

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Start sheets (All Events)

Final Girls 16 5km Walk	07:00	1
WPA 2022: 28:27.70 (Anandi Coetzee, BAK, 2004)		

1	STRYDOM NINA	PRLVAL
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Final Girls 18 5km Walk	07:00	2
WPA 2022: 28:27.70 (Anandi Coetzee, BAK, 2004)		

1	COCKOTT CHRISTINE	PRLVAL
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2	JOUBERT AMORETTE	PRLVAL
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Final Boys 16 5km Walk	07:00	3
WPA 2022: 26:50.70 (Armond Nel, BAK, 2005)		

1	KEYSER SIMONE	PRLVAL
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2	KEYSER ZANDAY	PRLVAL
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3	STRYDOM HUGO	PRLVAL
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Final Women 20 5000m	08:00	4
WPA 2022: 16:02.55 (Elana van Zyl, Robertson High School, 1984)		

1	MKUNGELA BUHLE	KENHS
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Final Women 25 5000m	08:00	5
WPA 2022: 14:44.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1993)		

1	ROBERTS MONIQUE	individual
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2	P2968 MACKENZIE PAIGE	Retail Capital Langa
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Final Men 20 5000m	08:00	6
WPA 2022: 13:59.01 (Zolani Bhitane, Harmony AC, 2004)		

1	J20131 MAKHONXA UZUKHANYE	Kway VOB
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Final Men 25 5000m	08:00	7
WPA 2022: 13:30.40 (Ewald Bonzet, BAK, 1978)		

1	P6245 VAN ROOYEN CHRISTO	BOXER
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2	JANTJIES BASIL	BOLCOR
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3	HEFKIE WARREN	University of the Western Cape
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4	P1608 MGUDLWA SIPHESIHLE	CPUT
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5	P2807 KAMMIES MORNE	SANLAM
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6	P2567 SHAYAMANO STAR	Atlantic athletic club
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7	P2916 LOTT KEATON	Brimstone ltheke
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8	P5878 ROSSOUW RUDOLF	Wild Runner Ac
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9	P5797 BELILLIE ALANTINO	CHILAC
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10	SEPTEMBER FRANKLIN	DURBAC
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11	P945 HUGHES BRANDON	CELTIC
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12	CLOETE DONVEITHO	HELHAR
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13	KRIEGER CHARL	TOPF
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14	P2809 BELILLIE ALANTINO	individual
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15	BOOYSEN ANGELO	BOLCOR
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Final Boys 16 300m Hurdles	08:30	8
WPA 2022: 38.47 (Naem Jack, ltheke, 2021)		

4	SMIT EBEN	Bellville Athletic Club
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5	MKONYOVU THANAZILE	Bellville Athletic Club
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Final Girls 16 300m Hurdles	08:40	9
WPA 2022: 41.36 (Chantelle Terblanche, BAK, 2000)		

5	HOLTZHAUSEN LEILA	HELHAR
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**Meeting :WPA LEAGUE MEETING
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Final Girls 18 400m Hurdles	08:50	10
WPA 2022: 0:58.77 (Chantelle Terblanche, BAK, 2002)		

Final Women 20 400m Hurdles	08:50	11
WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)		

5 J20187 JACOBS SANIYAH Retail Capital Langa

Final Women 25 400m Hurdles	08:50	12
WPA 2022: 0:56.36 (Rogail Joseph, UWC, 2019)		

Final Boys 18 400m Hurdles	09:00	13
WPA 2022: 0:51.24 (Tiaan Mouton, BAK, 2011)		

4 P22 KOTZEE ETHAN Tygerberg AC

5 BOTHMA BRANDON-LEIGH Bellville Athletic Club

Final Men 20 400m Hurdles	09:00	14
WPA 2022: 0:50.44 (Eugene van der Westhuizen, Paul Roos Gimnasium, 1993)		

5 J20186 ADAMS KIAN Retail Capital Langa

Final Men 25 400m Hurdles	09:00	15
WPA 2022: 0:49.95 (Kobus Burger, University of Stellenbosch, 1985)		

4 P208 LABUSCHAGNE RUAN MATIES

5 P1855 SOLOMONS TAARIQ Bellville Athletic Club

6 PIETERSEN LIAM MATIES

Final Women 20 HighJump	09:00	16
WPA 2022: 1.85 (Heidi de Kock, Pinelands AC, 1977)		

1 HORN MICHAELA STRAND

Final Women 25 HighJump	09:00	17
WPA 2022: 1.87 (Desireé du Plessis, BAK, 1993)		

1 STANDER JADE MATIES

Final Boys 18 TripleJump	09:00	18
WPA 2022: 15.51 (Simeon Mars, SPAAC, 2002)		

1 VON WIELLIGH LOGAN DF Malan

Final Men 25 Shotput	09:00	19
WPA 2022: 19.81 (John van Reenen, University of Stellenbosch, 1970)		

1 P4754 FRANCIS ANDREW SOUTH PENINSULA

2 MEYER DIVAN Tygerberg AC

3 P4750 MARIUS DANIEL SOUTH PENINSULA

4 MEYER BRIAN Tygerberg AC

5 DE JAGER MARCELLE CPUT

Final Women 20 Discus	09:00	20
WPA 2022: 49.78 (Theresa Janse van Vuuren, Wellington Onderwys Kollege, 1980)		

