKO
7		SIMON CAMERON	PNA

Final Girls 16 1500m SteepleChase 11:30 54

WPA 2022: 05:42.72 (Anika Visser, BAK, 2020)

1		KRUGER TABITA	PRLVAL
2		LE ROUX TIHANNA	PRLVAL

Final Boys 16 1500m SteepleChase 11:30 55

WPA 2022: 04:28.09 (Shaun Zuzani, New Balance AC, 2004)

1		JOHNSON JAMIAL	PRLVAL
2		PRINS CHRISTOFF	PRLBH
3		MARKGRAAF DARIUS	PRLVAL
4	J3125	RICHTER JOHANN	PRLBH

Final Men 25 HighJump 11:30 56

WPA 2022: 2.27 (Gavin Lendis, SPAAC, 1997)

Final Girls 18 2000m SteepleChase 11:40 57

WPA 2022: 07:17.34 (Nadine Visser, BAK, 2020)

1		TULIS LEONA	PRLVAL
2	J3378	CORNELIUS ROWALDO	ATHACD

Final Men 20 LongJump 11:45 58

WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)

1		TITO ISMA-EEL	UWC
2		WALTERS ZANE	BAC

Final Men 25 LongJump 11:45 59

WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)

1	P4194	MANASSE MIKHAIL	ULTRA
2	P3546	LINKS JOHN-DEAN	EKAC
3		VAN WYK IMRAAN CASSIEM	CPUT
4		HARTLEY WARREN	EGAC

Final Boys 18 2000m SteepleChase 11:52 83.8cm 60

WPA 2022: 06:32.10 (Ameron Cona, Bottelary AC, 2020)

1		KLAAS LIHLE	PRLVAL
2		DE JAGER DAVID	PRLVAL

Final Boys 16 Shotput 12:00 5kg 61

WPA 2022: 17.85 (JP van der Spuy, BAK, 2001)

1		VAN DEVENTER JANU	BAC
2		LE ROUX JUAN-JOZé	BAC
3	J20152	JOUBERT MIGAEL	BAC
4		PARKER ANTHONY	DFM
5		PAXTON JAMES	PRLVAL

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

6 SCHNABEL EMIL BAC

Final Boys 18 Javelin 12:00 62

WPA 2022: 83.16 (Morné Moolman, BAK, 2011)

1 SMITH THEORY PORTHS
2 VAN GREUNING SCHALK DFM
3 CILLIERS DANIEL PRLVAL
4 WYNGAARD MATTHEW PORTHS

Final Men 20 Discus 12:00 63

WPA 2022: 55.08 (Karl Ueckermann, BAK, 1993)

1 J20153 JOUBERT WESSEL BAC
2 J20950 GELDENHUYS NICO BAC
3 P4184 CASSIEM JAWAAD ULTRA
4 SOLOMON JAMIE PORTHS
5 J20141 SOEKOE PIETER DIRK BAC
6 P22 SMIT CHRISTOPHER STRAND

Final Men 25 Discus 12:00 64

WPA 2022: 68.48 (John van Reenen, University of Stellenbosch, 1975)

1 DE JAGER MARCELLE CPUT
2 P232 WIENER SHUKRI PINEAC
3 VAN DER WESTHUIZEN EDWILL BAC

Final Women 20 3000m SteepleChase 12:02 65

WPA 2022: 10:46.09 (Destiny Tieties, Adidas AC, 2006)

1 J20472 CILLIERS MARIETJIE PRLVAL

Final Men 20 3000m SteepleChase 12:02 66

WPA 2022: 08:42.86 (Anthony Godongwana, Celtic Harriers AC, 2003)

1 J20027 MBALI ERIC NEDRC

Final Men 25 3000m SteepleChase 12:17 67

WPA 2022: 08:29.30 (Johan Daffue, University of Stellenbosch, 1981)

