



WESTERN PROVINCE ATHLETICS

WPA Half League 1B
Parow Athletics Track
23 February 2022

No entries will be accepted of athletes born in 2009 or later

1	18:30	90m Hurdles (76.2cm)	Girls U16	Born in 2007 & 2008
2	18:30	Long Jump	Girls U16	Born in 2007 & 2008
3	18:30	Long Jump	Women U18	Born in 2005 & 2006
4	18:30	Long Jump	Women U20	Born in 2003 & 2004
5	18:30	Long Jump	Senior Women	Born in 2002 and earlier
6	18:30	Hammer Throw (3kg)	Girls U16	Born in 2007 & 2008
7	18:30	Hammer Throw (3kg)	Women U18	Born in 2005 & 2006
8	18:30	Hammer Throw (4kg)	Women U20	Born in 2003 & 2004
9	18:30	Hammer Throw (4kg)	Senior Women	Born in 2002 and earlier
10	18:30	100m Hurdles (76.2cm)	Women U18	Born in 2005 & 2006
11	18:40	100m Hurdles (83.8cm)	Women U20	Born in 2003 & 2004
12	18:40	100m Hurdles (83.8cm)	Senior Women	Born in 2002 and earlier
13	18:45	100m Hurdles (83.8cm)	Boys U16	Born in 2007 & 2008
14	18:55	110m Hurdles (91.4cm)	Men U18	Born in 2005 & 2006
15	19:05	110m Hurdles (99.1cm)	Men U20	Born in 2003 & 2004
16	19:05	110m Hurdles (106.7cm)	Senior Men	Born in 2002 and earlier
17	19:15	3000m	Girls U16	Born in 2007 & 2008
18	19:15	3000m	Women U18	Born in 2005 & 2006
19	19:15	3000m	Women U20	Born in 2003 & 2004
20	19:30	3000m	Boys U16	Born in 2007 & 2008
21	19:30	3000m	Men U18	Born in 2005 & 2006
22	19:30	3000m	Men U20	Born in 2003 & 2004
23	19:45	400m	Girls U16	Born in 2007 & 2008
24	19:45	Long Jump	Boys U16	Born in 2007 & 2008
25	19:45	Long Jump	Men U18	Born in 2005 & 2006
26	19:45	Long Jump	Men U20	Born in 2003 & 2004
27	19:45	Long Jump	Senior Men	Born in 2002 and earlier
28	19:45	Hammer Throw (4kg)	Boys U16	Born in 2007 & 2008
29	19:45	Hammer Throw (5kg)	Men U18	Born in 2005 & 2006
30	19:45	Hammer Throw (6kg)	Men U20	Born in 2003 & 2004
31	19:45	Hammer Throw (7.26kg)	Senior Men	Born in 2002 and earlier
32	19:50	400m	Boys U16	Born in 2007 & 2008
33	19:55	400m	Women U18	Born in 2005 & 2006
34	20:00	400m	Men U18	Born in 2005 & 2006
35	20:05	400m	Women U20	Born in 2003 & 2004
36	20:10	400m	Men U20	Born in 2003 & 2004
37	20:15	400m	Senior Women	Born in 2002 and earlier
38	20:20	400m	Senior Men	Born in 2002 and earlier
39	20:35	3000m Steeple Chase (76.2cm)	Women U20	Born in 2003 & 2004
40	20:35	3000m Steeple Chase (76.2cm)	Senior Women	Born in 2002 and earlier
41	20:50	3000m Steeple Chase (91.4cm)	Men U20	Born in 2003 & 2004
42	20:50	3000m Steeple Chase (91.4cm)	Senior Men	Born in 2002 and earlier
43	21:10	5000m	Women U20	Born in 2003 & 2004
44	21:10	5000m	Senior Women	Born in 2002 and earlier
45	21:10	5000m	Men U20	Born in 2003 & 2004

46	21:10	5000m	Senior Men	Born in 2002 and earlier
47	21:35	5km Race Walking	Girls U16	Born in 2007 & 2008
48	21:35	5km Race Walking	Women U18	Born in 2005 & 2006
49	21:35	5km Race Walking	Boys U16	Born in 2007 & 2008