1 J20351 SOPHILE SIBONGILE RCS Gugs

Final Women 25 Discus	09:00	21
WPA 2022: 51.72 (Lize-Marie Coetzer, University of Stellenbosch, 1984)		

1 J20358 SOPHILE SIBULELE RCS Gugs

2 J20355 SIMANGA SIPHOKAZI RCS Gugs

3 J20195 JORDAAN ZOë Bellville Athletic Club

4 VAN DER WESTHUIZEN CLAUDIA individual

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Final Girls 16 1500m	09:15	22
WPA 2022: 04:36.58 (Daniel Victor, University of Stellenbosch, 1994)		

1	THYS CHANTÉ	DURBAC
2	GOLIATH MIA	BERGHS

Final Girls 18 1500m	09:23	23
WPA 2022: 04:18.10 (Elana van Zyl, Robertson High School, 1982)		

1	LINDERS J	Eersterivier AC
2	HOORN TAMIA	DURBAC
3	WILLIAMS SHANEY	Eersterivier AC

Final Women 20 Polevault	09:30	24
WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)		

Final Women 25 Polevault	09:30	25
WPA 2022: 4.05 (Annelie van Wyk, TAK, 2002)		

Final Women 20 1500m	09:31	26
WPA 2022: 04:10.60 (Tanya Peckham, University of Stellenbosch, 1985)		

1	J20248 JOOSTE TAMICA	University of the Western Cape
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Final Women 25 1500m	09:31	27
WPA 2022: 04:02.15 (Elana Meyer (née van Zyl), University of Stellenbosch, 1992)		

1	P736 GRIFFITHS KOBIE	NEDRC
2	P261 ROSSOUW LARA	MATIES
3	VISSER ANIKA	Bellville Athletic Club

Final Boys 16 1500m	09:39	28
WPA 2022: 04:00.50 (Conrad Tesnar, Paul Roos Gimnasium, 1990)		

1	OPPERMAN JAIDON	Eersterivier AC
2	J20130 MBATSA ASAKHE	Kway VOB
3	J20227 DANIELS AIDEN-LEE	KUILAC
4	MCWILLIAM TROY	RBH
5	J20133 BHEBHA SIVE	Kway VOB

Final Girls 16 LongJump	09:45	29
WPA 2022: 5.83 (Carla Johnson, SPAAC, 2012)		

Final Girls 18 LongJump	09:45	30
WPA 2022: 6.20 (Luzaan du Preez, TAK, 1988)		

Final Boys 18 1500m	09:47	31
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1	CONRADIE JEAN	PRLVAL
2	HURLING MJ	FAIRHS
3	VAN SCHALKWYK SODICK	BOLCOR
4	JACOBS JAHIEM	Eersterivier AC
5	KLAAS LIHLE	PRLVAL
6	JAHIEM KEENAN	Eersterivier AC

Final Men 20 1500m	09:55	32
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1	WALDIEN XAVIER	Retail Capital Langa
2	DU PLESSIS TJAARD	NEDRC

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3	YZELLE MARNO	individual
4	RUDOLPH DYLAN	Bellville Athletic Club
5	CHEPAPE TUMELO	Kway VOB
6	ABRAHAMS RETHON	Eersterivier AC
7	J20868 JALI LUBABALO	RCS Gugs
8	MILES ETHAN	Eersterivier AC
9	SALI LUBABALO	Eersterivier AC

Final Men 20 Shotput 10:00 33

WPA 2022: 18.30 (Zane Weir, UCT, 2014)

1	J20141 SOEKOE PIETER	Bellville Athletic Club
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Final Men 20 Javelin 10:00 34

WPA 2022: 75.72 (Rocco van Rooyen, TAK, 2011)

1	J20141 SOEKOE PIETER	Bellville Athletic Club
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Final Girls 18 Discus 10:00 35

WPA 2022: 47.16 (Theresa Janse van Vuuren, Paarl AC, 1978)

Final Men 25 1500m 10:03 36

WPA 2022: 03:33.56 (Johan Landsman, University of Stellenbosch, 1993)

1	P3070 SOLDAKA SIBONISO	CPUT
2	P945 HUGHES BRANDON	CELTIC
3	VISSER YULLEN	Eersterivier AC
4	P2916 LOTT KEATON	Brimstone ltheke
5	HAMMOND CALVIN	NEDRC
6	P717 BESTENBIER AUSTIN	NEDRC
7	J20237 JOOSTE SHERWIN	University of the Western Cape
8	RATZ ROWHALDO	AA
9	KRIEGER CHARL	TOPF
10	P716 BESTENBIER OSCAR	NEDRC
11	SEPTEMBER FRANKLIN	DURBAC
12	P3591 BAILEY JASON	Groot Constantia
13	P124 SOLOMONS DULLAN	AA
14	P1779 BRUINERS JASON	METAC
15	KOTZE AUBREY	Eersterivier AC
16	P1510 GIBSON MICHAEL	Fish Hoek Athletics Club
17	CLOETE DONVEITHO	HELHAR
18	LENTSWE BRENDON	University of the Western Cape
19	SPONDO NEVILLE	Eersterivier AC