1 ARENDSE DANIEL EKAC
2 NGALWANA SIMANGALISO NEDRC
3 HARTLEY WARREN EGAC

Final Women 25 3000m SteepleChase 12:17 68

WPA 2022: 10:20.72 (Nolene Conrad, Liberty Nike AC, 2005)

Final Men 20 Polevault 12:30 69

WPA 2022: 5.21 (Pieter Brits, University of Stellenbosch, 1994)

Final Men 25 Polevault 12:30 70

WPA 2022: 5.90 (Okkert Brits, University of Stellenbosch, 1994)

Final Girls 16 400m 12:40 71

WPA 2022: 0:56.13 (Sonja van der Merwe, TAK, 2007)

1 HENDRICKS SHAKIRA BAC
2 UYS EMMA DETYG
3 J20517 CROUS QAADIRAH ULTRA
4 KRUGER TABITA PRLVAL
5 DAVIDS AMMAARAH TAC
6 J20727 CHARLES RACHEL SOUSTR

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

7	FOURIE MIECKE	PRLVAL		
Final Boys 16 400m		12:48		72
WPA 2022: 0:48.64 (Jayson Weber, BAK, 2016)				
1	ADAMS LEON	PORTHS		
2	JORDAN VAYGAN	BCAC		
3	TAYLOR MATTHEW	ZWAHS		
4	BUTLER RAFEEQ	PORTHS		
5	PRINCE TIYARN	ZWAHS		
Final Girls 18 400m		12:56		73
WPA 2022: 0:54.90 (Sonja van der Merwe, TAK, 2009)				
1	BOSMAN ANKIA	DURHS		
2	KORDOM EMILY	TAC		
3	J20402 GOERGE TERESKE	VELAC		
Final Girls 16 HighJump		13:00		74
WPA 2022: 1.81 (Elmarie Gerryts, TAK, 1988)				
1	ROSENSTRAUCH ANYA	PRLVAL		
2	BALIE LUCIA	BCAC		
3	TITUS ANNEKE	PRLVAL		
Final Boys 16 LongJump		13:00		75
WPA 2022: 6.64 (Le Roux van Aarde, Swartland High School, 1992)				
1	SMIT SEBASTIAN	GENSW		
Final Boys 18 LongJump		13:00		76
WPA 2022: 7.57 (Julian Karolus, TAK, 2005)				
1	RYAN KIRON	TAC		
2	LAMONT REECE	PORTHS		
3	CILLIERS DANIEL	PRLVAL		
4	KOTZEE ETHAN	TAC		
Final Boys 18 Shotput		13:00		77
WPA 2022: 17.63 (JP van der Spuy, BAK, 2003)				
1	SMITH THEORY	PORTHS		
2	J20350 SOPHILE MBULELO	GUGS		
3	J20200 BURGESS JORDAN	BAC		
4	STEENKAMP RONAN	PRLVAL		
5	KAPP JOSHUA	DFM		
6	WYNGAARD MATTHEW	PORTHS		
7	SANDER NATHAN	PRGIM		
Final Boys 16 Javelin		13:00	700g	78
WPA 2022: 70.41 (Morné Moolman, BAK, 2009)				
1	J20747 HEUSER JOHAN	BAC		
Final Girls 16 Discus		13:00	1kg	79
WPA 2022: 40.20 (Maranelle du Toit, BAK, 1993)				
1	SWART MAREIJKA	BAC		
2	JOHNSON AIMEE	BAC		
3	J20204 BARNARD TAMZIN	BAC		
4	BRINK MINKI	TAC		
5	J20208 CHALMERS ALISON	BAC		

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Boys 18 400m **13:04** **80**

WPA 2022: 0:46.66 (Mark van Soest, TAK, 1999)

1		BOSCH DAMIAN	MATIES
2		SCHROEDER CHAD	TAC
3		MAURICE RIO	STELHS
4	J20398	ANDREWS ROMEO	VELAC
5		CLOETE WAYDE	BAC
6		LINEVILLE DYLAN	ITHEKO
7		PERRANG CALEB JONATHAN	UWC
8		BOTHMA BRANDON-LEIGH	BAC

