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| <br><b>WESTERN PROVINCE ATHLETICS</b> | <b>WPA Track &amp; Field Championship League</b><br><b>Series Meeting 2</b><br><b>Parow Athletics Track</b><br><b>20 March 2021</b> |
|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|

No entries will be accepted of athletes born in 2008 or later

**Athletes must please not arrive more than 1 hour before they are scheduled to compete.**  
**NO SPECTATORS ARE ALLOWED AT THE VENUE**

|    |       |                      |              |                          |
|----|-------|----------------------|--------------|--------------------------|
| 1  | 06:30 | 10 000m Race Walking | Women U20    | Born in 2002&2003        |
| 2  | 06:30 | 10 000m Race Walking | Men U18      | Born in 2004&2005        |
| 3  | 06:30 | 10 000m Race Walking | Men U20      | Born in 2002&2003        |
| 4  | 06:30 | 10 000m Race Walking | Senior Women | Born in 2001 and earlier |
| 5  | 06:30 | 10 000m Race Walking | Senior Men   | Born in 2001 and earlier |
| 6  | 07:45 | 5000m                | Senior Women | Born in 2001 and earlier |
| 7  | 07:45 | 5000m                | Senior Men   | Born in 2001 and earlier |
| 8  | 07:45 | 5000m                | Women U20    | Born in 2002&2003        |
| 9  | 07:45 | 5000m                | Men U20      | Born in 2002&2003        |
| 10 | 08:00 | Triple Jump (9m)     | Boys U16     | Born in 2006&2007        |
| 11 | 08:00 | Triple Jump (9 m)    | Girls U16    | Born in 2006&2007        |
| 12 | 08:00 | Triple Jump (9 m)    | Women U18    | Born in 2004&2005        |
| 13 | 08:00 | Triple Jump (9m)     | Women U20    | Born in 2002&2003        |
| 14 | 08:00 | Triple Jump (9m)     | Senior Women | Born in 2001 and earlier |
| 15 | 08:00 | High Jump            | Boys U16     | Born in 2006&2007        |
| 16 | 08:00 | High Jump            | Men U18      | Born in 2004&2005        |
| 17 | 08:00 | High Jump            | Men U20      | Born in 2002&2003        |
| 18 | 08:00 | High Jump            | Senior Men   | Born in 2001 and earlier |
| 19 | 08:15 | 3000m                | Girls U16    | Born in 2006&2007        |
| 20 | 08:15 | 3000m                | Women U18    | Born in 2004&2005        |
| 21 | 08:15 | 3000m                | Women U20    | Born in 2002&2003        |
| 22 | 08:30 | 3000m                | Boys U16     | Born in 2006&2007        |
| 23 | 08:30 | 3000m                | Men U18      | Born in 2004&2005        |
| 24 | 08:30 | 3000m                | Men U20      | Born in 2002&2003        |

|    |       |                       |              |                          |
|----|-------|-----------------------|--------------|--------------------------|
| 25 | 09:00 | 300m Hurdles (83.8cm) | Boys U16     | Born in 2006&2007        |
| 26 | 09:10 | 300m Hurdles (76.2cm) | Girls U16    | Born in 2006&2007        |
| 27 | 09:20 | 400m Hurdles (76.2cm) | Women U18    | Born in 2004&2005        |
| 28 | 09:20 | 400m Hurdles (76.2cm) | Women U20    | Born in 2002&2003        |
| 29 | 09:20 | 400m Hurdles (76.2cm) | Senior Women | Born in 2001 and earlier |
| 30 | 09:30 | 400m Hurdles (83.8cm) | Men U18      | Born in 2004&2005        |
| 31 | 09:30 | Long Jump             | Boys U16     | Born in 2006&2007        |
| 32 | 09:30 | Long Jump             | Men U18      | Born in 2004&2005        |
| 33 | 09:30 | Long Jump             | Men U20      | Born in 2002&2003        |
| 34 | 09:30 | Long Jump             | Senior Men   | Born in 2001 and earlier |
| 35 | 09:40 | 400m Hurdles (91.4cm) | Men U20      | Born in 2002&2003        |
| 36 | 09:40 | 400m Hurdles (91.4cm) | Senior Men   | Born in 2001 and earlier |
| 37 | 09:50 | 400m                  | Girls U16    | Born in 2006&2007        |
| 38 | 10:00 | High Jump             | Girls U16    | Born in 2006&2007        |
| 39 | 10:00 | High Jump             | Women U18    | Born in 2004&2005        |
| 40 | 10:00 | High Jump             | Women U20    | Born in 2002&2003        |
| 41 | 10:00 | High Jump             | Senior Women | Born in 2001 and earlier |
| 42 | 10:00 | 400m                  | Boys U16     | Born in 2006&2007        |
| 43 | 10:10 | 400m                  | Women U18    | Born in 2004&2005        |

|    |       |           |              |                          |
|----|-------|-----------|--------------|--------------------------|
| 44 | 10:20 | 400m      | Men U18      | Born in 2004&2005        |
| 45 | 10:30 | 400m      | Women U20    | Born in 2002&2003        |
| 46 | 10:40 | 400m      | Men U20      | Born in 2002&2003        |
| 47 | 10:50 | 400m      | Senior Women | Born in 2001 and earlier |
| 48 | 11:00 | Long Jump | Girls U16    | Born in 2006&2007        |
| 49 | 11:00 | Long Jump | Women U18    | Born in 2004&2005        |
| 50 | 11:00 | Long Jump | Women U20    | Born in 2002&2003        |
| 51 | 11:00 | Long Jump | Senior Women | Born in 2001 and earlier |
| 52 | 11:00 | 400m      | Senior Men   | Born in 2001 and earlier |