Final Girls 16 200m 10:15 37

WPA 2022: 24.40 (Chantelle Terblanche, BAK, 2000)

4	NDEMBOLI PATRICIA NZITA	WITHS
5	HENDRICKS SHAKIRA	Bellville Athletic Club
6	GOLIATH MIA	BERGHS

Final Men 20 HighJump 10:15 38

WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)

1	APPIES RALSTON	Bellville Athletic Club
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Final Boys 16 200m 10:21 39

WPA 2022: 21.34 (Kyle Appel, BAK, 2013)

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Final Girls 18 200m	10:30	40
WPA 2022: 24.25 (Janice Josephs, Ridgeville AC, 1999)		

4	SWARTS LOUWEN	PRLVAL
5	J20185 JACOBS THARWAT	Retail Capital Langa

Final Boys 18 200m	10:36	41
WPA 2022: 20.57 (Kyle Appel, BAK, 2015)		

3	KUDAKWASHE DELAN	PLUMHS
4	J20207 LEHMENSICH CHRISTIAAN	Bellville Athletic Club
5	HENDRICKS NA EEM	PLUMHS
6	J20035 KINNEAR NOAH	Bellville Athletic Club
7	PERRANG CALEB JONATHAN	University of the Western Cape
8	EBRAHIM ISHRAAQ	University of the Western Cape

Final Women 20 LongJump	10:45	42
WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)		

1	J20025 DU PLESSIS STEFANI	Bellville Athletic Club
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Final Women 25 LongJump	10:45	43
WPA 2022: 6.54 (Luzaan du Preez, TAK, 1990)		

1	P5738 DUNCAN LENé	Tygerberg AC
2	SNYMAN FATIEMA	Retail Capital Langa
3	NGOMA BRICIA	Tygerberg AC
4	BASSON MIEKE	MATIES

Final Women 20 200m	10:48	44
WPA 2022: 23.19 (Esmari le Roux, BAK, 1994)		

3	ISAACS ZO-MELDA	University of the Western Cape
4	J20025 DU PLESSIS STEFANI	Bellville Athletic Club
5	J20183 LEE-SLEE DAYSIE	Retail Capital Langa
6	IMBA ESTER	WITHS

Final Women 25 200m	10:52	45
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3	P2043 BYMAN LAURE	University of the Western Cape
4	DU TOIT NIENKA	MATIES
5	POOLER ENYA	MATIES
6	P2041 KLERK KAYLIN	University of the Western Cape
7	P1844 KOTZE RETHA	Bellville Athletic Club

Final Men 20 200m	11:00	46
WPA 2022: 20.55 (Marcus la Grange, BAK, 1986)		

2	J20142 SOCHOP KEANAN	Bellville Athletic Club
3	J40017 LOUW KIEREN	FITFA
4	BUCK LIAM	University of the Western Cape
5	RAMPHABANA MPH0	UCT
6	MAHADJIR ABDELMADJID MAHAMAT	ASPAC
7	CUMMINGS WASHINGTON	Brimstone ltheke
8	MWAPE GEDEON	PLUMHS

Final Girls 16 Polevault	11:00	47
WPA 2022: 3.75 (Sylma Jordaan, TAK, 2000)		

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Final Girls 18 Polevault	11:00	48
WPA 2022: 3.95 (Annelie van Wyk, TAK, 1999)		

Final Women 20 Shotput	11:00	49
WPA 2022: 16.47 (Maranelle du Toit, BAK, 1997)		

1	J20351	SOPHILE SIBONGILE	RCS Gugs
2		KAMBIKAMBI KARABO	UCT
3	J20025	DU PLESSIS STEFANI	Bellville Athletic Club

Final Women 25 Shotput	11:00	50
WPA 2022: 17.08 (Maranelle du Toit, BAK, 2002)		

1	J20358	SOPHILE SIBULELE	RCS Gugs
2		SMIT KAYLA	Bellville Athletic Club
3	J20355	SIMANGA SIPHOKAZI	RCS Gugs
4	J20195	JORDAAN ZOë	Bellville Athletic Club
5		DU TOIT NIENKA	MATIES

Final Men 25 Javelin	11:00	51
WPA 2022: 87.62 (Rocco van Rooyen, BAK, 2020)		

1	P4750	MARIUS DANIEL	SOUTH PENINSULA
2		VAN LILL GERT RUTGER	University of the Western Cape

Final Boys 18 Discus	11:00	52
WPA 2022: 54.86 (Dirk Hanekom, Strand AC, 1983)		

1	J20350	SOPHILE MBULELO	RCS Gugs
2	J20200	BURGESS JORDAN	Bellville Athletic Club

Final 1 of 3 Men 25 200m	11:15	53
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

2		KALAYA SHINTU	Brimstone ltheke
3	P2479	MENTOOR RICARDO	Bellville Athletic Club
4		BUGAN NATHAN	University of the Western Cape
5	P24	GABIER LUQMAAN	University of the Western Cape
6		ISMAIL TAURIQ	Brimstone ltheke
7		VAN WYK IMRAAN CASSIEM	CPUT
8		MUKUNA MARCO	UCT