Final Women 20 400m **13:20** **81**

WPA 2022: 0:54.06 (Sonja van der Merwe, TAK, 2010)

1	J259	CLOETE REIGN-ANTOINETTE	PNA
2		LUDICK TATUM	MATIES
3	J410	BRUGMAN KARLA	STELHS
4		VAN DER MERWE ISOBELLA	BAC

Final 1 of 2 Men 20 400m **13:28** **82**

WPA 2022: 0:46.65 (Kyle Appel, BAK, 2017)

1		RHODES COLE	SETHS
2		PAULSE MIKHAIL	PORTHS
3		WALTERS ZANE	BAC
4		YZELLE MARNO	IND
5	P3361	MARTIN WIAAN	STELHS

Final 2 of 2 Men 20 400m **13:28** **82**

WPA 2022: 0:46.65 (Kyle Appel, BAK, 2017)

1		ADAMS MUJAAID	BCAC
2		PAULSE MIKHAEL	BAC
3		CHEPAPE TUMELO	VOB
4	J252	JANTJIES MILLANO	PNA

Final Women 25 400m **13:40** **83**

WPA 2022: 0:52.75 (Sonja van der Merwe, TAK, 2012)

1		JONATHAN LAUREN	TAC
2		ADONIS EMILIA	UWC
3	P1844	KOTZE RETHA	BAC
4		JONATHAN LAUREN	IND
5	J20140	VAN HEERDEN COURTNEY	UWC

Final 1 of 2 Men 25 400m **13:44** **84**

WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)

1	J20589	JAHWI BLESSED	STRAND
2	P2008	NYASHANU NIGEL	UWC
3		SAMANGA ANGELO SMANGALISO	UWC
4	P3416	PETERSEN ASRAF	VELAC
5		VAN DER MERWE KEEGAN	ITHEKO
6		PIETERSEN LIAM	MATIES
7		RUDOLPH ENRIQUE	BCAC
8		LOMBAART DUWANYE	UWC

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final 2 of 2 Men 25 400m	13:44	84
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

1	NKWEBA SIYANDA	PNA
2	CHEME SIMAMKELE	PORTHS
3	OERSON BENEDICT	PNA
4	J20030 JOHNSON KIAN	NEDRC
5	P148 FAYINDLALA WANDISILE	MATIES
6	J20346 NDALASI ATHABILE	GUGS
7	RUDOLPH ROWIN	BCAC
8	DU PLESSIS MATTHEW	HELHAR

Final Girls 16 800m	14:00	85
WPA 2022: 2:14.97 (Elsire Strauss, Calvinia High School, 1994)		

1	FOURIE MIECKE	PRLVAL
2	DAVIDS AMMAARAH	TAC
3	BALIE LUCIA	BCAC
4	ABRAHAMS TREZITA	PORTHS
5	J20518 DARIES MUDJAYIDAH	ULTRA

Final Girls 18 HighJump	14:00	86
WPA 2022: 1.82 (Heidi de Kock, Pinelands AC, 1976)		

Final Girls 16 Shotput	14:00	3kg	87
WPA 2022: 13.19 (Chloë Serrotti, TAK, 2021)			

1	SWART MAREIJKA	BAC
2	JONES TAYLIA	BAC
3	JOHNSON AIMEE	BAC
4	GILLESPIE KAY-LEE	DFM
5	BRINK MINKI	TAC
6	J20208 CHALMERS ALISON	BAC
7	GILLESPIE MEGAN	DFM

Final Women 20 Javelin	14:00	88
WPA 2022: 51.47 (Tarryn Bright, BAK, 2002)		

1	JORDAAN LARA	DURHS
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Final Women 25 Javelin	14:00	89
WPA 2022: 51.74 (Michelle Bradbury, BAK, 1993)		

