



WESTERN PROVINCE ATHLETICS

**WPA Half League 1A
Parow Athletics Track
12 February 2022**

No entries will be accepted of athletes born in 2009 or later

1	13:30	300m Hurdles (83.8cm)	Boys U16	Born in 2007 & 2008
2	13:30	High Jump	Girls U16	Born in 2007 & 2008
3	13:30	High Jump	Women U18	Born in 2005 & 2006
4	13:30	Shot Put (4kg)	Boys U16	Born in 2007 & 2008
5	13:30	Shot Put (5kg)	Men U18	Born in 2005 & 2006
6	13:30	Javelin Throw (800g)	Men U20	Born in 2003 & 2004
7	13:30	Javelin Throw (800g)	Senior Men	Born in 2002 and earlier
8	13:30	Discus Throw (1kg)	Women U20	Born in 2003 & 2004
9	13:30	Discus Throw (1kg)	Senior Women	Born in 2002 and earlier
10	13:30	Triple Jump (9m)	Women U20	Born in 2003 & 2004
11	13:30	Triple Jump (9m)	Senior Women	Born in 2002 and earlier
12	13:40	300m Hurdles (76.2cm)	Girls U16	Born in 2007 & 2008
13	13:50	400m Hurdles (76.2cm)	Women U18	Born in 2005 & 2006
14	13:50	400m Hurdles (76.2cm)	Women U20	Born in 2003 & 2004
15	13:50	400m Hurdles (76.2cm)	Senior Women	Born in 2002 and earlier
16	14:00	400m Hurdles (83.8cm)	Men U18	Born in 2005 & 2006
17	14:00	Pole Vault	Boys U16	Born in 2007 & 2008
18	14:00	Pole Vault	Men U18	Born in 2005 & 2006
19	14:00	Pole Vault	Men U20	Born in 2003 & 2004
20	14:00	Pole Vault	Senior Men	Born in 2002 and earlier
21	14:10	400m Hurdles (91.4cm)	Men U20	Born in 2003 & 2004
22	14:10	400m Hurdles (91.4cm)	Senior Men	Born in 2002 and earlier
23	14:15	Triple Jump (9m)	Girls U16	Born in 2007 & 2008
24	14:15	Triple Jump (9m)	Women U18	Born in 2005 & 2006
25	14:20	800m	Girls U16	Born in 2007 & 2008
26	14:20	800m	Women U18	Born in 2005 & 2006
27	14:27	800m	Boys U16	Born in 2007 & 2008
28	14:27	800m	Men U18	Born in 2005 & 2006
29	14:30	High Jump	Women U20	Born in 2003 & 2004
30	14:30	High Jump	Senior Women	Born in 2002 and earlier
31	14:30	Shot Put (6kg)	Men U20	Born in 2003 & 2004
32	14:30	Shot Put (7.26kg)	Senior Men	Born in 2002 and earlier
33	14:30	Javelin Throw (600g)	Boys U16	Born in 2007 & 2008
34	14:30	Javelin Throw (700g)	Men U18	Born in 2005 & 2006
35	14:30	Discus Throw (1kg)	Girls U16	Born in 2007 & 2008
36	14:30	Discus Throw (1kg)	Women U18	Born in 2005 & 2006
37	14:34	800m	Women U20	Born in 2003 & 2004
38	14:34	800m	Senior Women	Born in 2002 and earlier
39	14:45	800m	Men U20	Born in 2003 & 2004
40	14:45	800m	Senior Men	Born in 2002 and earlier
41	15:00	100m	Girls U16	Born in 2007 & 2008
42	15:00	Triple Jump (9m)	Boys U16	Born in 2007 & 2008
43	15:06	100m	Boys U16	Born in 2007 & 2008
44	15:15	100m	Women U18	Born in 2005 & 2006
45	15:21	100m	Men U18	Born in 2005 & 2006