Final 2 of 3 Men 25 200m	11:15	53
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

1	P1602	MOLETSANE RORISANG	CPUT
2	P5743	EWERS JOSHUA	Tygerberg AC
3	P1604	TUIS NATHI	CPUT
4		SAMANGA ANGELO SMANGALISO	University of the Western Cape
5	J20929	PRETORIUS MATT	Brimstone ltheke
6		ABRAHAMS UZAIR	Brimstone ltheke
7	P5744	CAMERON KURT	Tygerberg AC
8	P1620	DU PLESSIS MATTHEW	HELHAR

Final 3 of 3 Men 25 200m	11:15	53
WPA 2022: 20.35 (Marcus la Grange, BAK, 2000)		

1		BERGSREDT ASHWYNE	University of the Western Cape
2		PIETERSEN LIAM	MATIES
3	P5741	RUITERS CURT	Tygerberg AC
4		ISAACS JERMAINE	MATIES

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5	DANIELS GARDON	Retail Capital Langa
6	DE VOS MACDONALD	University of the Western Cape
7	P1598 NONGAWUZA WANDILE BENJAMIN	CPUT
8	CAESAR JUREAUX	Tygerberg AC

Final Girls 16 1500m SteepleChase	11:30	54
WPA 2022: 05:42.72 (Anika Visser, BAK, 2020)		

Final Boys 16 1500m SteepleChase	11:30	55
WPA 2022: 04:28.09 (Shaun Zuzani, New Balance AC, 2004)		

Final Men 25 HighJump	11:30	56
WPA 2022: 2.27 (Gavin Lendis, SPAAC, 1997)		

1	MASUKU SIYANDA	CPUT
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Final Girls 18 2000m SteepleChase	11:40	57
WPA 2022: 07:17.34 (Nadine Visser, BAK, 2020)		

Final Men 20 LongJump	11:45	58
WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)		

1	TITO ISMA-EEL	University of the Western Cape
2	WALTERS ZANE	Bellville Athletic Club

Final Men 25 LongJump	11:45	59
WPA 2022: 7.80 (Marcus la Grange, BAK, 1995)		

1	SEKOME LUCKY	CPUT
2	GREEN KYLE	University of the Western Cape
3	P4195 FIELD JAMIE	Ultra Athletics Club
4	P4754 FRANCIS ANDREW	SOUTH PENINSULA
5	VAN WYK IMRAAN CASSIEM	CPUT
6	P4194 MANASSE MIKHAIL	Ultra Athletics Club
7	P207 FAROA TRISTAN	MATIES

Final Boys 18 2000m SteepleChase	11:52	83.8cm	60
WPA 2022: 06:32.10 (Ameron Cona, Bottelary AC, 2020)			

1	PETERSEN SHAUN	DURBAC
2	STRYDOM PAUL	PRLVAL

Final Boys 16 Shotput	12:00	5kg	61
WPA 2022: 17.85 (JP van der Spuy, BAK, 2001)			

Final Boys 18 Javelin	12:00	62
WPA 2022: 83.16 (Morné Moolman, BAK, 2011)		

Final Men 20 Discus	12:00	63
WPA 2022: 55.08 (Karl Ueckermann, BAK, 1993)		

1	J20141 SOEKOE PIETER	Bellville Athletic Club
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Final Men 25 Discus	12:00	64
WPA 2022: 68.48 (John van Reenen, University of Stellenbosch, 1975)		

1	MEYER BRIAN	Tygerberg AC
2	P4750 MARIUS DANIEL	SOUTH PENINSULA
3	MEYER DIVAN	Tygerberg AC
4	P4754 FRANCIS ANDREW	SOUTH PENINSULA

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Final Women 20 3000m SteepleChase **12:02** **65**

WPA 2022: 10:46.09 (Destiny Tieties, Adidas AC, 2006)

1	J20630	VISSER NADINE	Bellville Athletic Club
2		MKUNGELA BUHLE	KENHS
3		CILLIERS MARIETJIE	PRLVAL

Final Men 20 3000m SteepleChase **12:02** **66**

WPA 2022: 08:42.86 (Anthony Godongwana, Celtic Harriers AC, 2003)

Final Men 25 3000m SteepleChase **12:17** **67**

WPA 2022: 08:29.30 (Johan Daffue, University of Stellenbosch, 1981)

1		SEPTEMBER FRANKLIN	DURBAC
2		KOOPMAN JASON	University of the Western Cape

Final Women 25 3000m SteepleChase **12:17** **68**

WPA 2022: 10:20.72 (Nolene Conrad, Liberty Nike AC, 2005)

Final Men 20 Polevault **12:30** **69**

WPA 2022: 5.21 (Pieter Brits, University of Stellenbosch, 1994)

Final Men 25 Polevault **12:30** **70**

WPA 2022: 5.90 (Okkert Brits, University of Stellenbosch, 1994)

Final Girls 16 400m **12:40** **71**

WPA 2022: 0:56.13 (Sonja van der Merwe, TAK, 2007)