1	P1870 DU TOIT ALETTA	BAC
2	P1875 GROBBELAAR ELIZE	BAC
3	DE JAGER ESTÉ	IND

Final Boys 16 Discus	14:00	1.5kg	90
WPA 2022: 56.00 (Willie Coetzee, Paarl Boys' High School, 1984)			

1	SCHNABEL EMIL	BAC
2	LE ROUX JUAN-JOZÉ	BAC
3	VAN DEVENTER JANU	BAC
4	VAN DYK HAYDEN	PRLVAL
5	J20152 JOUBERT MIGAEL	BAC
6	PAXTON JAMES	PRLVAL

Final Boys 16 800m	14:06	91
WPA 2022: 1:57.10 (Paul Eksteen, Paarl Gimnasium, 1980)		

1	J20002 BHEBHA SIVE	VOB
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**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

2		ARENDS MATTHEW	PORTHS
3		OPPERMAN JAIDON	EAC
4	J20405	NQAYI THABISO	GUGS
5		MALHERBE STEPHANUS	DURHS
6	J3125	RICHTER JOHANN	PRLBH
7		PRINCE TIYARN	ZWAHS
8		HASSEN NIYAZ	SETHS
9		SMITH KIERIN	PORTHS
10	J20366	PENDU KUBOBONKE	GUGS
11		PELSTON WAYDEN	PORTHS

Final Men 20 TripleJump	14:15	92
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WPA 2022: 15.86 (Simeon Mars, SPAAC, 2003)

Final Men 25 TripleJump	14:15	13m	93
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WPA 2022: 16.24 (Jason Sewenyana, TAK, 2012)

1	P906	NORMAN KYLE	MADAC
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Final Girls 18 800m	14:18	94
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WPA 2022: 2:04.63 (Marjorie van der Merwe, Paarl Gimnasium, 1985)

1		THERON LIZA	DFM
2		ANDREWS CHLOE	PORTHS
3	J20537	PETERSEN KEIRA	VOB
4	J20178	VAN DER BERG MARTINE	BAC
5	J20396	JURIES ZOE	VELAC
6	J20347	KROKRANI SINOTHANDO	GUGS
7		LOUW ANNA CHRISTINA	BRACHS
8	J20155	SCHOLTZ MEGAN	BAC

Final Women 20 800m	14:24	95
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WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)

1	J410	BRUGMAN KARLA	STELHS
2		FAURE LISA	DFM
3	J409	BRUGMAN ILSE	STELHS

Final Women 25 800m	14:24	96
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WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)

Final Boys 18 800m	14:30	97
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1		MALIWA NHLAHLA	GUGS
2		BOSCH DAMIAN	MATIES
3		KRUGER JOSHUA	BRACHS
4	J20020	KERBELKER ABDUL KAREEM	VOB
5		ROBSON KAYLEM	PORTHS
6		LOUW GIANO	EAC
7		DE JAGER DAVID	PRLVAL
8		SNAYERS SERGIO	PORTHS
9		JAHIEM KEENAN	EAC
10		LOUW GIANI	EAC

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Men 20 800m	14:42	98
WPA 2022: 1:46.38 (Marius van Heerden, TAK, 1993)		

1	J20027	MBALI ERIC	NEDRC
2		SMITH CHAD	PORTHS
3	J20868	JALI LUBABALO	GUGS
4		CHEPAPE TUMELO	VOB
5		RHODES COLE	SETHS
6		ABRAHAMS RETHON	EAC
7		BLANKENBERG JUNNIOHIO	PORTHS

Final Men 25 800m	14:52	99
WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)		

