

No entries will be accepted of athletes born in 2009 or later

1	07:00	5000m Race Walking	Girls U16	Born in 2007 & 2008
2	07:00	5000m Race Walking	Women U18	Born in 2005 & 2006
3	07:00	5000m Race Walking	Boys U16	Born in 2007 & 2008
4	08:00	5000m	Women U20	Born in 2003 & 2004
5	08:00	5000m	Senior Women	Born in 2002 and earlier
6	08:00	5000m	Men U20	Born in 2003 & 2004
7	08:00	5000m	Senior Men	Born in 2002 and earlier
8	08:30	300m Hurdles (83.8cm)	Boys U16	Born in 2007 & 2008
9	08:40	300m Hurdles (76.2cm)	Girls U16	Born in 2007 & 2008
10	08:50	400m Hurdles (76.2cm)	Women U18	Born in 2005 & 2006
11	08:50	400m Hurdles (76.2cm)	Women U20	Born in 2003 & 2004
12	08:50	400m Hurdles (76.2cm)	Senior Women	Born in 2002 and earlier
13	09:00	400m Hurdles (83.8cm)	Men U18	Born in 2005 & 2006
14	09:00	400m Hurdles (91.4cm)	Men U20	Born in 2003 & 2004
15	09:00	400m Hurdles (91.4cm)	Senior Men	Born in 2002 and earlier
16	09:00	High Jump	Women U20	Born in 2003 & 2004
17	09:00	High Jump	Senior Women	Born in 2002 and earlier
18	09:00	Triple Jump (11m)	Men U18	Born in 2005 & 2006
19	09:00	Shot Put (7.26kg)	Senior Men	Born in 2002 and earlier
20	09:00	Discus Throw (1kg)	Women U20	Born in 2003 & 2004
21	09:00	Discus Throw (1kg)	Senior Women	Born in 2002 and earlier
22	09:15	1500m	Girls U16	Born in 2007 & 2008
23	09:23	1500m	Women U18	Born in 2005 & 2006
24	09:30	Pole Vault	Women U20	Born in 2003 & 2004
25	09:30	Pole Vault	Senior Women	Born in 2002 and earlier
26	09:31	1500m	Women U20	Born in 2003 & 2004
27	09:31	1500m	Senior Women	Born in 2002 and earlier
28	09:39	1500m	Boys U16	Born in 2007 & 2008
29	09:45	Long Jump	Girls U16	Born in 2007 & 2008
30	09:45	Long Jump	Women U18	Born in 2005 & 2006
31	09:47	1500m	Men U18	Born in 2005 & 2006
32	09:55	1500m	Men U20	Born in 2003 & 2004
33	10:00	Shot Put (6kg)	Men U20	Born in 2003 & 2004
34	10:00	Javelin Throw (800g)	Men U20	Born in 2003 & 2004
35	10:00	Discus Throw (1kg)	Women U18	Born in 2005 & 2006
36	10:03	1500m	Senior Men	Born in 2002 and earlier
37	10:15	200m	Girls U16	Born in 2007 & 2008
38	10:15	High Jump	Men U20	Born in 2003 & 2004
39	10:21	200m	Boys U16	Born in 2007 & 2008
40	10:30	200m	Women U18	Born in 2005 & 2006
41	10:36	200m	Men U18	Born in 2005 & 2006
42	10:45	Long Jump	Women U20	Born in 2003 & 2004
43	10:45	Long Jump	Senior Women	Born in 2002 and earlier
44	10:48	200m	Women U20	Born in 2003 & 2004
45	10:52	200m	Senior Women	Born in 2002 and earlier
46	11:00	200m	Men U20	Born in 2003 & 2004
47	11:00	Pole Vault	Girls U16	Born in 2007 & 2008
48	11:00	Pole Vault	Women U18	Born in 2005 & 2006