Final Boys 16 400m **12:48** **72**

WPA 2022: 0:48.64 (Jayson Weber, BAK, 2016)

5		PRINCE TIYARN	ZWAHS
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Final Girls 18 400m **12:56** **73**

WPA 2022: 0:54.90 (Sonja van der Merwe, TAK, 2009)

Final Girls 16 HighJump **13:00** **74**

WPA 2022: 1.81 (Elmarie Gerryts, TAK, 1988)

1		TITUS ANNEKE	PRLVAL
2		ROSENSTRAUCH ANYA	PRLVAL

Final Boys 16 LongJump **13:00** **75**

WPA 2022: 6.64 (Le Roux van Aarde, Swartland High School, 1992)

1		VAN DER MERWE FRANCO	STELBH
2	J20519	MALLUM SAEED	Ultra Athletics Club

Final Boys 18 LongJump **13:00** **76**

WPA 2022: 7.57 (Julian Karolus, TAK, 2005)

1		NICHOLL ALEXANDER	DF Malan
2		VON WIELLIGH LOGAN	DF Malan
3	P22	KOTZEE ETHAN	Tygerberg AC

Final Boys 18 Shotput **13:00** **77**

WPA 2022: 17.63 (JP van der Spuy, BAK, 2003)

1	J20350	SOPHILE MBULELO	RCS Gugs
2	J20200	BURGESS JORDAN	Bellville Athletic Club

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Final Boys 16 Javelin	13:00	700g	78
WPA 2022: 70.41 (Morné Moolman, BAK, 2009)			

1	J20039	HEUSER JOHAN	Bellville Athletic Club
2		VAN DER MERWE FRANCO	STELBH

Final Girls 16 Discus	13:00	1kg	79
WPA 2022: 40.20 (Maranelle du Toit, BAK, 1993)			

Final Boys 18 400m	13:04	80
WPA 2022: 0:46.66 (Mark van Soest, TAK, 1999)		

4		PERRANG CALEB JONATHAN	University of the Western Cape
5	J20168	ROMAN JORDAN	NEDRC
6	P22	KOTZEE ETHAN	Tygerberg AC

Final Women 20 400m	13:20	81
WPA 2022: 0:54.06 (Sonja van der Merwe, TAK, 2010)		

5	J20183	LEE-SLEE DAYSIE	Retail Capital Langa
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Final Men 20 400m	13:28	82
WPA 2022: 0:46.65 (Kyle Appel, BAK, 2017)		

1	J20212	BOOYSEN OWEN	KUILAC
2		CHEPAPE TUMELO	Kway VOB
3		RUDOLPH DYLAN	Bellville Athletic Club
4		PLAATJIES DEBRAHANO	University of the Western Cape
5		RAMPHABANA MPH0	UCT
6	J20186	ADAMS KIAN	Retail Capital Langa
7	J20635	LOOTS LIAN	Bellville Athletic Club
8		WALTERS ZANE	Bellville Athletic Club

Final Women 25 400m	13:40	83
WPA 2022: 0:52.75 (Sonja van der Merwe, TAK, 2012)		

4	P1844	KOTZE RETHA	Bellville Athletic Club
5		MISKE MIRJAM	Tygerberg AC
6		FOGLE JOS	MATIES

Final 1 of 2 Men 25 400m	13:44	84
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

3		MGOMALALA THOMAS KUDZAI	CPUT
4		TITUS ELRICH	MATIES
5		DANIELS GARDON	Retail Capital Langa
6		ERASMUS SHANE	MATIES
7		MUKUNA MARCO	UCT
8	P2916	LOTT KEATON	Brimstone ltheke

Final 2 of 2 Men 25 400m	13:44	84
WPA 2022: 0:44.65 (Marcus la Grange, BAK, 2002)		

2	P3090	MAKAMBA ZIPHO	CPUT
3	P1598	NONGAWUZA WANDILE BENJAMIN	CPUT
4		SAMANGA ANGELO SMANGALISO	University of the Western Cape
5		VAN DER MERWE KEEGAN	Brimstone ltheke
6		BUGAN NATHAN	University of the Western Cape
7	P4195	FIELD JAMIE	Ultra Athletics Club
8		PIETERSEN LIAM	MATIES

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Final Girls 16 800m	14:00	85
WPA 2022: 2:14.97 (Elsire Strauss, Calvinia High School, 1994)		

Final Girls 18 HighJump	14:00	86
WPA 2022: 1.82 (Heidi de Kock, Pinelands AC, 1976)		

1 TERBLANCHE LARA PRLVAL

Final Girls 16 Shotput	14:00	3kg	87
WPA 2022: 13.19 (Chloë Serrotti, TAK, 2021)			

Final Women 20 Javelin	14:00	88
WPA 2022: 51.47 (Tarryn Bright, BAK, 2002)		

Final Women 25 Javelin	14:00	89
WPA 2022: 51.74 (Michelle Bradbury, BAK, 1993)		

1 DU TOIT NIENKA MATIES

Final Boys 16 Discus	14:00	1.5kg	90
WPA 2022: 56.00 (Willie Coetzee, Paarl Boys' High School, 1984)			