1		VORSTER MORGAN	UWC
2		BYMAN TYRON	EAC
3	P716	BESTENBIER OSCAR	NEDRC
4	P2916	LOTT KEATON	ITHEKO
5	J20346	NDALASI ATHABILE	GUGS
6	P2044	KOOPMAN JASON	UWC
7	J20061	GORDON TYRONE	EAC
8	J20030	JOHNSON KIAN	NEDRC
9		SPONDO NEVILLE	EAC
10	P717	BESTENBIER AUSTIN	NEDRC

Final Boys 18 HighJump	15:00	100
WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)		

1		GOUWS CHRISTOPHER	PRLVAL
2		GERTSE ZAC	PORTHS

Final Boys 16 Polevault	15:00	101
WPA 2022: 4.00 (Heinrich Lategan, Paarl Gimnasium, 1991)		

Final Boys 18 Polevault	15:00	102
WPA 2022: 4.70 (Brent Howell, BAK, 2003)		

Final Boys 16 TripleJump	15:00	103
WPA 2022: 13.45 (Zinedene Meiring, SPAAC, 2013)		

Final Girls 18 Shotput	15:00	104
WPA 2022: 13.18 (Kayla Smit, BAK, 2018)		

1		SOLOMON JESSÉ	BAC
2	J20147	GOUWS ANJA	BAC
3		VAN NIEKERK KAMISHA	PORTHS
4	J20144	CRONJE CHARLOTTE	BAC
5		PAULSE TAMLYN	PORTHS
6		LÖTTER JANNEKE	BAC
7		PROUDFOOT KRISTIN	FAIRHS
8		SERROTTI CHLOE	TAC
9		STEVENS PAIGE	FVHUK

Final Girls 18 Javelin	15:00	105
WPA 2022: 53.10 (Anneke Germishuys, TAK, 2015)		

1		SCHOLTZ XANTÉ	DFM
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**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

2 VAN NIEKERK KAMISHA PORTHS

Final Girls 16 Hammer 15:00 3kg 106

WPA 2022: 49.72 (Kayla Smit, BAK, 2016)

Final Girls 18 Hammer 15:00 107

WPA 2022: 58.30 (Kayla Smit, BAK, 2018)

1 PAULSE TAMLYN PORTHS
2 SMIT ANKE IND
3 SERROTTI CHLOE TAC
4 J20144 CRONJE CHARLOTTE BAC

Final Women 20 Hammer 15:00 108

WPA 2022: 51.57 (Kayla Smit, BAK, 2019)

Final Women 25 Hammer 15:00 109

WPA 2022: 59.37 (Elmarie Knoetzen, BAK, 2002)

1 P1875 GROBBELAAR ELIZE BAC
2 P1870 DU TOIT ALETTA BAC
3 SMIT KAYLA BAC

Final 1 of 2 Girls 16 100m 15:10 110

1 MALONGA-MUNGENGA YASMIN WITHS
2 P29 KATZ DEMI VOB
3 ROUX JACQUELINE UWC
4 HENDRICKS SHAKIRA BAC
5 J20388 V WYK KENLIEGH VELAC
6 VEROTINE SASKIA ANTON
7 J20143 VORSTER SOPHIA BAC
8 J20381 V NEEL LUCIEL VELAC

Final 2 of 2 Girls 16 100m 15:10 110

1 UDENZE CHISOM TAC
2 DAVIDS LEIGH UWC
3 J20467 HOLTZHAUSEN LEILA HELHAR
4 J20201 TEN CATE AMY BAC
5 J20399 * RUZAYLIN VELAC
6 ISAACS MADISON IND
7 J21254 LANGEVELDT LISA BAC

Final Boys 16 100m 15:19 111

WPA 2022: 10.88 (Kyle Appel, BAK, 2013)

1 BUTLER RAFEEQ PORTHS
2 PETERSEN RIYAAZ ITHEKO
3 SMIT SEBASTIAN GENSW
4 J20520 HAJWANI YAASEEN ULTRA
5 LEWIS ZUBAIR TAC
6 TAYLOR MATTHEW ZWAHS
7 J20382 GEDULDT ZHAUNRICK VELAC
8 J20519 MALLUM SAEED ULTRA

