

WPA Race Walking Grand Prix 3



Youngsfield Military Base , Cape Town - 21 August 2021

FINAL RESULTS 03092021

Name	Age	Lic No	Club	Time	Position
30km Women WPA Championship					
Fundiswa Sandi	40	P34	Ravensmead AC	03:23:07	1
Frieda Blognaut	71	P2805	Sanlam AC	03:43:10	2

Name	Age	Lic No	Club	Time	Position
30km Men WPA Championship					
Kevin Phillips	57	476	Run Walk for Life	02:50:14*	1
Adam Papier	58	4655	Ommiedraai Friends	03:16:20	2
Dennis Hines	54	2980	Strand AC	03:21:22	3
Martin Maroro	37	T365	SANDF		DNF

Name	Age	Lic No	Club	Time	Position
20km Women					
Deborah Horn-Botha	55	405	K-Way VOB	02:11:59	1
Carol Pick	55	2203	Spartan Harriers	02:23:06	2
Pam James	64	2187	Spartan Harriers	02:25:50	3
Emmeremtia P Van Jaarsveld	45		Run Walk for Life		DNS

20km Men

Tariq klink	20	1600	CPUT	01:52:35	1
Brentonio Loops	20	2005	UWC	02:07:28	2
Leonard Diedericks	76	4466	Cape Multisport	02:22:05	3
Armond Thompson	67	2221	Spartan Harriers	02:25:05	4
Hilton Donson	58	2211	Spartan Harriers	02:30:18	5
John Child	70	2222	Spartan Harriers	02:38:42	6
Mvuleni Benjamin	49		Voorberg Correctional Services		DNS

10km Women

Edna Brand	69	3111	Strand AC	1:02:08	1
Jackie Goosen	59	3260	Durbanville AC	01:04:31	2
Lauren Phillips	57	12640	Run Walk for Life	01:06:13	3
Annelien van Deventer	41	531	Worcester AC	01:07:59	4
Gail Williams	63	2158	Spartan Harriers AC	01:09:35	5
Trish Gilmour	58	655	K-Way VOB	01:11:05	6
Anne Race	53	2153	Spartan Harriers AC	01:11:22	7
Joy Sutherland	61	2282	West Coast AC	01:14:04	8
Siobhan Dunn	19	P2120	Spartan Harriers AC	01:14:46	9
Birdie Pearson	72	4278	Spartan Harriers AC	01:18:29	10
Isabelle Roux	68	1864	Bellville AC	01:18:41	11
Hildegard Vey	80	477	K-Way VOB	01:19:15	12
CJ Dunn	54	2106	Spartan Harriers AC	01:19:57	13
Mary Margriet Schipper	75	1842	Bellville AC	01:21:26	14
Elizabeth Nel	72	2172	Spartan Harriers AC	01:22:51	15
Rene Dick	57	664	K-Way VOB	01:23:35	16
Charlotte Kettlewell	73	51	K-Way VOB	01:24:19	17
Margaret Norton	81	2182	Spartan Harriers AC	01:27:39	18
Peggy Reid	84	P2137	Spartan Harriers AC	DNS	
Jane Fuller	66	P2167	K-Way VOB	DNS	
Leza Buckle	63		Durbac club	DNS	

10km Men

Christian Bester	17	T3007	Swartland	0:46:13	1
Envor Rhodas	28	3535	Easterns Kraaifontein	00:46:30	2
Gideon Cillie	40	T371	Individual entry	00:53:24	3
Nicholas Jefra	52	3542	Easterns Kraaifontein	01:06:08	4
Douglas Hector	61	1793	Langebaan Strandlopers	01:10:23	5
Patric Oscar Dreyer	72	2111	Spartan Harriers AC	01:25:30	6

5km Women/Men

Bronwyn Bowers	15	3279	WAC	00:28:24	1
Emma Hurlley	15	3010	Swartlalnd	00:28:47	2
Taita du Bruyn	14	3011	Swartlalnd	00:31:01	3
Charlie Tompsom	13	T366	Swartlalnd	0:33:37	4
Danica van Deventer	15	3280	WAC	0:33:52	5
Jody-Rose Willemse	15	T360	WAC	00:34:48	6
Hannelie du Toit	16	T359	WAC	00:36:36	7

Zakkariyah Richards	62	T503	Getfitnation	00:36:38	8
Shukoer Isaacs	58	T505	Getfitnation	00:37:11	9
Lyla Pland	19	T374	Getfitnation	00:39:09	10
Mercia Henricks	61	T630	K-Way VOB	00:39:21	11
Divan Kotze	26	491	Salkoriane	00:39:35	12
Summaya Richards	65	T381	Getfitnation	00:41:03	13
Sakkie Mentoer	69	499	Salkoriane	00:41:44	14
Glynis Pland	52	T379	Getfitnation	00:43:24	15
Colleen Cozett	49	T372	Getfitnation	00:43:25	16
Felecia Smidt	64	T500	Getfitnation	00:44:26	17
Susan Bourne	55	522	K-Way VOB	00:44:28	18
Helen Botes	74	2139	Spartan Harriers AC	00:44:33	19
Christine Abrahams	67	T495	Getfitnation	00:44:53	20
Salwa Phillips	52	T502	Getfitnation	00:50:51	21
Mogedah Damons	64	T499	Getfitnation	00:45:10	22
Ludfiah Rumble	59	T504	Getfitnation	00:36:38	23
<i>Sandra Hector</i>	<i>45</i>	<i>1792</i>	<i>Langebaan Strandlopers</i>	<i>00:47:52</i>	<i>24</i>
Hennie Basson	72	496	Salkoriane	00:48:19	25
Brenda Dreyer	67	T496	Getfitnation	00:48:20	26
Walize Burges	69	500	Salkoriane	00:50:51	27
Shaheeda Adams	67	T494	Getfitnation	00:54:35	28
Zainuneesa Richards	54	T479	Getfitnation	00:55:13	29
Washiela Arendse	52	T501	Getfitnation	00:57:10	30
Berys Jacobs	42	T498	Getfitnation	00:57:13	31
Naneema Behardien	66	T497	Getfitnation	00:57:13	32
					33

3km Boys/Girls

Tatum Haas	10	Bib 15	Ravensmead AC	00:20:11	1
Luther Pieters		Bib 50	Salkoriane	00:21:15	2
Charl van Deventer	13	Bib2	Worcester AC	00:22:09	3
Waneeg Bouwers	14	Bib 17	Salkoriane	00:22:11	4
Janeke Titus	15	16	Salkoriane	00:23:51	5
Muhamad		51		00:31:40	6
Rubina		52		00:34:22	7
Charl Michaux				DNS	

* SAMA Record