1 DOWNING JORDAN PRLVAL

Final Boys 16 800m	14:06	91
WPA 2022: 1:57.10 (Paul Eksteen, Paarl Gimnasium, 1980)		

4 PRINCE TIYARN ZWAHS

5 J20227 DANIELS AIDEN-LEE KUILAC

6 OPPERMAN JAIDON Eersterivier AC

Final Men 20 TripleJump	14:15	92
WPA 2022: 15.86 (Simeon Mars, SPAAC, 2003)		

Final Men 25 TripleJump	14:15	13m	93
WPA 2022: 16.24 (Jason Sewenyana, TAK, 2012)			

1 MASUKU SIYANDA CPUT

2 GREEN KYLE University of the Western Cape

3 MGOMALALA THOMAS KUDZAI CPUT

Final Girls 18 800m	14:18	94
WPA 2022: 2:04.63 (Marjorie van der Merwe, Paarl Gimnasium, 1985)		

4 WILLIAMS SHANEY Eersterivier AC

5 LINDERS J Eersterivier AC

Final Women 20 800m	14:24	95
WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)		

Final Women 25 800m	14:24	96
WPA 2022: 2:02.24 (Tanya Peckham, University of Stellenbosch, 1985)		

Final Boys 18 800m	14:30	97
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3 JAHIEM KEENAN Eersterivier AC

4 MALIWA NLHAHLA RCS Gugs

5 J20140 KERBELKER ABDUL KAREEM Kway VOB

6 JACOBS JAHIEM Eersterivier AC

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Final Men 20 800m **14:42** **98**

WPA 2022: 1:46.38 (Marius van Heerden, TAK, 1993)

2		ABRAHAMS RETHON	Eersterivier AC
3		RHODES COLE	SETHS
4		WALDIEN XAVIER	Retail Capital Langa
5	J20212	BOOYSEN OWEN	KUILAC
6	J20868	JALI LUBABALO	RCS Gugs
7		CHEPAPE TUMELO	Kway VOB
8		SALI LUBABALO	Eersterivier AC

Final 1 of 2 Men 25 800m **14:52** **99**

WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)

1	P2011	RYK HEINRICH	University of the Western Cape
2	P2916	LOTT KEATON	Brimstone ltheko
3	P6245	VAN ROOYEN CHRISTO	BOXER
4	J20594	VORSTER MORGAN	University of the Western Cape
5	P716	BESTENBIER OSCAR	NEDRC
6		ABRAHAMS JOEL	University of the Western Cape
7		VISSER YULLEN	Eersterivier AC
8	P1779	BRUINERS JASON	METAC

Final 2 of 2 Men 25 800m **14:52** **99**

WPA 2022: 1:44.57 (Marius van Heerden, BAK, 1996)

2		SPONDO NEVILLE	Eersterivier AC
3		CLOETE DONVEITHO	HELHAR
4	P717	BESTENBIER AUSTIN	NEDRC
5	P644	BRINK LAMBERT	STELAC
6	P3090	MAKAMBA ZIPHO	CPUT
7		VAN DER MERWE KEEGAN	Brimstone ltheko
8		KOTZE AUBREY	Eersterivier AC

Final Boys 18 HighJump **15:00** **100**

WPA 2022: 2.25 (Breyton Poole, Helderberg Harriers AC, 2017)

1		VON WIELLIGH LOGAN	DF Malan
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Final Boys 16 Polevault **15:00** **101**

WPA 2022: 4.00 (Heinrich Lategan, Paarl Gimnasium, 1991)

Final Boys 18 Polevault **15:00** **102**

WPA 2022: 4.70 (Brent Howell, BAK, 2003)

Final Boys 16 TripleJump **15:00** **103**

WPA 2022: 13.45 (Zinedene Meiring, SPAAC, 2013)

1		PIETERSE JOHAN	DF Malan
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Final Girls 18 Shotput **15:00** **104**

WPA 2022: 13.18 (Kayla Smit, BAK, 2018)

Final Girls 18 Javelin **15:00** **105**

WPA 2022: 53.10 (Anneke Germishuys, TAK, 2015)

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Final Girls 16 Hammer	15:00	3kg	106
WPA 2022: 49.72 (Kayla Smit, BAK, 2016)			

Final Girls 18 Hammer	15:00		107
WPA 2022: 58.30 (Kayla Smit, BAK, 2018)			

1 SMIT ANKE DUKUI

2 J20138 SMIT CARLI Bellville Athletic Club

Final Women 20 Hammer	15:00		108
WPA 2022: 51.57 (Kayla Smit, BAK, 2019)			

1 J20165 OOSTHUIZEN ANJA Bellville Athletic Club

Final Women 25 Hammer	15:00		109
WPA 2022: 59.37 (Elmarie Knoetzen, BAK, 2002)			

1 SMIT KAYLA Bellville Athletic Club

2 PRINS ANJA Bellville Athletic Club

Final Girls 16 100m	15:10		110
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3 NDEMBOLI PATRICIA NZITA WITHS

4 MUDINGAY MEDA WITHS

5 HOLTZHAUSEN LEILA HELHAR

6 MALONGA-MUNGENG YASMIN ALEXANDRA WITHS

Final Boys 16 100m	15:19		111
WPA 2022: 10.88 (Kyle Appel, BAK, 2013)			