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Girls 18 100m **15:31** **112**

1	BRENNER ZAINUP	TAC
2	CORBITT SAADIQA	PORTHS
3	GERTZE ZOE	BCAC
4	J20391 SAAL LANNICE	VELAC
5	J20380 SOLOMONS JAIMIE	VELAC
6	J20402 GOERGE TERESKE	VELAC

Final Girls 16 TripleJump **15:31** **113**

1	P29 KATZ DEMI	VOB
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Final Girls 18 TripleJump **15:31** **114**

WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)

1	JENNIKER COURTNEY	ULTRA
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Final 1 of 3 Boys 18 100m **15:40** **115**

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1	J20754 SOLOMONS JADEN	ITHEKO
2	J202207 LEHMENSICH CHRISTIAAN	BAC
3	J20521 KAMRODIEN ZAMAAN	ULTRA
4	J20384 CEASAR DUWAYNE	VELAC
5	EBRAHIM ISHRAAQ	UWC
6	THOMAS ZONG	PORTHS
7	J20398 ANDREWS ROMEO	VELAC
8	LAMONT REECE	PORTHS

Final 2 of 3 Boys 18 100m **15:40** **115**

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1	J20172 TOLMIE DEJEAN	BAC
2	J20448 MULLER ANDRÉ	EKAC
3	DAVIDS DIEGO	UWC
4	LIEBENBERG MATHEW	VELAC
5	KOTZEE ETHAN	TAC
6	TSHANGANA YANDA	PORTHS
7	J20512 ISAACS ZAYD	ULTRA

Final 3 of 3 Boys 18 100m **15:40** **115**

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1	STEYN ZINEDINE	PORTHS
2	RYAN KIRON	TAC
3	J20449 AFRIKA EURIQUIN	EKAC
4	J20389 PETERSEN KEERACO	VELAC
5	J20513 JACOBS FURQAAN	ULTRA
6	J20767 FLUKS COLE	ITHEKO
7	PERRANG CALEB JONATHAN	UWC

Final 1 of 2 Women 20 100m **15:52** **116**

WPA 2022: 11.55 (Esmari le Roux, BAK, 1995)

1	ELIAS DENICHA	UWC
2	JONATHAN AMY	TAC
3	DU PLESSIS STEFANI	BAC
4	J259 CLOETE REIGN-ANTOINETTE	PNA

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

5 J21253 LANGEVELDT JADE BAC

Final 2 of 2 Women 20 100m 15:52 116

WPA 2022: 11.55 (Esmari le Roux, BAK, 1995)

1 JOHNSON EMMA BAC
2 J20394 JOSHOU MELANIE VELAC
3 APPEL KELSEY PRLVAL
4 VAN DER MERWE ISOBELLA BAC

Final 1 of 2 Men 20 100m 16:00 117

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1 J252 JANTJIES MILLANO PNA
2 TITO ISMA-EEL UWC
3 PAULSE MIKHAIL PORTHS
4 J20142 SOCHOP KEANAN BAC
5 J20403 BOOISE WAYDON VELAC
6 KARRIEM ABDURAGMAAN UWC
7 PAGE EUGENE UWC

Final 2 of 2 Men 20 100m 16:00 117

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1 J20428 REUTER DANIEL BONAC
2 P4184 CASSIEM JAWAAD ULTRA
3 J20397 BURGER REECE VELAC
4 MAY KURWIN PORTHS
5 J20126 ABRAHAMS NICHOLAS UWC
6 J20404 LIENBENBERG ZUAN P VELAC
7 WAKEFIELD JUNAUDE UWC

Final Boys 16 HighJump 16:00 118

WPA 2022: 2.05 (Breyton Poole, Helderberg Harriers AC, 2015)