49	11:00	Shot Put (4kg)	Women U20	Born in 2003 & 2004
50	11:00	Shot Put (4kg)	Senior Women	Born in 2002 and earlier
51	11:00	Javelin Throw (800g)	Senior Men	Born in 2002 and earlier
52	11:00	Discus Throw (1.5kg)	Men U18	Born in 2005 & 2006
53	11:15	200m	Senior Men	Born in 2002 and earlier
54	11:30	1500m Steeple Chase (76.2cm)	Girls U16	Born in 2007 & 2008
55	11:30	1500m Steeple Chase (76.2cm)	Boys U16	Born in 2007 & 2008
56	11:30	High Jump	Senior Men	Born in 2002 and earlier
57	11:40	2000m Steeple Chase (76.2cm)	Women U18	Born in 2005 & 2006
58	11:45	Long Jump	Men U20	Born in 2003 & 2004
59	11:45	Long Jump	Senior Men	Born in 2002 and earlier
60	11:52	2000m Steeple Chase (83.8cm)	Men U18	Born in 2005 & 2006
61	12:00	Shot Put (4kg)	Boys U16	Born in 2007 & 2008
62	12:00	Javelin Throw (700g)	Men U18	Born in 2005 & 2006
63	12:00	Discus Throw (1.75kg)	Men U20	Born in 2003 & 2004
64	12:00	Discus Throw (2kg)	Senior Men	Born in 2002 and earlier
65	12:02	3000m Steeple Chase (76.2cm)	Women U20	Born in 2003 & 2004
66	12:02	3000m Steeple Chase (76.2cm)	Senior Women	Born in 2002 and earlier
67	12:17	3000m Steeple Chase (91.4cm)	Men U20	Born in 2003 & 2004
68	12:17	3000m Steeple Chase (91.4cm)	Senior Men	Born in 2002 and earlier
69	12:30	Pole Vault	Men U20	Born in 2003 & 2004
70	12:30	Pole Vault	Senior Men	Born in 2002 and earlier
71	12:40	400m	Girls U16	Born in 2007 & 2008
72	12:48	400m	Boys U16	Born in 2007 & 2008
73	12:56	400m	Women U18	Born in 2005 & 2006
74	13:00	High Jump	Girls U16	Born in 2007 & 2008
75	13:00	Long Jump	Boys U16	Born in 2007 & 2008
76	13:00	Long Jump	Men U18	Born in 2005 & 2006
77	13:00	Shot Put (5kg)	Men U18	Born in 2005 & 2006
78	13:00	Javelin Throw (600g)	Boys U16	Born in 2007 & 2008
79	13:00	Discus Throw (1kg)	Girls U16	Born in 2007 & 2008
80	13:04	400m	Men U18	Born in 2005 & 2006
81	13:20	400m	Women U20	Born in 2003 & 2004
82	13:28	400m	Men U20	Born in 2003 & 2004
83	13:40	400m	Senior Women	Born in 2002 and earlier
84	13:44	400m	Senior Men	Born in 2002 and earlier
85	14:00	800m	Girls U16	Born in 2007 & 2008
86	14:00	High Jump	Women U18	Born in 2005 & 2006
87	14:00	Shot Put (3kg)	Girls U16	Born in 2007 & 2008
88	14:00	Javelin Throw (600g)	Women U20	Born in 2003 & 2004
89	14:00	Javelin Throw (600g)	Senior Women	Born in 2002 and earlier
90	14:00	Discus Throw (1kg)	Boys U16	Born in 2007 & 2008
91	14:06	800m	Boys U16	Born in 2007 & 2008
92	14:15	Triple Jump (13m)	Men U20	Born in 2003 & 2004
93	14:15	Triple Jump (13m)	Senior Men	Born in 2002 and earlier
94	14:18	800m	Women U18	Born in 2005 & 2006
95	14:24	800m	Women U20	Born in 2003 & 2004
96	14:24	800m	Senior Women	Born in 2002 and earlier
97	14:30	800m	Men U18	Born in 2005 & 2006
98	14:42	800m	Men U20	Born in 2003 & 2004
99	14:52	800m	Senior Men	Born in 2002 and earlier
100	15:00	High Jump	Men U18	Born in 2005 & 2006
101	15:00	Pole Vault	Boys U16	Born in 2007 & 2008

102	15:00	Pole Vault	Men U18	Born in 2005 & 2006
103	15:00	Triple Jump (9m)	Boys U16	Born in 2007 & 2008
104	15:00	Shot Put (3kg)	Women U18	Born in 2005 & 2006
105	15:00	Javelin Throw (500g)	Women U18	Born in 2005 & 2006
106	15:00	Hammer Throw (3kg)	Girls U16	Born in 2007 & 2008
107	15:00	Hammer Throw (3kg)	Women U18	Born in 2005 & 2006
108	15:00	Hammer Throw (4kg)	Women U20	Born in 2003 & 2004
109	15:00	Hammer Throw (4kg)	Senior Women	Born in 2002 and earlier
110	15:10	100m	Girls U16	Born in 2007 & 2008
111	15:19	100m	Boys U16	Born in 2007 & 2008
112	15:31	100m	Women U18	Born in 2005 & 2006
113	15:31	Triple Jump (9m)	Girls U16	Born in 2007 & 2008
114	15:31	Triple Jump (9m)	Women U18	Born in 2005 & 2006
115	15:40	100m	Men U18	Born in 2005 & 2006
116	15:52	100m	Women U20	Born in 2003 & 2004
117	16:00	100m	Men U20	Born in 2003 & 2004
118	16:00	High Jump	Boys U16	Born in 2007 & 2008
119	16:00	Javelin Throw (500g)	Girls U16	Born in 2007 & 2008
120	16:00	Hammer Throw (4kg)	Boys U16	Born in 2007 & 2008
121	16:00	Hammer Throw (5kg)	Men U18	Born in 2005 & 2006
122	16:00	Hammer Throw (6kg)	Men U20	Born in 2003 & 2004
123	16:00	Hammer Throw (7.26kg)	Senior Men	Born in 2002 and earlier
124	16:16	100m	Senior Women	Born in 2002 and earlier
125	16:16	Triple Jump (9m)	Women U20	Born in 2003 & 2004
126	16:16	Triple Jump (9m)	Senior Women	Born in 2002 and earlier
127	16:24	100m	Senior Men	Born in 2002 and earlier
128	16:45	3000m	Girls U16	Born in 2007 & 2008
129	16:45	3000m	Women U18	Born in 2005 & 2006
130	16:45	3000m	Women U20	Born in 2003 & 2004
131	17:00	3000m	Boys U16	Born in 2007 & 2008
132	17:00	3000m	Men U18	Born in 2005 & 2006
133	17:00	3000m	Men U20	Born in 2003 & 2004
134	17:15	90m Hurdles (76.2cm)	Girls U16	Born in 2007 & 2008
135	17:25	100m Hurdles (76.2cm)	Women U18	Born in 2005 & 2006
136	17:25	100m Hurdles (83.8cm)	Women U20	Born in 2003 & 2004
137	17:25	100m Hurdles (83.8cm)	Senior Women	Born in 2002 and earlier
138	17:30	100m Hurdles (83.8cm)	Boys U16	Born in 2007 & 2008
139	17:40	110m Hurdles (91.4cm)	Men U18	Born in 2005 & 2006
140	17:50	110m Hurdles (99.1cm)	Men U20	Born in 2003 & 2004
141	17:50	110m Hurdles (106.7cm)	Senior Men	Born in 2002 and earlier
142	18:00	10,000m	Senior Women	Born in 2002 and earlier
143	18:00	10,000m	Senior Men	Born in 2002 and earlier