Final Girls 18 100m	15:31		112
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4 SWARTS LOUWEN PRLVAL

5 J20185 JACOBS THARWAT Retail Capital Langa

Final Girls 16 TripleJump	15:31		113
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Final Girls 18 TripleJump	15:31		114
WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)			

Final Boys 18 100m	15:40		115
WPA 2022: 10.31 (Luke Davids, UWC, 2018)			

2 THOMAS DANIEL FAIRHS

3 KUDAKWASHE DELAN PLUMHS

4 J20207 LEHMENSICH CHRISTIAAN Bellville Athletic Club

5 HENDRICKS NA EEM PLUMHS

6 J20035 KINNEAR NOAH Bellville Athletic Club

7 EBRAHIM ISHRAAQ University of the Western Cape

8 J20521 KAMRODIEN ZAMAAN Ultra Athletics Club

Final Women 20 100m	15:52		116
WPA 2022: 11.55 (Esmari le Roux, BAK, 1995)			

3 ISAACS ZO-MELDA University of the Western Cape

4 J20187 JACOBS SANIYAH Retail Capital Langa

5 J20025 DU PLESSIS STEFANI Bellville Athletic Club

6 IMBA ESTER WITHS

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

7 J3305 SWILE LEAH AA

Final Men 20 100m 16:00 117

WPA 2022: 10.31 (Luke Davids, UWC, 2018)

1	J20142	SOCHOP KEANAN	Bellville Athletic Club
2		MWAPE GEDEON	PLUMHS
3		RAMPHABANA MPH0	UCT
4		BUCK LIAM	University of the Western Cape
5		HAMED YOUSSEF	ASPAC
6	J40017	LOUW KIEREN	FITFA
7		PLAATJIES DEBRAHANO	University of the Western Cape
8		CUMMINGS WASHINGTON	Brimstone Itheko

Final Boys 16 HighJump 16:00 118

WPA 2022: 2.05 (Breyton Poole, Helderberg Harriers AC, 2015)

1 VAN LOGGERENBERG ZIAN PRLVAL

Final Girls 16 Javelin 16:00 500g 119

WPA 2022: 43.86 (Kayla Reyneke, BAK, 2020)

1		MALONGA-MUNGENG YASMIN ALEXANDRA	WITHS
2		MUDINGAY MEDA	WITHS
3		NDEMBOLI PATRICIA NZITA	WITHS
4	J20036	BARNARD TAMZIN	Tygerberg AC

Final Boys 16 Hammer 16:00 5kg 120

WPA 2022: 61.04 (Heinrich Gonzales, BAK, 2003)

1		VAN DYK HAYDEN	PRLVAL
2		DOWNING JORDAN	PRLVAL
3		JACOBS EBEN	individual

Final Boys 18 Hammer 16:00 121

WPA 2022: 79.79 (Werner Smit, TAK, 2000)

1		BARNARD MJ	BOLAS
2		LOUW CHARL	Bellville Athletic Club

Final Men 20 Hammer 16:00 122

WPA 2022: 81.04 (Werner Smit, TAK, 2003)

1 P19 SMIT CHRISTOPHER STRAND

Final Men 25 Hammer 16:00 123

WPA 2022: 71.04 (Werner Smit, TAK, 2003)

1		THIART CORNE	Bellville Athletic Club
2	P1850	OLIVIER JAUNU	Bellville Athletic Club

Final Women 25 100m 16:16 124

WPA 2022: 11.38 (Janice Josephs, Liberty Nike AC, 2003)

3		SNYMAN FATIEMA	Retail Capital Langa
4	P2043	BYMAN LAURE	University of the Western Cape
5		BASSON MIEKE	MATIES
6	P2041	KLERK KAYLIN	University of the Western Cape
7		NGOMA BRICIA	Tygerberg AC
8	P1844	KOTZE RETHA	Bellville Athletic Club

Final Women 20 TripleJump 16:16 125

WPA 2022: 12.77 (Valentina da Rocha, SPAAC, 2010)

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Final Women 25 TripleJump	16:16	11m	126
WPA 2022: 12.58 (Ramona Gabriels, Ridgeville AC, 2000)			

1	NGOMA BRICIA	Tygerberg AC
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Final 1 of 4 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	SHABODIEN ZUBAIR	University of the Western Cape
2	P1602 MOLETSANE RORISANG	CPUT
3	DE VOS MACDONALD	University of the Western Cape
4	P1604 TUIS NATHI	CPUT
5	P24 GABIER LUQMAAN	University of the Western Cape
6	P5741 RUITERS CURT	Tygerberg AC
7	PIETERSEN LIAM	MATIES

Final 2 of 4 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	P4754 FRANCIS ANDREW	SOUTH PENINSULA
2	BERGSREDT ASHWYNE	University of the Western Cape
3	P1598 NONGAWUZA WANDILE BENJAMIN	CPUT
4	P5744 CAMERON KURT	Tygerberg AC
5	P275 HOFFMAN SVEN	MATIES
6	MGOMALALA THOMAS KUDZAI	CPUT
7	CAESAR JUREAUX	Tygerberg AC
8	P209 MAKOLO MUKENDI	individual