1 SMIT SEBASTIAN GENSW

Final Girls 16 Javelin 16:00 500g 119

WPA 2022: 43.86 (Kayla Reyneke, BAK, 2020)

1 J20204 BARNARD TAMZIN BAC
2 JONES TAYLIA BAC
3 J21239 BESTER CARA BAC
4 MALONGA-MUNGENGA YASMIN WITHS
5 J20208 CHALMERS ALISON BAC

Final Boys 16 Hammer 16:00 5kg 120

WPA 2022: 61.04 (Heinrich Gonzales, BAK, 2003)

1 VAN DYK HAYDEN PRLVAL
2 PISTORIUS ROBERT DUKUI
3 J3099 HICKMAN ZAK MATIES

Final Boys 18 Hammer 16:00 121

WPA 2022: 79.79 (Werner Smit, TAK, 2000)

1 STEENKAMP RONAN PRLVAL
2 LOUW CHARL BAC

Final Men 20 Hammer 16:00 122

WPA 2022: 81.04 (Werner Smit, TAK, 2003)

1 J20164 PISTORIUS MICHAEL BAC
2 P22 SMIT CHRISTOPHER STRAND

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Men 25 Hammer	16:00	123
WPA 2022: 71.04 (Werner Smit, TAK, 2003)		

1	THIART CORNE	BAC
2	P232 WIENER SHUKRI	PINEAC
3	P1048 FRECHOU RENALDO	PRLAC
4	P1850 OLIVIER JAUNU	BAC

Final Women 25 100m	16:16	124
WPA 2022: 11.38 (Janice Josephs, Liberty Nike AC, 2003)		

1	CORBETT MELISSA	TAC
2	JONATHAN LAUREN	IND
3	ARENDSE SHANNON	BAC
4	MENTOOR MICAELA	PRLVAL
5	KING GERALDINE	UWC
6	J20230 RHODE CHELSEA-ANN	UWC
7	J20231 KEYS ALECIA	UWC
8	KING GERALDINE	UWC

Final Women 20 TripleJump	16:16	125
WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)		

1	JONATHAN AMY	TAC
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Final Women 25 TripleJump	16:16	11m	126
WPA 2022: 12.58 (Ramona Gabriels, Ridgeville AC, 2000)			

1	NZIHOU-NGOMA BRICIA	TAC
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Final 1 of 3 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	ANDREWS GRANT	TAC
2	RUITERS CURT	TAC
3	JOSIAS JESSE	UWC
4	SIMON CAMERON	PNA
5	P1604 TUIS NATHI	CPUT
6	EWERS JOSHUA	TAC
7	SAMANGA ANGELO SMANGALISO	UWC

Final 2 of 3 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	PIETERSEN LIAM	MATIES
2	OERSON BENEDICT	PNA
3	BUGAN NATHAN	UWC
4	P1084 NTUTU JONATHAN	TAC
5	J20589 JAHWI BLESSED	STRAND
6	P3545 SEPTEMBER KEANIN	EKAC
7	PRETORIUS MATT	ITHEKO

Final 3 of 3 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	CAESAR JUREAUX	TAC
2	VAN WYK IMRAAN CASSIEM	CPUT
3	P3416 PETERSEN ASRAF	VELAC
4	P906 NORMAN KYLE	MADAC
5	DAVIDS LUKE	UWC
6	P4194 MANASSE MIKHAIL	ULTRA

**Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK**

7	CAMERON KURT	TAC
Final Girls 16 3000m		16:45
WPA 2022: 09:37.81 (Zintle Xiniwe, Atlantic AC, 2001)		
1	DU TOIT MARLENE	BLOEMH
Final Girls 18 3000m		16:45
WPA 2022: 09:09.30 (Elana van Zyl, Robertson High School, 1983)		
1	SMITH RICKECIA	ANTON
2	VERMAAK CHANE LEE	PORTHS
3	APRIL LEE-ANN	ANTON
4	ANDREWS CHLOE	PORTHS
5	MBASA MICHEALA	ANTON
6	SMITH ALICIA	PORTHS
Final Women 20 3000m		16:45
WPA 2022: 08:58.73 (Elana van Zyl, University of Stellenbosch, 1985)		
1	J20472 CILLIERS MARIETJIE	PRLVAL
2	J20001 OCUINNEAGAIN CAITY	VOB
Final Boys 16 3000m		17:00
WPA 2022: 08:34.80 (Conrad Tesnar, Paul Roos Gimnasium, 1990)		
1	J20366 PENDU KUBOBONKE	GUGS
2	JANSEN DAMICA	EAC
3	HENDRICKS VENTINO	EAC
Final Boys 18 3000m		17:00
WPA 2022: 08:14.86 (Songqibido Nkosinoxolo, Celtic Harriers AC, 2003)		
1	HENDRICKS VINCHINO	EAC
2	SNAYERS SERGIO	PORTHS
3	MALIWA NHLAHLA	GUGS
Final Men 20 3000m		17:00
WPA 2022: 08:11.25 (Naudé Jordaan, Paarl Boys' High School, 1986)		
1	MILES ETHAN	EAC
2	J20024 RUDOLPH DYLAN	VOB
3	DU PLESSIS TJAARD	NEDRC
4	J20018 DAVIDSON ROBERT	VOB
Final Girls 16 90m Hurdles		17:15
1	HARTZENBERG HAIDEE	IND
2	MALONGA-MUNGENGA YASMIN	WITHS
3	J20467 HOLTZHAUSEN LEILA	HELHAR
4	HEWITT SHANNON	BAC
5	J20201 TEN CATE AMY	BAC
Final Girls 18 100m Hurdles		17:25
WPA 2022: 13.65 (Chantelle Terblanche, BAK, 2000)		
1	J20206 OBERHOLZER LANA	BAC
2	BESTER YUSRAH	BCAC
3	MOSTERT MEKE	PRLGIM
Final Women 20 100m Hurdles		17:25
WPA 2022: 13.47 (Arnél Jacobs, BAK, 1997)		
1	DU PLESSIS STEFANI	BAC

Meeting :WPA RUBY LEAGUE
2022/02/05 at PAROW ATHLETICS TRACK

Final Women 25 100m Hurdles	17:25	137
WPA 2022: 13.47 (Arnéll Jacobs, BAK, 1997)		

Final Boys 16 100m Hurdles	17:30	84cm	138
WPA 2022: 12.97 (Dalvon Blood, UCT, 2016)			

1	P26	JACK NAEEM	ITHEKO
2		MEIRING SIMON	BAC
3		ADAMS LEON	PORTHS

Final Boys 18 110m Hurdles	17:40	139
WPA 2022: 13.41 (Tiaan Smit, BAK, 2011)		

1	J202207	LEHMENSICH CHRISTIAAN	BAC
2		FRITZ JAYDIN	ITHEKO
3		KOTZEE ETHAN	TAC
4	J20429	KLEINSCHMIDT AARON	BONAC
5		SALIE CJ	PORTHS
6	J20754	SOLOMONS JADEN	ITHEKO

Final Men 20 110m Hurdles	17:50	140
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1	P23	ISMAIL MUJAAHID	ITHEKO
2		MAY KURWIN	PORTHS

Final Men 25 110m Hurdles	17:50	141
WPA 2022: 13.11 (Antonio Alkana, BAK, 2017)		

1		SIMON CAMERON	PNA
2	P4193	FIELD JAMIE	ULTRA

Final Women 25 10000m	18:00	142
WPA 2022: 30:52.51 (Elana Meyer (née van Zyl), University of Stellenbosch, 1994)		

Final Men 25 10000m	18:00	143
WPA 2022: 28:24.61 (Ian Syster, MrPrice AC, 2002)		

1	P1608	MGUDLWA SIPHESIHLE	CPUT
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