|    |       |                              |              |                          |
|----|-------|------------------------------|--------------|--------------------------|
| 53 | 11:30 | 1500m                        | Girls U16    | Born in 2006&2007        |
| 54 | 11:30 | 1500m                        | Women U18    | Born in 2004&2005        |
| 55 | 11:40 | 1500m                        | Women U20    | Born in 2002&2003        |
| 56 | 11:40 | 1500m                        | Senior Women | Born in 2001 and earlier |
| 57 | 11:50 | 1500m                        | Boys U16     | Born in 2006&2007        |
| 58 | 11:50 | 1500m                        | Men U18      | Born in 2004&2005        |
| 59 | 12:00 | Triple Jump (11m)            | Men U18      | Born in 2004&2005        |
| 60 | 12:00 | 1500m                        | Men U20      | Born in 2002&2003        |
| 61 | 12:00 | 1500m                        | Senior Men   | Born in 2001 and earlier |
| 62 | 12:10 | 200m                         | Girls U16    | Born in 2006&2007        |
| 63 | 12:20 | 200m                         | Boys U16     | Born in 2006&2007        |
| 64 | 12:30 | 200m                         | Women U18    | Born in 2004&2005        |
| 65 | 12:40 | 200m                         | Men U18      | Born in 2004&2005        |
| 66 | 12:50 | 200m                         | Women U20    | Born in 2002&2003        |
| 67 | 13:00 | 200m                         | Senior Women | Born in 2001 and earlier |
| 68 | 13:10 | 200m                         | Men U20      | Born in 2002&2003        |
| 69 | 13:20 | 200m                         | Senior Men   | Born in 2001 and earlier |
| 70 | 13:00 | Triple Jump (13m)            | Men U20      | Born in 2002&2003        |
| 71 | 13:00 | Triple Jump (13m)            | Senior Men   | Born in 2001 and earlier |
| 72 | 13:30 | 1500m Steeple Chase (76.2cm) | Girls U16    | Born in 2006&2007        |
| 73 | 13:30 | 1500m Steeple Chase (76.2cm) | Boys U16     | Born in 2006&2007        |
| 74 | 13:40 | 2000m Steeple Chase (76.2cm) | Women U18    | Born in 2004&2005        |
| 75 | 13:55 | 2000m Steeple Chase (83.8cm) | Men U18      | Born in 2004&2005        |
| 76 | 14:10 | 3000m Steeple Chase (76.2cm) | Women U20    | Born in 2002&2003        |
| 77 | 14:10 | 3000m Steeple Chase (76.2cm) | Senior Women | Born in 2001 and earlier |
| 78 | 14:25 | 3000m Steeple Chase (91.4cm) | Men U20      | Born in 2002&2003        |
| 79 | 14:25 | 3000m Steeple Chase (91.4cm) | Senior Men   | Born in 2001 and earlier |

|    |       |      |              |                          |
|----|-------|------|--------------|--------------------------|
| 80 | 15:00 | 100m | Girls U16    | Born in 2006&2007        |
| 81 | 15:10 | 100m | Boys U16     | Born in 2006&2007        |
| 82 | 15:20 | 100m | Women U18    | Born in 2004&2005        |
| 83 | 15:30 | 100m | Men U18      | Born in 2004&2005        |
| 84 | 15:40 | 100m | Women U20    | Born in 2002&2003        |
| 85 | 15:50 | 100m | Men U20      | Born in 2002&2003        |
| 86 | 16:00 | 100m | Senior Women | Born in 2001 and earlier |
| 87 | 16:10 | 100m | Senior Men   | Born in 2001 and earlier |
| 88 | 16:20 | 800m | Girls U16    | Born in 2006&2007        |
| 89 | 16:30 | 800m | Boys U16     | Born in 2006&2007        |
| 90 | 16:40 | 800m | Women U18    | Born in 2004&2005        |
| 91 | 16:50 | 800m | Women U20    | Born in 2002&2003        |
| 92 | 17:00 | 800m | Senior Women | Born in 2001 and earlier |
| 93 | 17:10 | 800m | Men U18      | Born in 2004&2005        |
| 94 | 17:20 | 800m | Men U20      | Born in 2002&2003        |

|     |       |                        |              |                          |
|-----|-------|------------------------|--------------|--------------------------|
| 95  | 17:30 | 800m                   | Senior Men   | Born in 2001 and earlier |
| 96  | 17:45 | 90m Hurdles (76.2cm)   | Girls U16    | Born in 2006&2007        |
| 97  | 17:55 | 100m Hurdles (76.2cm)  | Women U18    | Born in 2004&2005        |
| 98  | 18:05 | 100m Hurdles (83.8cm)  | Women U20    | Born in 2002&2003        |
| 99  | 18:05 | 100m Hurdles (83.8cm)  | Senior Women | Born in 2001 and earlier |
| 100 | 18:05 | 100m Hurdles (83.8cm)  | Boys U16     | Born in 2006&2007        |
| 101 | 18:20 | 110m Hurdles (91.4cm)  | Men U18      | Born in 2004&2005        |
| 102 | 18:30 | 110m Hurdles (99.1cm)  | Men U20      | Born in 2002&2003        |
| 103 | 18:40 | 110m Hurdles (106.7cm) | Senior Men   | Born in 2001 and earlier |