46	15:30	100m	Women U20	Born in 2003 & 2004
47	15:30	High Jump	Boys U16	Born in 2007 & 2008
48	15:30	High Jump	Men U18	Born in 2005 & 2006
49	15:30	Shot Put (4kg)	Women U20	Born in 2003 & 2004
50	15:30	Shot Put (4kg)	Senior Women	Born in 2002 and earlier
51	15:30	Javelin Throw (500g)	Girls U16	Born in 2007 & 2008
52	15:30	Javelin Throw (500g)	Women U18	Born in 2005 & 2006
53	15:30	Discus Throw (1.75kg)	Men U20	Born in 2003 & 2004
54	15:30	Discus Throw (2kg)	Senior Men	Born in 2002 and earlier
55	15:33	100m	Senior Women	Born in 2002 and earlier
56	15:36	100m	Men U20	Born in 2003 & 2004
57	15:45	Triple Jump (13m)	Men U20	Born in 2003 & 2004
58	15:45	Triple Jump (13m)	Senior Men	Born in 2002 and earlier
59	15:48	100m	Senior Men	Born in 2002 and earlier
60	16:00	1500m Steeple Chase (76.2cm)	Girls U16	Born in 2007 & 2008
61	16:00	1500m Steeple Chase (76.2cm)	Boys U16	Born in 2007 & 2008
62	16:00	Pole Vault	Girls U16	Born in 2007 & 2008
63	16:00	Pole Vault	Women U18	Born in 2005 & 2006
64	16:00	Pole Vault	Women U20	Born in 2003 & 2004
65	16:00	Pole Vault	Senior Women	Born in 2002 and earlier
66	16:12	2000m Steeple Chase (76.2cm)	Women U18	Born in 2005 & 2006
67	16:30	2000m Steeple Chase (83.8cm)	Men U18	Born in 2005 & 2006
68	16:30	Triple Jump (11m)	Men U18	Born in 2005 & 2006
69	16:30	Shot Put (3kg)	Girls U16	Born in 2007 & 2008
70	16:30	Shot Put (3kg)	Women U18	Born in 2005 & 2006
71	16:30	Discus Throw (1kg)	Boys U16	Born in 2007 & 2008
72	16:30	Discus Throw (1.5kg)	Men U18	Born in 2005 & 2006
73	16:30	Javelin Throw (600g)	Women U20	Born in 2003 & 2004
74	16:30	Javelin Throw (600g)	Senior Women	Born in 2002 and earlier
75	16:45	200m	Girls U16	Born in 2007 & 2008
76	16:45	High Jump	Men U20	Born in 2003 & 2004
77	16:45	High Jump	Senior Men	Born in 2002 and earlier
78	16:51	200m	Boys U16	Born in 2007 & 2008
79	17:00	200m	Women U18	Born in 2005 & 2006
80	17:06	200m	Men U18	Born in 2005 & 2006
81	17:15	200m	Women U20	Born in 2003 & 2004
82	17:18	200m	Senior Women	Born in 2002 and earlier
83	17:21	200m	Men U20	Born in 2003 & 2004
84	17:30	200m	Senior Men	Born in 2002 and earlier
85	17:45	10,000m	Senior Women	Born in 2002 and earlier
86	17:45	10,000m	Senior Men	Born in 2002 and earlier
87	18:30	1500m	Girls U16	Born in 2007 & 2008
88	18:30	1500m	Women U18	Born in 2005 & 2006
89	18:30	1500m	Women U20	Born in 2003 & 2004
90	18:30	1500m	Senior Women	Born in 2002 and earlier
91	18:40	1500m	Boys U16	Born in 2007 & 2008
92	18:40	1500m	Men U18	Born in 2005 & 2006
93	18:50	1500m	Men U20	Born in 2003 & 2004
94	18:50	1500m	Senior Men	Born in 2002 and earlier
95	19:00	10km Race Walking	Women U20	Born in 2003 & 2004

96	19:00	10km Race Walking	Men U18	Born in 2005 & 2006
97	19:00	10km Race Walking	Men U20	Born in 2003 & 2004