Final 3 of 4 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

2	J20929 PRETORIUS MATT	Brimstone ltheko
3	GREEN KYLE	University of the Western Cape
4	ISMAIL TAURIQ	Brimstone ltheko
5	P5745 ANDREWS GRANT	Tygerberg AC
6	P4194 MANASSE MIKHAIL	Ultra Athletics Club
7	VAN LILL GERT RUTGER	University of the Western Cape
8	KALAYA SHINTU	Brimstone ltheko

Final 4 of 4 Men 25 100m	16:24	127
WPA 2022: 10.06 (Roscoe Engel, TAK, 2018)		

1	VAN WYK IMRAAN CASSIEM	CPUT
2	NTLABA MOEKETSI	MATIES
3	DANIELS GARDON	Retail Capital Langa
4	P5743 EWERS JOSHUA	Tygerberg AC
5	ABRAHAMS UZAIR	Brimstone ltheko
6	LINNEN TYLER	University of the Western Cape
7	BUGAN NATHAN	University of the Western Cape
8	SEKOME LUCKY	CPUT

Final Girls 16 3000m	16:45	128
WPA 2022: 09:37.81 (Zintle Xiniwe, Atlantic AC, 2001)		

1	LAWSON JOLE	SPESP
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Final Girls 18 3000m	16:45	129
WPA 2022: 09:09.30 (Elana van Zyl, Robertson High School, 1983)		

1	SMITH RICKECIA	Macassar Run/Walk A.C
2	APRIL LEE-ANN	Macassar Run/Walk A.C

**Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK**

Final Women 20 3000m **16:45** **130**

WPA 2022: 08:58.73 (Elana van Zyl, University of Stellenbosch, 1985)

1	J20123	O CUIINNEAGAIN CAITY	Kway VOB
2		CILLIERS MARIETJIE	PRLVAL

Final Boys 16 3000m **17:00** **131**

WPA 2022: 08:34.80 (Conrad Tesnar, Paul Roos Gimnasium, 1990)

1		MCWILLIAM TROY	RBH
2		OPPERMAN JAIDON	Eersterivier AC
3	J20538	HACKING GRANT	Kway VOB

Final Boys 18 3000m **17:00** **132**

WPA 2022: 08:14.86 (Songqibido Nkosinoxolo, Celtic Harriers AC, 2003)

1	J20194	GIBSON ANGUS	Fish Hoek Athletics Club
2		MALIWA NLHAHLA	RCS Gugs
3	J20779	HACKING GARRETT	Kway VOB

Final Men 20 3000m **17:00** **133**

WPA 2022: 08:11.25 (Naudé Jordaan, Paarl Boys' High School, 1986)

1		DU PLESSIS TJAARD	NEDRC
2		RUDOLPH DYLAN	Bellville Athletic Club
3		MILES ETHAN	Eersterivier AC

Final Girls 16 90m Hurdles **17:15** **134**

5		HOLTZHAUSEN LEILA	HELHAR
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Final Girls 18 100m Hurdles **17:25** **135**

WPA 2022: 13.65 (Chantelle Terblanche, BAK, 2000)

5	J20206	OBERHOLZER LANA	Bellville Athletic Club
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Final Women 20 100m Hurdles **17:25** **136**

WPA 2022: 13.47 (Arnéll Jacobs, BAK, 1997)

4	J3305	SWILE LEAH	AA
5	J20025	DU PLESSIS STEFANI	Bellville Athletic Club

Final Women 25 100m Hurdles **17:25** **137**

WPA 2022: 13.47 (Arnéll Jacobs, BAK, 1997)

4		JORDAAN MARTELIZE	MATIES
5		DU TOIT NIENKA	MATIES

Final Boys 16 100m Hurdles **17:30** **84cm** **138**

WPA 2022: 12.97 (Dalvon Blood, UCT, 2016)

4		SMIT EBEN	Bellville Athletic Club
5	J20015	MEIRING SIMON	Bellville Athletic Club

Final Boys 18 110m Hurdles **17:40** **139**

WPA 2022: 13.41 (Tiaan Smit, BAK, 2011)

4	J20429	KLEINSCHMIDT AARON	BONTEHEUWEL AC
5	J20207	LEHMENSICH CHRISTIAAN	Bellville Athletic Club

Final Men 20 110m Hurdles **17:50** **140**

5		AL RASHIDI NAYEF	ASPAC
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Final Men 25 110m Hurdles **17:50** **141**

WPA 2022: 13.11 (Antonio Alkana, BAK, 2017)

5	P1180	ALKANA ANTONIO	PRLAC
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Meeting :WPA LEAGUE MEETING
2022/02/26 at PAROW ATHLETICS TRACK

Final Women 25 10000m	18:00	142
WPA 2022: 30:52.51 (Elana Meyer (neé van Zyl), University of Stellenbosch, 1994)		

Final Men 25 10000m	18:00	143
WPA 2022: 28:24.61 (Ian Syster, MrPrice AC, 2002)		

1 CLOETE DONVEITHO HELHAR